

# PAULA REMÍREZ RUIZ

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## Contatct:

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## 6th Kukkiwon DAN

Kyrougi: IR 068-0041

Poomsae: IR 025-001

## Education:

Master Degree in Mobile application Development

Master degree in teaching skills.

## Professional Career

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- Computer engineer and Emergency Medical Technician (EMT).
- High School Teacher in computer training since 2010.
- Expertise on e-Learning Education since 2015. Responsible of the e-Learning program at the Integrated Polytechnic Center in Estella since 2015 (Navarra, Spain)
- Head of IT department at the at the Integrated Polytechnic Center in Estella from 2016 to 2018.
- Member of the educational programs of the sports department of the Government of Navarra (Spain)
- World Taekwondo (WT) Educator & Technical Delegate (TD) since 2020.

## Sports career

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National Kyrougi and Poomsae Referee since 2002, IR Kyrougi since 2012 (Sofia, Bulgaria) and IR Poomsae since 2016 (Boon, Germany)

Sports trainer level 3 and National taekwondo coach. Member of the Navarre Sports Council since 2018 (Navarre, Spain)

### International Kyrougi Referee in several international competitions, including:

- 32th Summer Olympic Games - Tokyo Olympic Games 2020
- World Senior Championships 2017 and 2019
- 30th Summer Universiade 2018
- Final Grand Prix 2017, 2018 and 2019
- Youth Olympic Games 2018
- World Junior Championships 2018
- Final Grand Slam 2018
- World Para Championships 2017
- Islamic Solidarity Games 2017
- Word Taekwondo Teams Championships 2017

## Awards

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Best Referee Award 2019 of Navarra's Government (Spain)

Poomsae player and medallist in many national and international competition

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