



## **Report on 2019 WT Anti-Doping Main Activities**

### **Provision of an adequate budget for Anti-Doping Programs:**

The provision of an adequate budget was one of the key elements that allowed WT to make in place all the 2019's implementations. WT leadership adhered to the proposal of the Anti-Doping Director and gave him the resources to implement all policies.

### **WT Anti-Doping Program Commitments and Goals:**

Sport cannot exist without fairness, and WADA sets the most stringent standards when it comes to detecting the most insidious form of cheating – doping. WT is grateful for the support we have received from WADA to bring our standards to the highest level.

In 2016 we participated in the WADA "Partnership to Quality" program. The consulting WADA provided then allowed us to fill in the gaps in our systems. In March 2018, we were gratified to be one of the first International Federations to be declared compliant under WADA's compliance-review program. WT recognizes the importance of maintaining clean sport: in 2017, we increased our anti-doping budget ten-fold. Since beginning of 2017 WT entered a partnership with GAISF Doping Free Sport Unit, which offers us expertise and technologies as we create intelligent and effective anti-doping program.

From 2018 we have been cooperating with the International Testing Agency (ITA) in a new and productive collaboration.

Thanks to our investments, the number of players we are testing per year has tripled since 2017 for In and Out Of Competition Tests. Our testing criteria change in every competition, in order to be unpredictable. Thanks to technology, we can target the right athletes, at the right events, based on taekwondo-specific risk assessments.

Since 2017, we adopted an Athlete Biological Passport program for athletes who compete globally by contracting an Athlete Passport Management Unit (APMU) that is associated with the WADA accredited Lab. Under a contract with that Swiss laboratory, all our samples are reviewed, and the lab provides feedback. Thanks to the APMU, all international Taekwondo athletes are now screened consistently. We also store suspicious samples long-term, so we will be able to make new analysis in the future when technology improves.

Since July 2017, WT has managed anti-doping at all recognized international



tournaments on our calendar: We select the athletes; decide which tests are required; and pay for those tests.

To ensure fairness, WT formed a new Hearing Panel in 2018, composed of antidoping experts and result-management experts. All are external professionals, which avoids possible conflict of interest and ensures complete independence.

We also have a whistleblower program linked to our website, so any concerned athletes or coaches can contact related staff, with their confidentiality guaranteed.

Our anti-doping efforts extend to education and outreach, all detailed in our vision through 2020 for anti-doping education.

Though centered on the WT website, education programs include booths at events where people take online quizzes related to doping, and films which run on LED displays at events, in which star Taekwondo athletes spread the antidoping message.

Our anti-doping educational extends to officials, referees, juniors, cadets, Para athletes, parents, media and general public. In 2018, we had also the first antidoping education session at our Poomsae World Championships.

At Tokyo 2020, Para Taekwondo will be contested for the first time, so we are upgrading efforts in that area. For example, we provided a Therapeutic Use Exception seminars & general Anti-Doping Education at 2017 & 2019 World Para Taekwondo Championships in London and Antalya.

In 2019, WT conducted 4 main Education Sessions during the following championships: 8<sup>th</sup> WT World Para-Taekwondo Championships; Manchester 2019 World Taekwondo Championships; Tashkent 2019 World Taekwondo Cadet Championships; and Wuxi 2019 World Taekwondo World Cup Team & Poomsae Championships.

Taekwondo is at low-risk for doping as we are neither a power sport nor an endurance sport, but our critical risk is weight cutting.

To counter dangerous weight loss and diuretic use, in 2018 we introduced random weight-ins, one hour before matches. This encourages athletes to adopt sustainable diets or move to more appropriate weight categories.

In the year of 2019 19 ADRVs have been registered in total in the sport of Taekwondo. 14 at National Level and 4 in International Level (under WT authority). 20 ADRV Cases have been closed, 14 at National Level and 6 in International Level by the WT Hearing Panel. 2 International Cases registered in 2019 are still under investigation.

Several investigations have been followed and the most robust is the investigation on Russian Athletes in cooperation with WADA and the LIMS. WT produced a new report in 2019 with an external expert. New intelligence will be provided to WT by the LIMS and the final decisions are expected to come before the Tokyo 2020 Olympic Games.



WT will continue to increase the level of our anti-doping programme the closer we get to the Olympic and Paralympic Games. Our goal is ambitious but feasible: building an anti-doping culture and achieving total absence of doping in our sport.

No sport trains the kick in as much detail or variety as Taekwondo. We intend to continue working with our partners in WADA to kick doping out of sport.

### **Selection of the 2019 WT Registered Testing Pool (RTP) & Criteria:**

WT shall have the responsibility to ensure that every MNA conducts all national level testing on its athletes in strict compliance with WT Anti-Doping Rules and WADA Code.

WT should select a certain number of international athletes for Registered Testing Pool (RTP) & Testing Pool (TP) and let them provide online filing of their whereabouts information on ADAMS of WADA website that is going to be used by ADOs such as WADA, IF and NADOs to locate the athletes for purpose of out-of-competition doping tests.

In this respect, it is the responsibility of the athletes on the RTP to make themselves available for testing. IST clause 11.3 sets out in detail what whereabouts information must be provided by an athlete in RTP, and when and where daily information is required.

WT has selected athletes to be listed for 2019 WT RTP & TP based on the following principles and considerations:

- Risk Assessment in Taekwondo;
- Top 40 Male athletes and 30 Female athletes of the 2018 January WT Olympic Ranking;
- Medalists from Rio Olympic Games;
- Athletes without NADO in their countries;
- Athletes not selected in their countries' RTP;
- Recently injured athletes;
- Athletes that registered high performance in one month;
- Athletes with sudden withdrawal record from WT Promoted Championships;
- Athletes not tested out of competition in the past one year;
- Athletes with a suspicious behavior;
- Athletes with previous Unsuccessful Attempt Failure record;
- Inclusion of Para-Taekwondo athletes;
- Inclusion of Junior division athletes potentially competitive for next Olympic Games;

- Inclusion of athletes suspended for Anti-Doping Rule Violation;
- Inclusion of athletes with an Atypical Finding record;
- Consideration of weight division balance;
- Consideration of continental allocation balance;
- Consideration of gender balance.

WT 2019 RTP & TP							
No	NOC	Last Name	Name	Gender	Sport Class	Weight div.	Testing Regime
1	COL	RODRIGUEZ	Camila	F	Sparring	Under 49 kg	RTP
2	VIE	TRUONG	Thi Kim Tuyen	F	Sparring	Under 49 kg	RTP
3	RUS	VOLKOVA	Yulia	F	Sparring	Under 49 kg	RTP
4	CHN	WU	Jingyu	F	Sparring	Under 49 kg	RTP
5	JPN	HAMADA	Mayu	F	Sparring	Under 57 Kg	RTP
6	TUR	ILGUN	Hatice Kubra	F	Sparring	Under 57 Kg	RTP
7	CIV	OUATTARA	Awa	F	Sparring	Under 57 Kg	RTP
8	EGY	ABDELKADER	Radwa	F	Sparring	Under 57 Kg	RTP
9	ITA	DELL'AQUILA	Vito	M	Sparring	Under 58 kg	RTP
10	MDA	DIMITROV	Stepan	M	Sparring	Under 58 kg	RTP
11	IRI	HADIPOUR SEIGHALANI	Armin	M	Sparring	Under 58 kg	RTP
12	KOR	KIM	Tae-hun	M	Sparring	Under 58 kg	RTP
13	SEN	KAMA	Moustapha	M	Sparring	Under 58 kg	RTP

14	HUN	FUREDI	Rebeka	F	Sparring	Under 67 Kg	RTP
15	AZE	AZIZOVA	Farida	F	Sparring	Under 67 Kg	RTP
16	USA	MC PHERSON	Paige	F	Sparring	Under 67 Kg	RTP
17	CHN	GUO	Yunfei	F	Sparring	Under 67 Kg	RTP
18	CIV	GBAGBI	Ruth	F	Sparring	Under 67 Kg	RTP
19	JOR	ABUGHAUSH	Ahmed	M	Sparring	Under 68 Kg	RTP
20	TPE	HUANG	Yu-Jen	M	Sparring	Under 68 Kg	RTP
21	GBR	SINDEN	Bradly	M	Sparring	Under 68 Kg	RTP
22	AUS	AFONCZENKO	Thomas	M	Sparring	Under 68 Kg	RTP
23	IRI	YAGHOUBIJOUBARI	Abolfazl	M	Sparring	Under 68 Kg	RTP
24	RUS	KHRAMTCOV	Maksim	M	Sparring	Under 80 Kg	RTP
25	TUN	TRABELSI	Yassine	F	Sparring	Under 80 Kg	RTP
26	DOM	HERNANDEZ	Moises	M	Sparring	Under 80 Kg	RTP
27	RUS	DOLZHIKOVA	Elizaveta	F	Sparring	Over 67 Kg	RTP
28	CHN	ZHENG	Shuyin	F	Sparring	Over 67 Kg	RTP
29	SRB	MANDIC	Milica	F	Sparring	Over 67 Kg	RTP
30	GBR	WALKDEN	Bianca	F	Sparring	Over 67 Kg	RTP
31	NIG	ISSOUFOU	Abdoul	M	Sparring	Over	RTP

					g	80 Kg	
32	GAB	OBAME	Anthony	M	Sparring	Over 80 Kg	RTP
33	AZE	ISAEV	Radik	M	Sparring	Over 80 Kg	RTP
34	CUB	ALBA	Rafael	M	Sparring	Over 80 Kg	RTP
35	ARG	SIO	Martin	M	Sparring	Over 80 Kg	RTP
36	IRI	MARDANI	Sajjad	M	Sparring	Over 80 Kg	RTP
37	JPN	ITO	Chikara	M	K44	under 61 kg	RTP
38	ITA	BOSSOLO	Antonino	M	K44	under 61kg	RTP
39	TUR	OZCAN	Ali Can	M	K44	under 61 kg	RTP
40	AUS	CURRIE	Steven	M	K44	under 75kg	RTP
41	RUS	ISALDIBIROV	Magomedzagi r	M	K44	under 75 kg	RTP
42	MEX	GARCIA LOPEZ	Juan Diego	M	K44	under 75 kg	RTP
43	TUR	KAYAN	Bayram	M	K44	over 75 kg	RTP
44	RUS	ATAEV	Zainutdin	M	K44	over 75 kg	RTP
45	MAR	ISMAILI ALAOUI	Rachid	M	K43	over 75 kg	RTP
46	RUS	PODDUBSKAIA	Anna	F	K44	under 49 kg	RTP
47	PER	ESPINOZA CARRANZA	Leonor	F	K44	under 49 kg	RTP
48	MAR	ES-SABBAR	Soukaina	F	K44	under 49 kg	RTP

49	RUS	SALINGEREEVA	Mariyam	F	K44	under 58 kg	RTP
50	SRB	KOZIC	Bobana	F	K43	over 58 kg	RTP
51	AZE	MAMMADOVA	Aynur	F	K44	over 58 kg	RTP
52	NEP	DHAMI	Ranjana	F	K44	under 49 kg	TP
53	SRB	JOVANOVIC	Danijela	F	K43	under 49 kg	TP
54	USA	SALINARO	Brianna	F	K44	under 58 kg	TP
55	TUR	EKINCI	Nurichan	F	K44	over 58 kg	TP
56	CAN	CAPPELLO	Anthony	M	K43	under 61 kg	TP
57	BLR	YUZEFOVICH	Andrei	M	K43	under 75 kg	TP
58	NIG	OUMAROU GOUZAE	Ismael	M	K44	under 75 kg	TP
59	MGL	GANBAT	Bolor-Erdene	M	K44	under 61 kg	TP
60	IRI	VALINEJAD	Yalda	F	Sparrin g	under 63 Kg	TP
61	THA	WONGPATTANAKIT	Panipak	F	Sparrin g	Under 49 kg	TP
62	TUR	YILDIRIM	Rukiye	F	Sparrin g	Under 49 kg	TP
63	KOR	LEE	Ah-Reum	F	Sparrin g	Under 57 Kg	TP
64	RUS	ARTAMONOV	Mikhail	M	Sparrin g	Under 58 kg	TP
65	MEX	NAVARRO	Carlos	M	Sparrin g	Under 58 kg	TP
66	EGY	MALAK	Hedaya	F	Sparrin	Under	TP



					g	67 Kg	
67	BRA	PONTES	Edival	M	Sparring	Under 68 Kg	TP
68	AZE	BEIGI HARCHEGANI	Milad	M	Sparring	Under 80 Kg	TP
69	MAR	DISLAM	Wiam	F	Sparring	Over 67 Kg	TP
70	DOM	RODRIGUEZ	Katherine	F	Sparring	Over 67 Kg	TP

※ RTP

※ TP

※ Junior -> World Ranking Division

※ Para-Taekwondo

Europe	Africa	Asia	Pan Am	Oceania
27	12	17	12	2

M	F
35	35

## **2019 WADA Symposium:**

(March 13-14, 2019 / SwissTech Convention Center, Lausanne, Switzerland)

A review of the World Anti-Doping Code (Code) and its associated International Standards, as well as compliance and capturing athletes' views were among the main themes at the World Anti-Doping Agency's (WADA's) 15th Annual Symposium held this week in Lausanne, Switzerland.

The WADA Symposium, which is the leading fixture on the anti-doping calendar, gathered close to 900 delegates from the global anti-doping community for two days of presentations, interviews, panel discussions, practical workshops and networking sessions. Athlete representatives, International Sports Federations, government representatives, National and



Regional Anti-Doping Organisations, Major Event Organisers, WADA-accredited laboratories and Athlete Passport Management Units, as well as international media and other stakeholders, gathered on 13 and 14 March under the theme "Towards 2021 – Navigating the Future Together".



2021 will be the year when the latest revised and updated Code comes into effect and the world's anti-doping stakeholders are currently finalising the document in time for its ratification at the fifth World Conference on Doping in Sport, which will take place in November in Katowice, Poland. In addition, the Code's various International Standards, including those related to results management, education, compliance, testing and investigations, therapeutic use exemptions, laboratories and privacy protection were discussed at length during the Symposium.

Athletes were well represented during the conference. In particular, around 75 athlete leaders gathered from around the world for a one-and-a-half-day session for them and their representatives. The session, which was hosted by WADA's Athlete Committee, for the first time as part of the Agency's Annual Symposium, reinforced the importance of athletes' involvement in clean sport. Specifically, the session addressed topics such as increased athlete

representation within WADA's governance structure, the impact the proposed changes in the 2021 draft Code may have on athletes, and the upcoming launch of ADAMS Next Gen – the latest revamped and improved version of the system.

Representatives from the Athlete Commission of the Japan Anti-Doping Agency introduced their programme called Play True 2020 that aims to create a better society through the values of sport and to protect the right of an athlete to participate in clean sport.

A Symposium highlight came as WADA's Athlete Committee members Beckie Scott (Chair) and Ben Sandford gave an update in plenary session on the progress of the development of the Anti-Doping Charter of Athlete Rights, a topic that was also discussed at length during the athlete session.



The keynote address by WADA President Sir Craig Reedie on day one, entitled "Unity Will Be Our Strength", set the tone for the Symposium as he reflected on the Russian doping scandal and on the progress made since the Executive Committee (ExCo) decision in September 2018 to reinstate the Russian Anti-Doping Agency (RUSADA) as compliant with the Code. Sir Craig noted that the all-important data recovered from the Moscow Laboratory in January this year, once authenticated, would be used to bring more cheats to justice for the good of clean sport while exonerating others. He also pointed out that the



Russian scandal had prompted the establishment of new priorities and led to significant changes that had already equipped the Agency to better navigate situations of non-compliance with the Code, including the coming into force on 1 April 2018 of the International Standard for Code Compliance by Signatories (ISCCS), which has considerably strengthened WADA's legal framework around cases of non-compliance.

WADA Director General, Olivier Niggli, took delegates through WADA's strategic priorities, which in addition to those outlined by Sir Craig, included in particular: harmonising Code rules via the 2021 Code Review and simultaneous review of the International Standards; the implementation of wide-ranging governance reforms, increasing scientific and social science research; enhancing education, most notably through the development of an International Standard for Education; capacity building of Anti-Doping Organisations; and the ongoing overhaul of WADA's Anti-Doping Administration and Management System (ADAMS).

– After the World Conference on Doping in Sport, which will take place in November 2019 we will start preparing for the new Code that will come into force in 2021. As it seems now, the Code will continue to become more flexible, but at the same time the new International Standards will set clearer directions on how to plan the daily activities.

### **WT Taekwondo Medical & Anti-Doping Conference**

(May 14, 2019 / Manchester, England)

Manchester, England (May 14, 2019) – WT renewed its commitment on safety and Integrity at the second WT Medical & Anti-Doping Conference after the debut in Muju, Korea in 2017.



The three-hour conference covered some profoundly serious ground. Participants including team doctors and coaches were briefed on matters as varied as sport safety data, injury management and anti-doping.

The Conference divided in 3 sessions, provided a lot of innovative guidelines and educational highlights in a very interactive way of learning.

Here you can find the Agenda of the 3 sessions:

**(1) WT Commissioned doctor instructor workshop (8:00 - 10:30) – per invitation only**

**[Instructor]**

- Dae Hyoun Jeong (Chairman, WT Medical and Anti-Doping Committee)

**[Agenda]**

1. The review of WT Medical Code (15min)
2. The review of WT Competition Rule – medical and anti-doping (15min)
3. WT medical emergency procedures, protocols for concussion, sudden cardiac arrest & syncope / and other major injuries (15minutes)
4. Injury Surveillance and Prevention (15minutes)
5. Medical Administration and policy (15minutes)
6. Written Exam (15 minutes)
7. Hands-on Practice (60 minutes)

**(2) Sports Ultrasound Workshop for Taekwondo Doctors (12:30 - 13:50)**

- **This is an optional workshop (maximum 32 persons for hands-on participation, first come, first served)**

**[Instructors]**

- Dae Hyoun Jeong (KOR)
- E. Nambi Ramamoorthy (UK)
- George Pujalte MD (USA)
- Adrian Lim MD (UK)

1. Introduction of the Point-of-Care Ultrasound in Taekwondo (20 min)
2. Ultrasound of the Knee (20 min)
3. Ultrasound of the Foot/Ankle (20 min)
4. Ultrasound of the hand/finger (20 min)

**(3) WT Taekwondo Medicine Conference & WT Medical Team Staff Meeting (14:00 - 17:20)**

**[Agenda]**

**<WT Medical Team Staff Meeting> (14:00 – 15:10)**

1. WT Anti-Doping Report and Update (15 min)  
: Mr. Marco Ienna (ITA)
2. WT Medical Code and Medical Policy Update (20 min)  
: Dae Hyoun Jeong MD (KOR)



3. Medical Service, Anti-Doping and Emergency Action Plans at Manchester WTC  
(15 min)  
: E. Nambi Ramamoorthy, MD (GBR), Mr. Mark Kaufmann (GBR)
4. WT Injury Surveillance and Prevention Program (20 min)  
: Sae Yong Lee PhD, ATC, Hyunpil Jun PhD, ATC (KOR)

**<Taekwondo Medicine Conference> (15:10 - 17:20)**

5. Overtraining Syndrome in Taekwondo: Diagnosis and Prevention (15 min)  
: Hasan Kamal MD (EGY)

**[Break & Tea Time] (15:25- 15:40)**

6. Knee Injuries in Taekwondo Athletes (20 min)  
: Christina Allen MD (USA)
7. Competition-related injury peak on hand and wrist injuries in elite Taekwondo athletes (20min)  
: Frank Duren MD (GER)
8. Medical Issues in Para Taekwondo Athletes (TBD) (20 min)  
: Mindy Siegel MD (USA)
9. The Prevention and Management of Concussion and Rapid Weight Loss (20 min)  
: Adrian Lim MD (GBR)
10. The Cardiovascular Screening of Taekwondo Athletes (20 min)  
: George Pujalte MD (USA)

**<Q&A and Adjourn> (17:20 - 17:30)**

## 2019 ASOIF Governance Workshop



More than 60 senior executives, representing almost all Summer and Winter Olympic International Federations (IFs), gathered at the Governance Workshop, organised by ASOIF on 8 October 2019 in Lausanne. The focus was on further promoting and ensuring a culture of better governance within all sports federations. This is a topic which has been spurred by ASOIF since 2015 through a dedicated taskforce, regular IF governance reviews and a number of other measures.

ASOIF's report on the "Future of Global Sport", published in February this year, also highlights the need for IFs to demonstrate an exemplary standard of governance throughout their structures and processes in order to maintain the confidence of all stakeholders.

FEI President Ingmar De Vos, who is a member of the ASOIF Council, the ASOIF Governance Task Force (GTF) and the IOC, said during his opening remarks: "Governance is an evolving concept and the public scrutiny on sport organisations remains high. We must all continue to challenge ourselves to improve and address emerging, pressing topics. We have seen that when one sport is involved in controversy, it affects us all. We must maintain the integrity and credibility of our organisations."

In line with this statement, ASOIF presented the third edition of the self-assessment questionnaire which will be sent out to all its members early next



month. This will for the first time include the topics of safeguarding from harassment and abuse as well as compliance with data protection and anti-trust legislation. The declared objective is to see at least 26 of the 28 full ASOIF members score 120 points (out of a maximum of 200 points) across the 50 indicators. In order to support this process, the ASOIF Governance Support and Monitoring Unit (GSMU), established in late 2018, will continue to help IFs achieve progress in good governance. ASOIF member federations will have until mid-January to respond and the results will be presented at ASOIF's next General Assembly in April 2020.



The meeting also offered the opportunity for group discussions on the complex topics of transparency and conflicts of interest. In addition, case studies were presented by the Gymnastics Ethics Foundation, newly set up in January to address the subject of safeguarding athletes amongst others; and the International Tennis Federation (ITF), which outlined how they created an Ethics Commission and a Code of Ethics. World Taekwondo (WT) shared their practical experience in driving a number of governance reforms internally, such as in the field of transparency, and in convincing their members at continental and national level to follow them.

Professor George Kohlrieser from the IMD Business School confirmed the importance of high standards of governance during his presentation about

"Organisational Culture". He stressed the link between good governance and strong leadership, with the latter determining the culture of an organisation. He also made the point that accountability comes back to leadership.



Pâquerette Girard Zappelli, IOC Chief Ethics and Compliance Officer, updated the group on the activities of the International Partnership Against Corruption in Sport (IPACS), of which ASOIF is a member. This multi-stakeholder platform has made good use of the governance indicators developed by ASOIF. The fight against doping is a matter of integrity and good governance and WT will ensure to develop more and more these two aspects in the next few years.

### **2019 ASOIF AMSCG Workshop**

(18 October, 2019 / Lausanne, Switzerland)

WT Participants: Mr. Marco Ienna

#### **SUMMARY**

The meeting was hosting by ASOIF Medical and Science Consultative Group (AMSCG) Chair Dr. Margo Mountjoy.

The workshop was focused on the following key issues:





- Roles and Responsibilities during the Olympic Games (IOC, IFs, OCOG Medical Team, NOCs);
- Venue Medical Guide (Field of Play evacuation Plan, Venue Medical Emergency Action Plan);
- Venue Medical Meeting Agenda (IF Information);
- Olympic Games (Olympic Games Medical Action Plan, Risk Assessment Model, Non Venue Accredited Individual Health, Public Health Risks, Academic Programmes at the Games);
- Integration and Collaboration of IF Medical Personnel at Olympic Games;
- Anti-Doping at the Games (ITA);
- Heat Issues for Tokyo 2020;
- Travel Health Guide for IF Events

### **2019 WADA's fifth World Conference on Doping in Sport**

(5-7 November, 2019 / Katowice, Poland)

The World Anti-Doping Agency's (WADA's) fifth World Conference on Doping in Sport concluded on November 7<sup>th</sup> with WADA's Foundation Board approving the World Anti-Doping Code (Code) and the Executive Committee (ExCo) approving the International Standards. All these documents will come into force on 1 January 2021.

#### **Katowice Declaration**

Following these approvals, a 'Katowice Declaration' called upon "all stakeholders in the fight against doping in sport, including the Sports Movement, Governments, Anti-Doping Organizations and athletes to reinforce their efforts to strengthen their cooperation in every possible way; to present a unified front to strive to eradicate doping in sport; to increase resources dedicated to protecting clean sport; and to bring all perpetrators to account, without limitation."

In December 2017, WADA initiated a transparent revision process which

consisted of three distinct consultation phases for the Code; two for the related International Standards and one for the Athletes' Anti-Doping Rights Act, previously known as the Anti-Doping Charter of Athlete Rights. During this time, stakeholders had multiple opportunities to contribute and make recommendations on how to further strengthen the global anti-doping program.

The Board congratulated Beckie Scott, the Chair of WADA's Athlete Committee, and WADA Athlete Committee member Ben Sandford, the document's lead drafter, along with the other members of the Committee on the approval of the Athletes' Anti-Doping Rights Act by the ExCo the day prior. The Board acknowledged a two-and-a-half-year effort by the Committee, which involved consultation with thousands of athletes and stakeholders around the world. The purpose of the Act, which is based on the 2021 Code and Standards, is to ensure that athlete rights within anti-doping are clearly set out, accessible, and universally applicable.



### **Election of WADA President and Vice-President**

The Board elected former elite runner and Poland's Minister for Sport and Tourism, Witold Bańka, as the next WADA President and double Olympic gold-medalist in short-track speed skating, Yang Yang, as Vice-President – an election that will place athletes in the top two leadership roles in WADA when they officially take office on 1 January 2020.



After the election, Witold Bańka said: "It is a huge honor for me to become President of WADA. I know how important the Agency is for the future of sport and I will work hard to ensure that it continues to lead a global anti-doping program that holds up the values of clean sport at all times. I pledge my commitment to putting the athletes' interests first so they can have confidence that WADA will always support them to compete clean. Whatever happens, I will always come back to that. I know we will face many challenges in the years ahead. We have a difficult task before us and we will sometimes have to make difficult decisions. Yet, I am convinced we will be able to make them. Together, we will work tirelessly to make the sports world cleaner and safer and something that continues to inspire millions of people around the world."

Yang Yang said: "I am very honored to be elected to this important position. As a former athlete, I have a strong passion for sport and I truly believe in the fight against doping and the need to protect the rights of clean athletes. Together with Minister Bańka I am very confident that we can make a real difference and I am looking forward to starting this work, so that there can be a bright future for sport."

It was also an opportunity for the anti-doping movement to recognize the contributions of outgoing President Sir Craig Reedie; as well as, a number of other Executive Committee and Foundation Board members and Standing Committee Chairs that will step down at the end of this year. Like most sporting bodies, WADA's talented and dedicated volunteers are the backbone of the Agency. Without their engagement, the Agency and Clean Sport would simply not advance.

Founding President, Richard Pound, who led WADA from its inception in 1999 until 2007, was one of many colleagues that paid tribute to Sir Craig as he prepares to leave office. Richard Pound said: "Sir Craig is someone who has given up his time and experience voluntarily over many years. He has led WADA for six years and at the end of Craig's tenure, WADA is a better organization than it was when he took office. We have a stronger regulatory framework, a world-class intelligence and investigations operation, we are funding scientific research and development and we have a significantly increased budget. Craig should take satisfaction that he leaves a stronger WADA than he inherited and I think we should all thank him for that."

Sir Craig, who will step down as President at the end of 2019, said: "I have been involved with WADA since the start 20 years ago and I have seen it grow into



the highly effective organization that it is today. It has been my privilege to lead the Agency for the past six years, through what have been challenging times. In that time, I have seen WADA grow and strengthen considerably. I wish Minister Baňka and Yang Yang every success as they take over the reins. It is a telling sign that both the new President and Vice-President are former elite athletes who no doubt will bring athletes' voices and perspectives forward."

### **The Rodchenkov Anti-Doping Act**

During the Board, WADA Director General, Olivier Niggli, responded to Board members' questions regarding WADA Management's position on the Rodchenkov Anti-Doping Act, which is currently making its way through the United States Congress. Olivier Niggli clarified that WADA Management broadly welcomed the Act as it did with other Governmental efforts to pass legislation that strengthens anti-doping. He added that more than half the members of the Board, representing both the Sports Movement and Governments, had previously expressed reservations with the extra-territoriality aspect of the Act and had instructed WADA Management to seek clarification on any possible unintended consequences it may bring from the relevant Government officials in Washington D.C. He undertook to continue updating the Board so that members could be kept up to date on developments.

### **RUSADA Compliance Procedure**

As he did at the 4 November ExCo meeting, the Chair of the independent Compliance Review Committee (CRC), Jonathan Taylor, updated the meeting on the latest progress being made as regards the compliance procedure taken against the Russian Anti-Doping Agency (RUSADA) in relation to inconsistencies WADA detected in the data collected from the Moscow Laboratory in January 2019. Jonathan Taylor confirmed that a CRC meeting to discuss the experts report was scheduled for 17 November. Should the CRC issue a recommendation, the ExCo will meet as soon thereafter as practicable to consider the recommendation.

### **WADA Governance**

In a significant step forward in the ongoing process of strengthening WADA's governance structure, the Board adopted the first set of legal documents which will enable implementation of a good portion of the governance reforms agreed by the Board in November 2018. At the May 2020 Board meeting, a small expert group will be proposed to monitor the effective implementation of these



reforms and to formulate proposals for future reforms to ensure WADA governance remains fit for purpose.

## 2020 Budget

The Board approved the WADA budget for 2020, which will be USD 37,444,738, representing an 8% increase compared to 2019.

## About the World Conference

The World Conference, which ran from 5-7 November, took stock of the evolution of Clean Sport with stakeholders engaging in high-level discussion and debate about the global anti-doping program. It brought together more than 1,500 representatives from the sport movement, public authorities and anti-doping organizations, along with athletes, other anti-doping experts and members of the media.

## WT Extraordinary Council Meeting

(5 December, 2019 / Moscow, Russia)

During the WT Extraordinary Council Meeting held in Moscow, Russia on December 5<sup>th</sup> 2019, WT Anti-Doping Division proposed the following amendments on WT Anti-Doping Rules:

Article 12. Sanctions and Costs Assessed Against MNAs	
12.3 - 12.4 - 12.5 - 12.6	
Current	Proposed
12.3 WT may elect to take additional disciplinary action against MNAs with respect to recognition, the eligibility of its officials and Athletes to participate in International Events and fines based on the following: 12.3.1 Four (4) or more violations of Anti-Doping Rules (other than violations involving Articles 2.4 and 10.3) are committed by Athletes or other Persons affiliated with a MNA within a 12-month period in Testing conducted by WT or ADOs other than MNA or its NADO. In such event WT may in its discretion elect to ban all officials from that MNA for participation in any WT-promoted and sanctioned activities for a period of up to two (2) years. 12.3.1.1 If four (4) or more violations of Anti-Doping Rules (other than violations involving Articles 2.4	<del>12.3 WT may elect to take additional disciplinary action against MNAs with respect to recognition, the eligibility of its officials and Athletes to participate in International Events and fines based on the following:</del> <del>12.3.1 Four (4) or more violations of Anti-Doping Rules (other than violations involving Articles 2.4 and 10.3) are committed by Athletes or other Persons affiliated with a MNA within a 12-month period in Testing conducted by WT or ADOs other than MNA or its NADO. In such event WT may in its discretion elect to ban all officials from that MNA for participation in any WT-promoted and sanctioned activities for a period of up to two (2) years.</del> <del>12.3.1.1 If four (4) or more violations of Anti-Doping Rules (other than violations involving Articles 2.4 and 10.3) are committed in addition to the violations</del>



and 10.3) are committed in addition to the violations described in Article 12.3.1 by Athletes or other Persons affiliated with a MNA within a 12-month period in testing conducted by WT or ADOs other than MNA or its NADO, then WT may suspend that MNA's membership for a period of up to four (4) years.

[NEW ADDITION]

[NEW ADDITION]

[NEW ADDITION]

~~described in Article 12.3.1 by Athletes or other Persons affiliated with a MNA within a 12-month period in testing conducted by WT or ADOs other than MNA or its NADO, then WT may suspend that MNA's membership for a period of up to four (4) years.~~

The MNAs shall be liable for the conduct of their affiliated Athletes or other Persons, regardless of any question of the MNAs' fault, negligence or other culpable oversight.

12.4 In the event that a MNA is found to have breached an obligation under these Anti-Doping Rules, including under Article 16 or failed to comply with any directive or request on anti-doping matters issued by WT, WT may:

- a) impose a Suspension on the MNA for a period of up to one (1) year; and/or
- b) impose a fine on the MNA of up to 50,000 USD.

12.5 For first and second anti-doping rule violation found against the Athlete or other Person affiliated to a MNA by WT (even if it results from Testing conducted by WADA, NADO and / or the IOC), the Athlete's or other Person's MNA shall automatically pay WT a fine of 5,000 USD per violation within thirty (30) days of the date on which WT demands such payment.

If the MNA fails to pay within such deadline, it shall be prevented from entering any affiliated Athletes under the National Flag in WT Events until it has paid the due amount in full.

12.6 Should three or more violations of these Anti-Doping Rules sanctioned by WT or any other Anti-Doping Organizations (Ex. NADOs, WADA, IOC, etc..) and / or any MNA have been committed by Athletes or other Persons affiliated to the MNA within a 12-month period, the WT shall have the power to:

- a) impose a Suspension on the MNA of a period of up to (4) years; and/or
  - b) fine the MNA as follows:
    - b-1) for 3 violations up to 50,000 USD;
    - b-2) for 4 violations up to 100,000 USD;
    - b-3) for 5 violations up to 150,000 USD;
    - b-4) for 6 violations up to 200,000 USD;
    - b-5) for 7 violations up to 250,000 USD;
    - b-6) for 8 violations up to 300,000 USD;
    - b-7) for 9 or more violations up to 500,000 USD,
- to be paid within 6 months from the receipt of WT decision.

If the MNA fails to pay the fine within such deadline, and the suspension under point (a) is not imposed, a period of Suspension of two years, or, if earlier, until the fine is settled in full, shall be automatically imposed

	<p>on the MNA concerned. For the avoidance of doubt, the fine remains due to WT after the period of Suspension of the MNA has been served; and/or</p> <p>c) ban all or any officials from the MNA concerned for participation in any WT activities for a period of up to two years.</p> <p>[Comment to Article 12.6: if WT considers that a violation of these Anti-Doping Rules is severe (due to the number of violations, the substances involved, the level of fault of the perpetrators, the fact that the violations were committed by Athlete Support Personnel, etc.), then an appropriate period of Suspension should always be imposed, without prejudice to the imposition of any other additional sanction under this Article 12.6]</p>
<b>Article 16. INCORPORATION OF WT ANTI-DOPING RULES AND OBLIGATIONS OF NATIONAL FEDERATIONS</b>	
<b>16.6</b>	
<b>Current</b>	<b>Proposed</b>
<p>[NEW ADDITION]</p>	<p>16.6 MNAs shall take all measures within the scope of their powers to implement these Anti-Doping Rules and ensure that their affiliated Athletes, Athlete Support Personnel and other Persons comply with them.</p>

All amendments have been approved unanimously by WT Council. The regime of sanctions adopted will have a deterrence effect on ADRVs, increase WT image and leading role in the fight against doping, and will allow WT to invest more resources into our Anti-Doping Programme.

### **New appointments for new Medical & Anti-Doping Committee**

After the 2019 WT World Championships, President Chungwon Choue appointed the new Medical and Anti-Doping Committee that will guide us on the way to Tokyo Olympic Games and beyond.

The new structure and Members are as follows:

WT Medical & Anti-Doping Committee

Position	Name	Country / Continent
Chair	Dae Hyoun Jeong	KOR
Vice Chair	Frank Duren	GER
Members	Christina Allen	USA
	E. N. RAMAMOORTHY	GBR
	Halim Jebali	TUN
WT Hearing Panel		
Chair	Olivier Ducrey	SUI
Vice Chair	Lorenza Mel	ITA
Member	Lucienne Attard	MLT
	Davide Delfini	ITA
	Michele Verroken	GBR
Continental Unions Chairs		
Chairpersons	Suh Dong Won	KOR / Asia
	E. B. Dorman	NZL / Oceania
	Dae Hyoun Jeong	KOR / Pan Am
	Hassan Kamal	EGY / Africa
	Ioannis Theodorakis	JOR / Europe
Athlete Integrity Ambassadors		
Chairpersons	Pascal Gentil	FRA
	Nadin Dawani	JOR
<p>Liason Department: Sport &amp; Event Management (sport@worldtaekwondo.org)</p> <p>Responsible: Marco IENNA</p> <p>Medical: medical@worldtaekwondo.org</p> <p>Anti-Doping: antidoping@worldtaekwondo.org</p>		





## **Result Management**

### **A. Number of Cases: 19**

International Athletes: 5

National Athletes: 14

Adverse Analytical Findings (AAFs): 16

Atypical Findings (ATFs): 1

Anti-Doping Rule Violation (ADRV): 2

### **B. Number of suspended athletes: 5**

Sparring: 11 (5 under WT authority)

Poomsae : 0

Para-Taekwondo: 3 (1 under WT authority)

### **C. Pending Cases: 2**

All Pending cases from 2017 to 2018 were closed.

2016 McLaren Report Cases are still Pending: 3 cases

## **WT Anti-Doping Fund**

**WT Anti-Doping Team collected from 2019 recognized events a doping fund to be reinvested on Anti-Doping Activities.**

**We would like to thank all LOCs that contributed to maintain Taekwondo a clean Sport.**



# ITA PARTNERSHIP 2019 ACTIVITY REPORT



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# PARTNERSHIP SUMMARY

## Term

31/12/2020, auto renewal

## Third Party Variable Cost

CHF 350,000.-

## Risk Assessment

Yes

## Test Distribution Planning (TDP)

Yes

## In-Competition testing

244 IC tests in up to 20 WT championships;  
and 56 IC tests in up to 6 WT Para-  
Championships

## Out-Of-Competition testing

WT Athletes = 125 test attempts  
Para-Athletes = 55 test attempts

## RTP & Whereabouts administration

WT athletes = 36 RTP and 11 TP  
[total = 47 athletes]

Para athletes = 15 RTP and 8 TP  
[total = 23 para]

## Athlete Biological Passport Management

1,000 ADAMS notifications

## Results Management

Yes

## Whereabouts Failures

Yes

## Therapeutic Use Exemption Management

Yes

## Education

N/A

## Long term storage & Re-analysis

N/A

# 2019 ACTIVITIES SUMMARY

- ✓ **573 Urine** and **57 hGH** samples were collected In Competition and Out of Competition during the 2019 WT Testing Programme.
- ✓ Of the **192 OOC** test attempts coordinated by the ITA on behalf of WT, **16%** were unsuccessful. The average across other sports is 10%.
- ✓ The ITA coordinated IC testing at **27 WT events** during 2019 collecting **412 Urine** and **37 hGH** samples.





# 2019 ACTIVITIES SUMMARY

- ✓ WT's Testing Programme generated **1,148 Steroidal notifications** consisting of **273 atypical** notifications
- ✓ This resulted in **3 IC/OOC APMU test recommendations**, **7 IRMS analysis requests** and **3 samples were stored** as part of WT's Long Term Storage Strategy.





# RISK ASSESSMENT & TEST DISTRIBUTION PLAN



# RISK ASSESSMENT & TDP

## RISK ASSESSMENT

In collaboration with the WT, ITA elaborated a Risk Assessment aligned with WADA's ISTI. This service includes:

- ✓ the collection of a large spectrum of data that influence the risk of doping in Taekwondo
- ✓ the integration of this material in a structured methodology that assess the Physiological / Country / Individual Risks
- ✓ the analysis and combination of all the relevant parameters to provide the prerequisites for an effective and proportionate Test Distribution Plan

Please refer to the 'WT Risk Assessment update' document which was sent in May 2019.

## TEST DISTRIBUTION PLAN

ITA in consultation with WT, developed a tailor-made Out-of-Competition TDP that prioritizes appropriately between: disciplines (physiological risk), athletes (country, performance & testing history risks), periods during the season, types of testing, types of samples collected and types of analysis according to the TDSSA. This TDP was also updated regularly as and when additional and relevant information was provided such as APMU recommendations and intelligence.



# SAMPLE COLLECTION

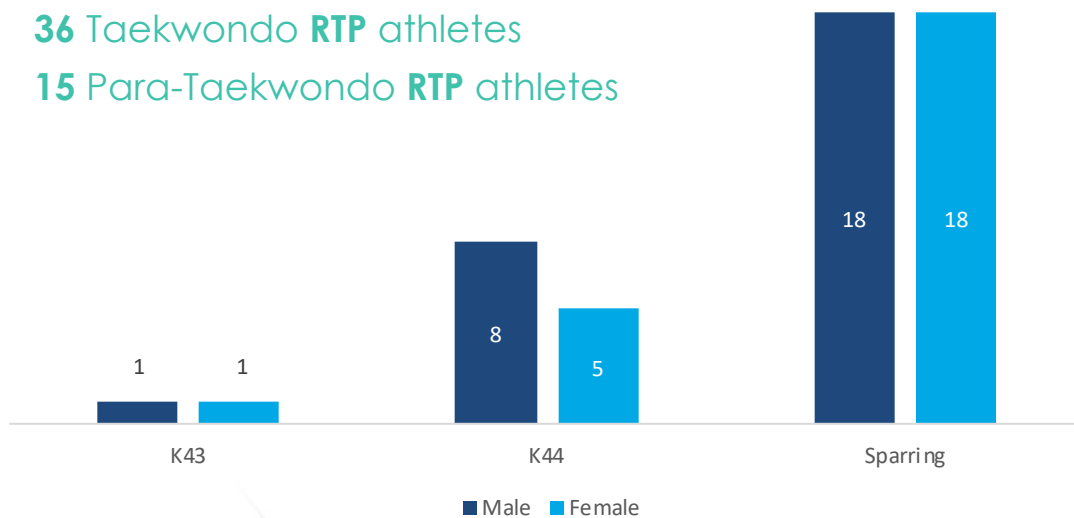
# RTP/TP: DISCIPLINE

## Q1-Q4 2019



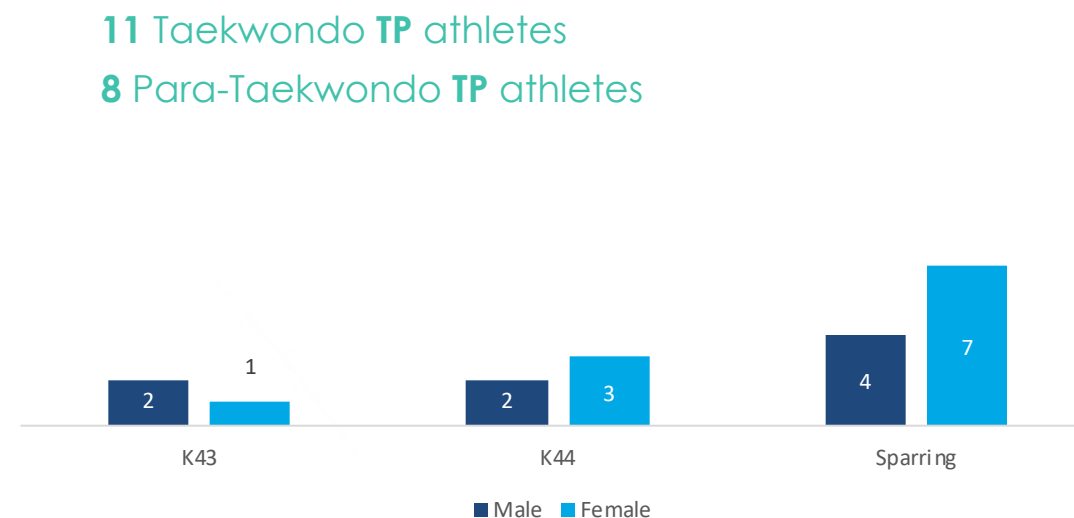
### WT RTP

36 Taekwondo **RTP** athletes  
15 Para-Taekwondo **RTP** athletes



### WT TP

11 Taekwondo **TP** athletes  
8 Para-Taekwondo **TP** athletes



# LIST OF WT EVENTS



						URINE	ESA	GHRF	hGH	ABP
Cyprus Open	Taekwondo	Larnaca	CYP	01-03.02.19		5	1	0	1	0
7th Fujairah Open	Taekwondo	Fujairah	UAE	01-03.02.19		6	1	1	0	0
4th WT President's Cup - Europe	Taekwondo	Antalya	TUR	07-12.02.19		9	1	1	2	0
Turkish Open 2019	Taekwondo	Antalya	TUR	13-16.02.19		6	1	1	0	0
2019 African Para Taekwondo Championships	Para-Taekwondo	Hurghada	EGY	20.02.19		8	1	1	0	0
Egypt Open	Taekwondo	Hurghada	EGY	21-24.02.19		8	1	1	2	0
3rd WT President's Cup - Asia	Taekwondo	Kish Island	IRI	28.02-03.03.19		12	2	1	0	0
30th Fajr Open	Taekwondo	Kish Island	IRI	04-05.03.19		5	1	1	0	0
2019 U.S Open Taekwondo Championships	Taekwondo	Las Vegas	USA	28.02-03.03.19		8	1	1	1	0
Lima 2019 Parapan American Games Qualification Tournament	Para-Taekwondo	Santo Domingo	DOM	06-07.03.19		6	1	1	0	0
Lima 2019 Parapan American Games Qualification Tournament	Taekwondo	Santo Domingo	DOM	08-10.03.19		6	1	1	0	0
Dutch Open Taekwondo Championships 2019	Taekwondo	Eindhoven	NED	09-10.03.19		6	1	1	1	0
Belgian Open 2019	Taekwondo	Lommel	BEL	16-17.03.19		8	1	1	1	0
3rd WT President's Cup - Africa	Taekwondo	Agadir	MAR	06-07.04.19		8	0	1	1	0

# LIST OF WT EVENTS



					URINE	ESA	GHRF	hGH	ABP
<b>Mexico Open 2019</b>	Taekwondo	Mexico City	MEX	11-14.04.19	5	1	1	0	0
<b>Mexico Para Taekwondo Open</b>	Para-Taekwondo	Mexico City	MEX	14.04.19	6	1	1	0	0
<b>Sofia Open</b>	Taekwondo	Sofia	BUL	20-21.04.19	6	1	1	1	0
<b>Manchester 2019 World Taekwondo Championships</b>	Taekwondo	Manchester	GBR	15-19.05.19	80	8	8	8	0
<b>Roma 2019 World Taekwondo Grand-Prix</b>	Taekwondo	Rome	ITA	07-09.06.19	40	4	4	4	0
<b>India Open International Championships</b>	Taekwondo	Hyderabad	IND	11-16.06.19	6	1	1	1	0
<b>WT President's Cup - Oceania region</b>	Taekwondo	Gold Cost	AUS	27.06.19	6	1	1	0	0
<b>7th Australian Open</b>	Taekwondo	Gold Cost	AUS	29.06.19	6	1	1	0	0
<b>2019 Para-Taekwondo Korea Open</b>	Para-Taekwondo	Chuncheon	KOR	04.07.19	8	1	1	0	0
<b>2019 Taekwondo Korea Open</b>	Taekwondo	Chuncheon	KOR	05-10.07.19	8	1	1	1	0
<b>5th Asian Open Para-Taekwondo Championships</b>	Para-Taekwondo	Amman	JOR	18.07.19	10	0	0	0	0
<b>10th Asian Junior Taekwondo Championships</b>	Taekwondo	Amman	JOR	22-23.07.19	5	1	1	0	0
<b>2019 El Hassan Cup</b>	Taekwondo	Amman	JOR	26-27.07.19	5	0	0	0	0
<b>2019 Beirut Open</b>	Taekwondo	Beirut	LBN	06-08.09.19	6	1	1	1	0

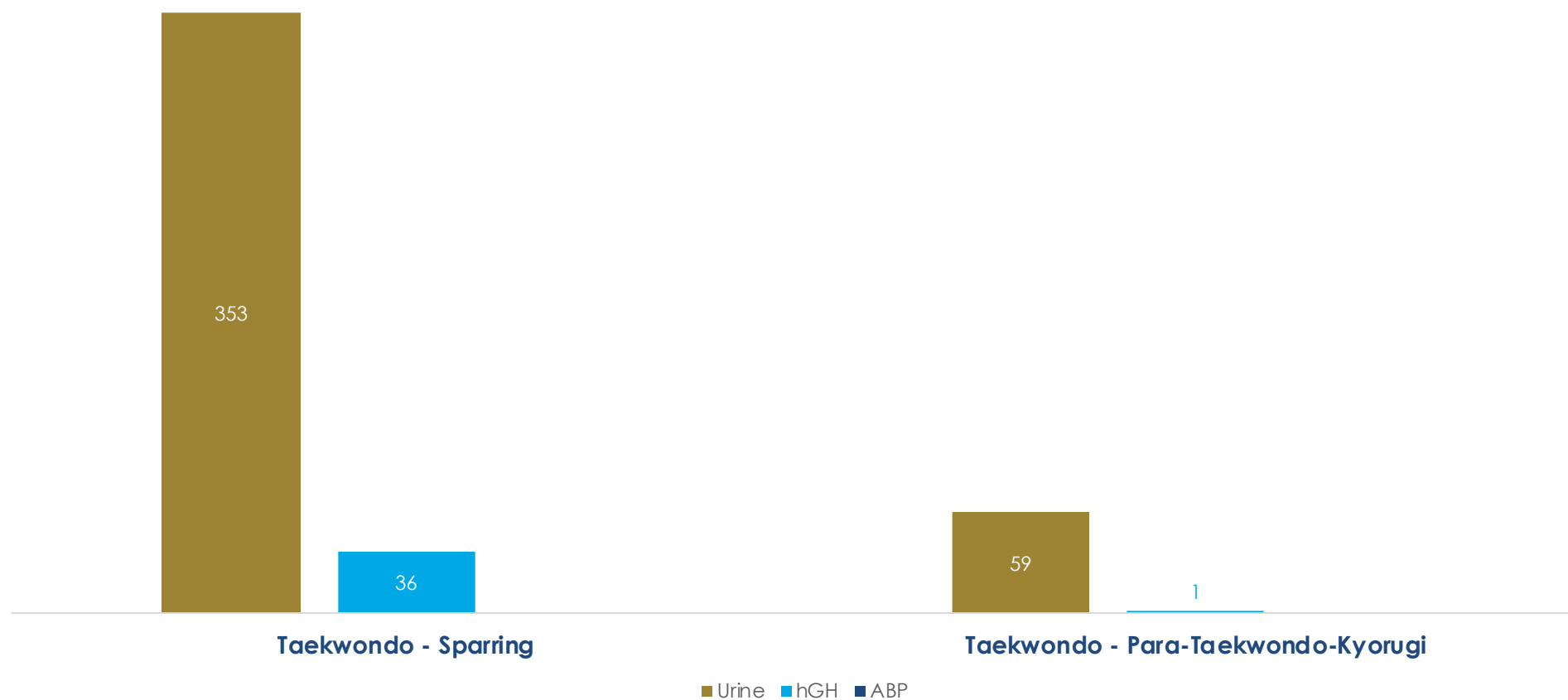
# LIST OF WT EVENTS



						URINE	ESA	GHRF	hGH	ABP
Polish Open 2019	Taekwondo	Warsaw	POL	21.09.19		6	1	1	1	0
Tokyo 2020 Olympic Games Test Event	Taekwondo	Chiba	JPN	27.09.19		8	1	1	0	0
Tokyo 2020 Paralympic Games	Para-Taekwondo	Chiba	JPN	28.09.19		6	1	1	0	0
Canada Open	Taekwondo	Montreal	CAN	04-06.10.19		6	1	6	1	0
Riga Open 2019	Taekwondo	Riga	LAT	05-06.10.19		6	1	1	1	0
WT President's Cup - Pan America	Taekwondo	Las Vegas	USA	10-13.10.19		8	1	1	1	0
Chiba Grand Prix 2019	Taekwondo	Chiba	JPN	13-15.10.19		40	4	4	4	0
2019 The Belt and Road China Open International Taekwondo Championships	Taekwondo	Xian	CHN	08-09.11.19		6	1	1	1	0
European Para-Taekwondo Championships	Para-Taekwondo	Bari	ITA	31.10.19		13	1	1	1	0
European G4 Extra Championships	Taekwondo	Bari	ITA	01-03.11.19		15	2	2	2	0
TOTAL						412	50	54	37	0

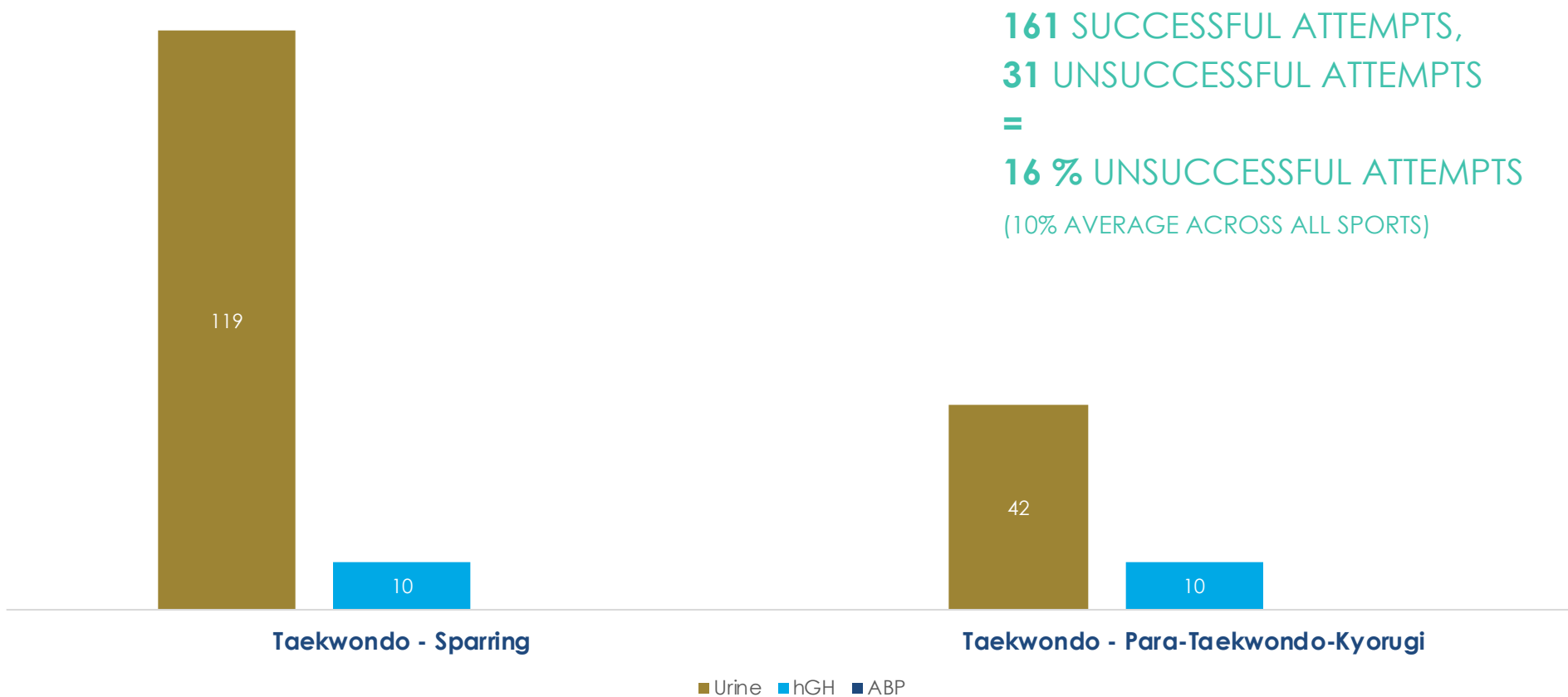
# IN-COMPETITION TESTING

## SAMPLE COLLECTION BY DISCIPLINE



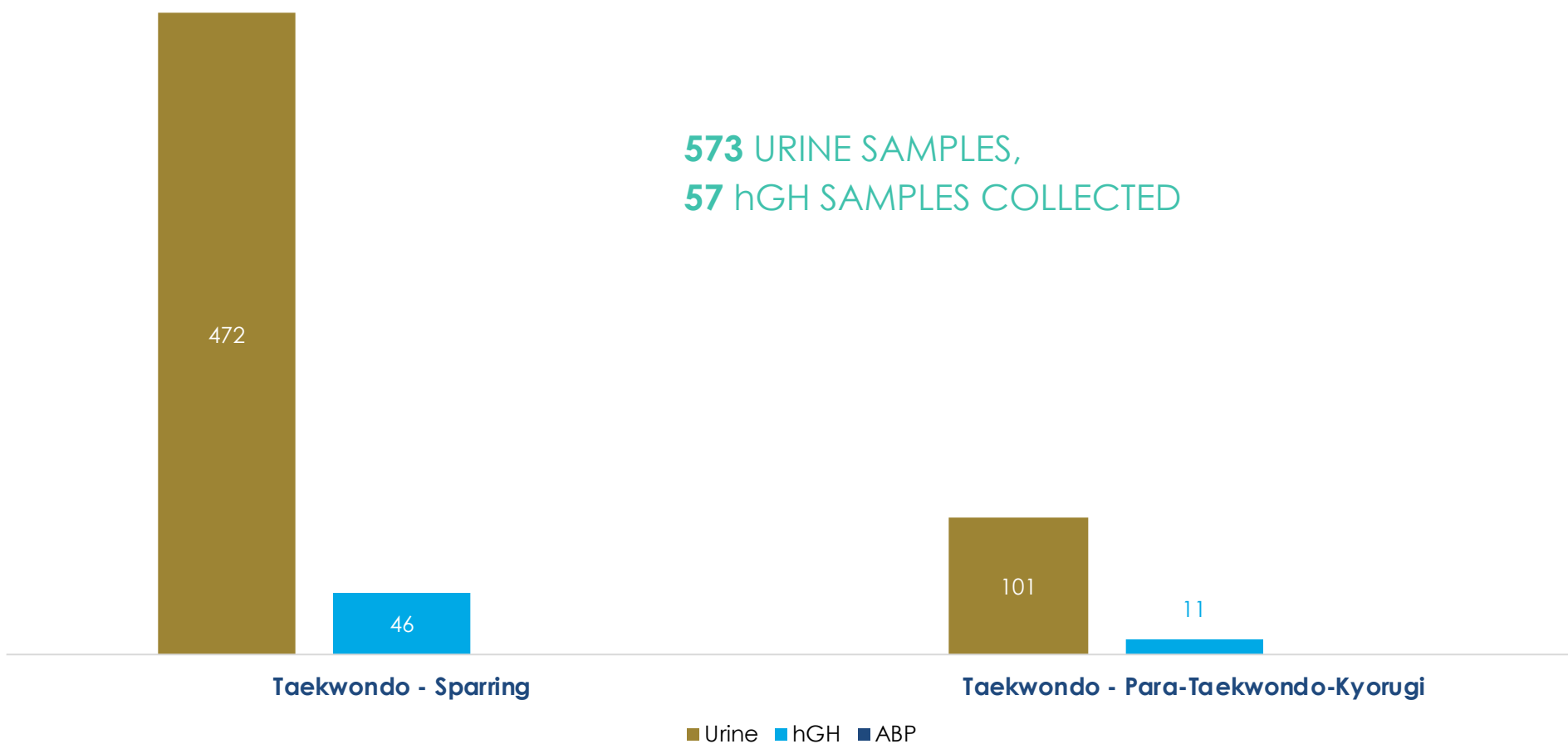
# OUT-OF-COMPETITION TESTING

## SAMPLE COLLECTION BY DISCIPLINE



# TOTAL PROGRAMME

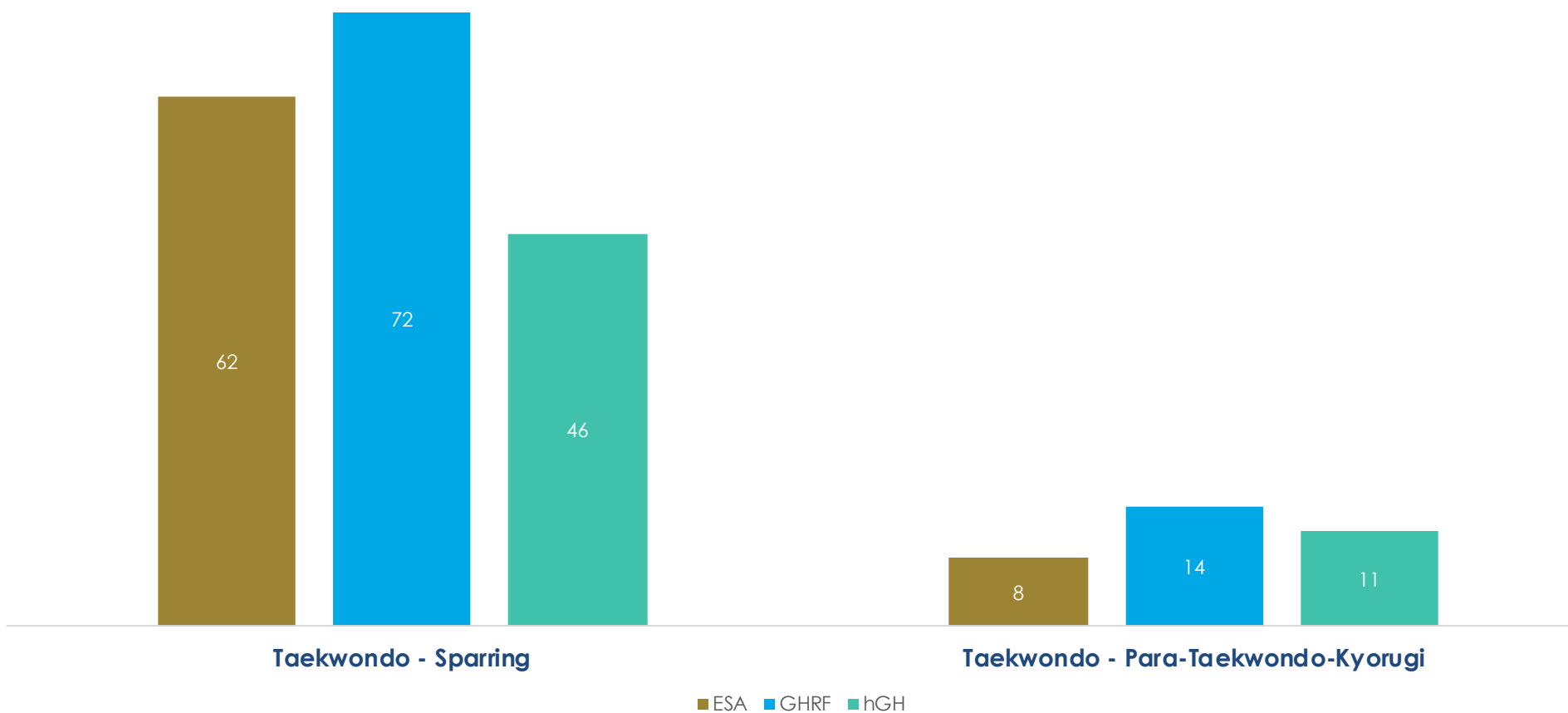
## IC- & OUT-OF COMPETITION TESTING





# ANALYSIS LEVELS: ESA, GHRF, hGH

Q1-Q4 2019



# ANALYSIS LEVELS: ESA, GHRF, hGH

Q1-Q4 2019



■ ESA Min. Level of Analysis (MLA)\* ■ Percentage of Tests Analysed for TDSSA



■ GHRF Min. Level of Analysis (MLA) ■ Percentage of Tests Analysed for TDSSA



\*Please note that the MLA for ESAs wasn't met in Para-Taekwondo-Kyorugi. The ITA is coordinating retrospective ESA analysis for this Sport / Discipline.

■ hGH Min. Level of Analysis (MLA) ■ Percentage of Tests Analysed for TDSSA



# ATHLETE BIOLOGICAL PASSPORT

# ATHLETE BIOLOGICAL PASSPORT PROGRAMME

## NOTIFICATIONS



### Status

in comparison to predicted number of notifications



ABP programme in collaboration with APMU

Lausanne

### Overall yearly activity

based on number of APMU recommendations



### Steroid module

Steroid notifications

1148

from them atypical

273

Likely doping

0

### APMU reviews

TOTAL APMU REPORTS

1150

# ATHLETE BIOLOGICAL PASSPORT PROGRAMME

## NOTIFICATIONS

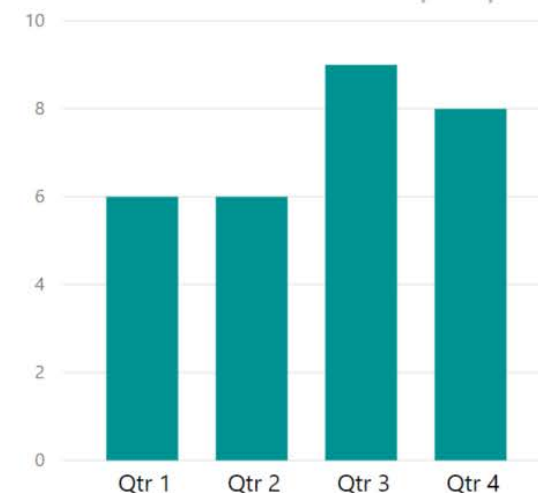
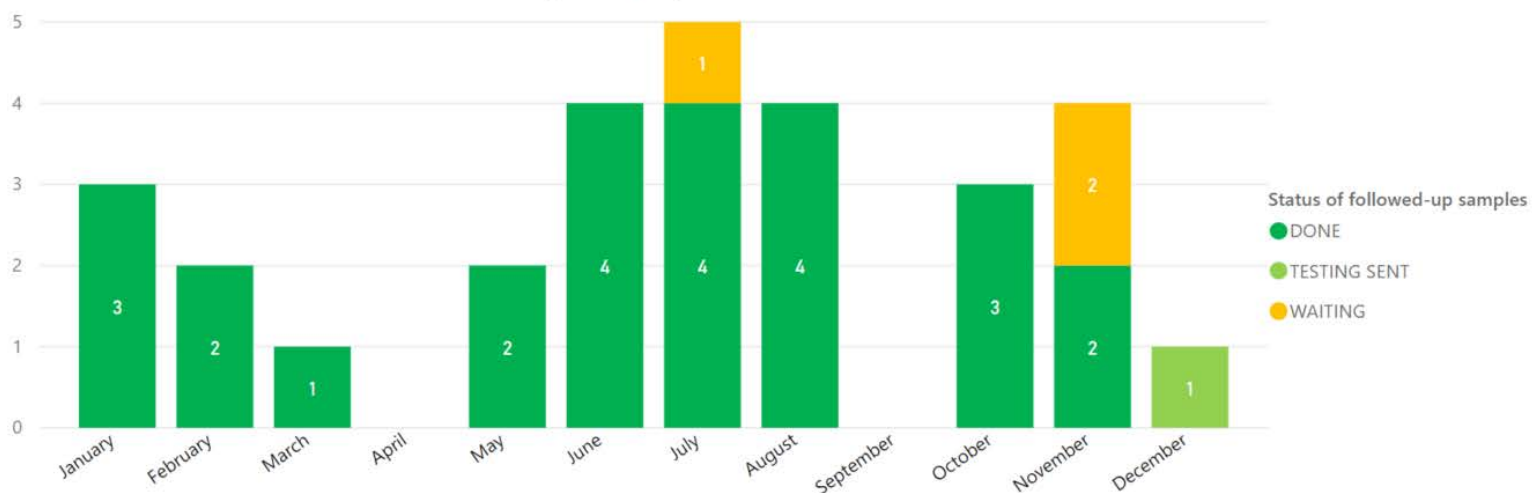


### Overall yearly activity

### Quarterly activity

in comparison to predicted number of notifications

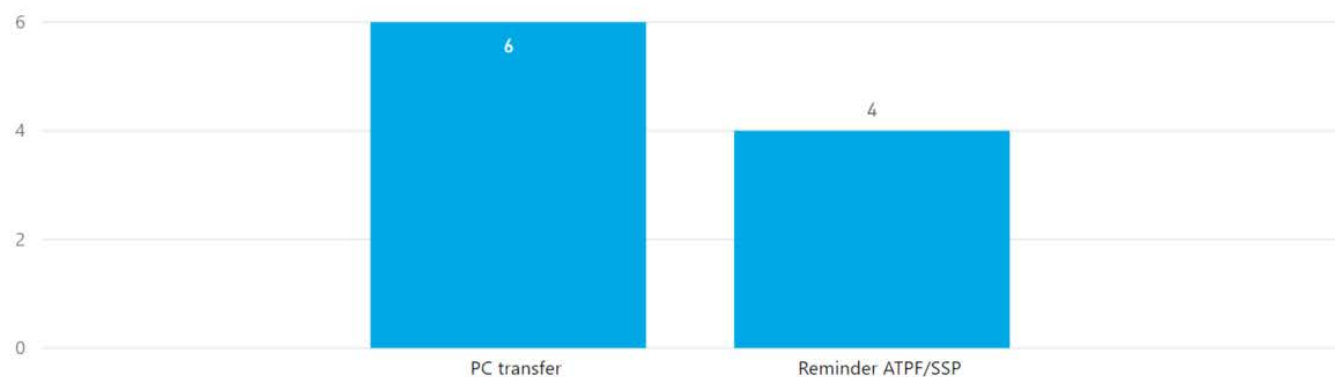
based on number of followed-up samples



### Follow-up actions recommended by APMU

### Other follow-up actions

Confirmation procedure <b>17</b>	Long Term Storage <b>3</b>	DCF check <b>0</b>
IRMS analysis <b>7</b>	ESA analysis <b>0</b>	Further IC/OOC testing <b>3</b>





# THERAPEUTIC USE EXEMPTIONS



# THERAPEUTIC USE EXEMPTIONS NOTIFICATIONS

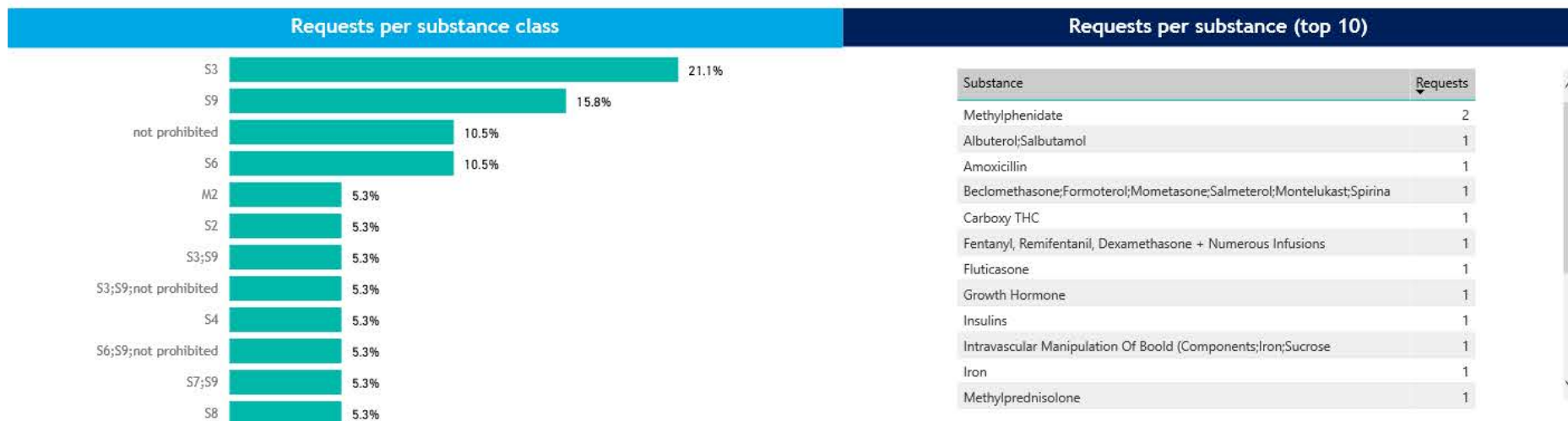


## Therapeutic Use Exemptions (TUEs)

2019



Cases are considered as "not needed" in the following situations: (1) The substance is not in the prohibited list (2) The route of administration for the substance is not prohibited (3) The dosage for the substance is not above the threshold



S1. Anabolic agents ; S3. Beta-2 agonists ; S4. Hormone and metabolic modulators ; S5. Diuretics and masking agents ; S6. Stimulants ; S7. Narcotics  
S8. Cannabinoids ; S9. Glucocorticoids ; M1. Manipulation of blood and blood components ; M2. Chemical and physical manipulation

Updated on 17 March 2020

# WHEREABOUTS FAILURES

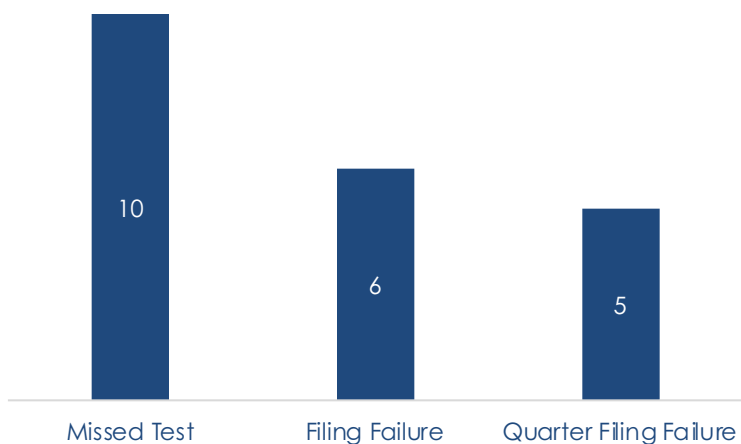


# WHEREABOUTS FAILURES (WF)

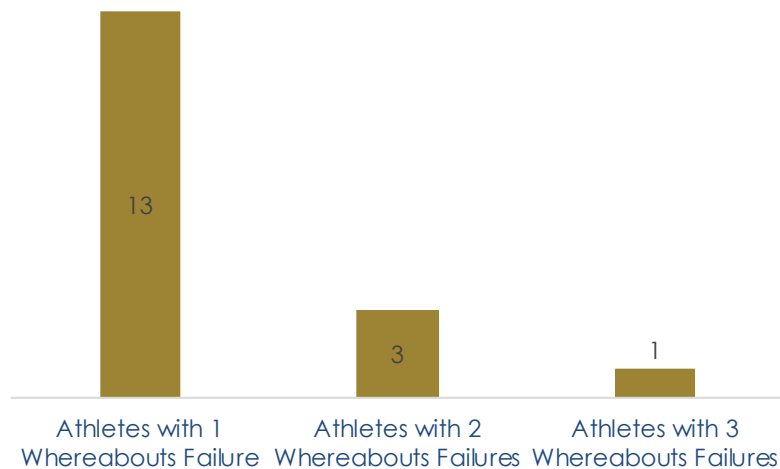
BETWEEN 1 JANUARY 2019 AND 31 DECEMBER 2019



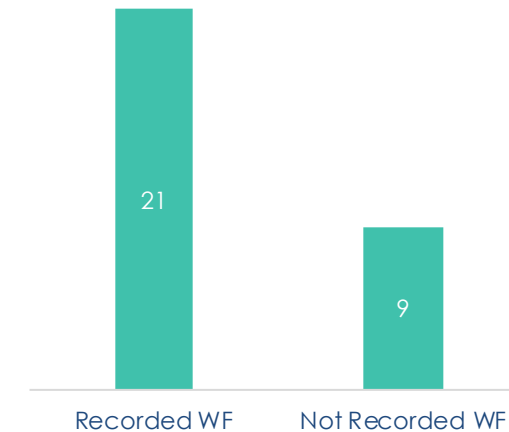
RECORDED WF



NUMBER OF RECORDED WF PER ATHLETE



OUTCOME OF 30 WF



# EDUCATION



# 2019 LEARNING ACTIVITY

## EVENT

### 2019 WORLD TAEKWONDO CHAMPIONSHIPS

Manchester, United Kingdom

May 18-20

## TYPE OF ACTIVITY

Booth at venue



- ✓ The outreach was delivered over the course of two days and saw the participation of athletes and their entourage (coaches, doctors...). A dedicated stand was made available in the training area in the corridor of the stadium and around 80 athletes and participants from all over the world were engaged in various educational initiatives. This outreach informed them about their rights and responsibilities with reference to Anti-Doping matters and provided them with the opportunity to reflect on the importance of "Saying no to Doping".
- ✓ Key topics like therapeutic use exemptions, athletes' whereabouts, doping control processes, risk of nutritional supplements, doping risks and its detrimental effects on human health animated the discussions. More than 100 leaflets, brochures and informational materials in 2 different languages were distributed to the competitors. Athletes had the opportunity to test and enhance their Anti-Doping knowledge through the online "Play True Quiz" developed by WADA. Aside from this, this outreach was also the occasion to present the collaboration between ITA and WT to the Taekwondo community.

# 2019 LEARNING ACTIVITY

- ✓ While the booth was close to the athletes, it was difficult to reach them because most were physically preparing for and mentally focusing on the competition. This observation was certainly reinforced because the outreach was held during the Final phases of the championships. For the future, we suggest planning the outreach at the beginning of the World Championships. This would also probably allow to reach more athletes.
- ✓ The position of the booth (the first day) was at the back of the narrow training area and did not foster interactions with a broader population. The relocation of the booth (the second day) at the front of this area was more appropriate. For the future, we suggest also to increase the mobility of the intervention by keeping more flexibility on site.
- ✓ The relative interest showing by the athletes for this information outreach is maybe due to their experiences, as senior elites' athletes, they are normally already informed about their rights and responsibilities related to Anti-Doping matters. Hence, providing outreaches for Youth or Junior athletes would be more relevant and particularly if one of the main purposes of the information outreach is to reduce the risk of inadvertent doping and preventing doping behaviours.
- ✓ Goodies could be useful to start an interaction with the athletes. Unfortunately, and when people are uniquely interested by goodies, it has been difficult to sustain interactions on other topics.





# FINANCIAL REPORT

# THIRD PARTY VARIABLE COST (TPVC) BALANCE

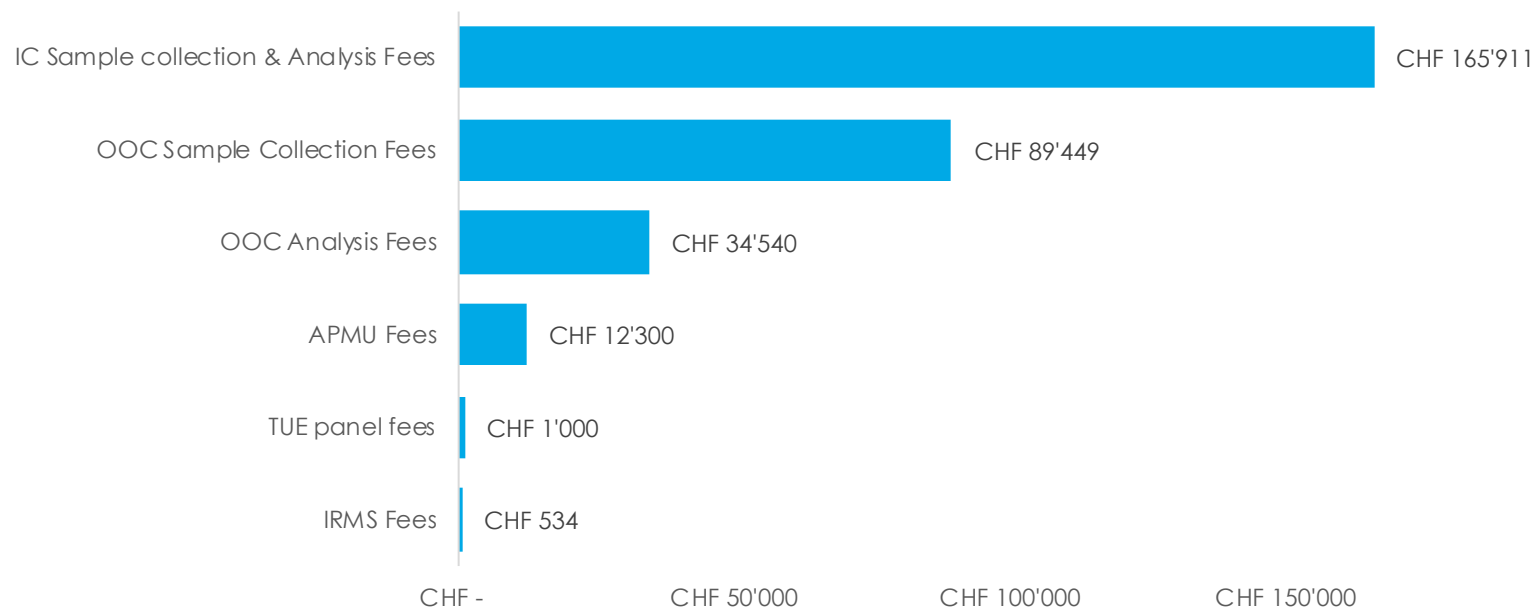
JAN-DEC 2019



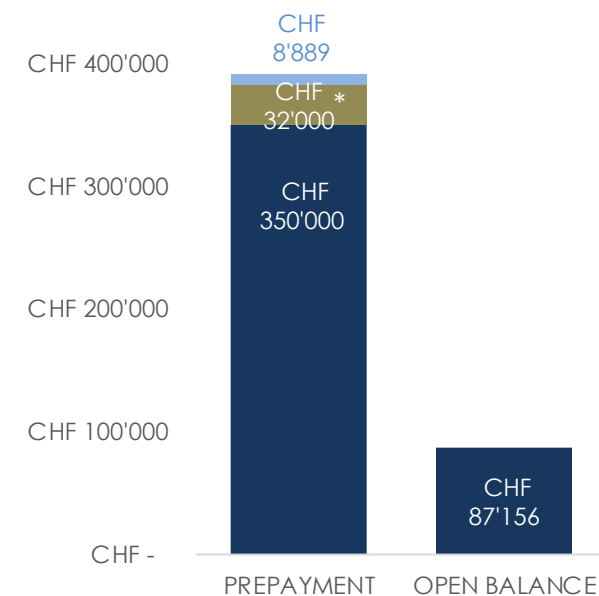
BUDGET: **CHF 350'000** paid in 4 instalments

The charts below summarize all incurred third-party costs related to Anti-Doping activities in CHF as well as all prepayments and additional payments throughout the year with its remaining balance.

TYPE OF COST [in CHF]



TPVC BALANCE [in CHF]



■ Prepayment ■ Additional ■ 2018 Balance

\* World Taekwondo Championship  
15-19 May 2019 - Manchester, UK

# GLOSSARY



<b>AAF</b>	Adverse Analytical Finding
<b>ABP</b>	Athlete Blood Passport
<b>ADRV</b>	Anti-Doping Rule Violation
<b>APMU</b>	Athlete Passport Management Unit
<b>ATF</b>	Atypical Finding
<b>ESA</b>	Erythropoiesis-stimulating agents
<b>GRHF</b>	Growth Hormone Releasing Factors
<b>hGH</b>	Human Growth Hormone
<b>IC</b>	In-Competition Testing
<b>IRMS</b>	Isotope-ratio mass spectrometry
<b>ISTI</b>	WADA International Standard for Testing and Investigations
<b>OOC</b>	Out-Of-Competition Testing
<b>RTP</b>	Registered Testing Pool
<b>TDSSA</b>	Technical Document for Sport Specific Analysis
<b>TP</b>	Testing Pool
<b>TPVC</b>	Third-Party Variable Costs
<b>TUE</b>	Therapeutic Use Exemption