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#### LOOK FOR US!

Website:

[www.worldtaekwondo.org](http://www.worldtaekwondo.org)

Social media:

 [worldtaekwondo1](https://www.facebook.com/worldtaekwondo1)

 [worldtaekwondo.pr](https://www.instagram.com/worldtaekwondo.pr)

 [worldtaekwondo1](https://twitter.com/worldtaekwondo1)

 [worldtaekwondo](https://www.youtube.com/worldtaekwondo)

August 25, 2021

Presidents and Secretaries General,  
Member National Associations

### ONLINE 2021 WORLD TAEKWONDO POOMSAE OPEN CHALLENGE III (OUTLINE, INVITATION)

Dear Taekwondo family,

Exactly six months ago, I informed you regarding the creation of the **Online World Taekwondo Poomsae Open Challenge**, as part of our ongoing efforts to combat the COVID-19 pandemic by promoting healthy and active lifestyles through sport.

The responses to the Open Challenge I in March involving families and juniors, and the Open Challenge II in June involving families, cadets, and refugees, have been overwhelmingly positive. More than 1,000 *Taekwondoin* participated; considering the categories and ongoing pandemic, this is a great result!

In this regard, it is my pleasure to invite the global Taekwondo family to participate in the **Online World Taekwondo Poomsae Open Challenge III** to be held **from September 27<sup>th</sup> to October 31<sup>st</sup>**.

I look forward to the participation of families and seniors in this edition. Unfortunately, we are not able to organise for the Para Taekwondo category this time. Nonetheless, please be assured that World Taekwondo will do our best to organise for our Para Taekwondo athletes and *Taekwondoin* soon.

Thank you and I look forward to your active participation, Take care and stay safe!

Sincerely yours,

  
Chungwon Choue  
President

# OUTLINE

## Online 2021 World Taekwondo Poomsae Open Challenge III

### 1 Promoter & Organizer: World Taekwondo (President: Dr. Chungwon Choue)

Address: Booyoung Taepyung Building 10th Floor, 55, Sejong-daero, Jung-gu, Seoul, Korea (04513)  
Telephone: (82.2) 566 2505 / 557 5446  
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E-mail: [onlinepoomsae@worldtaekwondo.org](mailto:onlinepoomsae@worldtaekwondo.org) (Sport & Event Management Department)  
Website: [www.worldtaekwondo.org](http://www.worldtaekwondo.org)

### 2 Date: September 27 - October 31, 2021

\* Head of Team Meeting: September 25, 2021 (21:00 Korean Standard Time)

### 3 Online platform Supplier: Taekwonsoft

\* WT Recognized Poomsae Scoring System Company

### 4 Competition Methods

#### 1) National Team Category

##### a. Individual

- Recognized Poomsae / FreeStyle Poomsae
- Open to only National Team Members
- Senior - Recognized Poomsae (Under 30, Under 40, Under 50, Under 60, Under 65, and Over 65)
- Senior - Freestyle Poomsae (Over 17)
- Pre-recorded formats will be used

#### 2) Open Category

##### a. Individual

- Recognized Poomsae
- Open to All
- Senior (Under 30)
- Senior (Under 40)
- Senior (Under 50)
- Senior (Under 60)
- Senior (Under 65)
- Senior (Under 70)
- Senior (Over 70)
- Pre-recorded formats will be used.

##### b. Pair & Team

- Recognized Poomsae
- Open to All
- All age groups among family members
- Family Pair (6 divisions)  
: Sibling / Couple / Father + Daughter / Father + Son / Mother + Daughter / Mother + Son
- Family Team A (3 Family members, 2 Generations)
- Family Team B (3 Family members, 3 Generations)
- Pre-recorded formats will be used

## 5 Qualifications of contestants:

### 1) National Team Category (Only Senior)

In accordance with Article 4: Qualification of Contestant of the WT Poomsae Competition Rules, the contestant must meet all following requirements:

- 5.1 Holder of nationality of the participating team
- 5.2 Recommended by the national taekwondo association of the WT
- 5.3 Holder of the Kukkiwon Poom or Dan certificate
- 5.4 Holder of WT Global Athlete License (GAL). Any questions on the WT GAL please contact your assigned WT GMS Manager
- 5.5 Athlete aged 18 or over (Born before January 1, 2004)

*\* Poomsae competition uniform: All contestants must wear WT-approved Poomsae competition uniform in accordance with the Article 4.2 of the WT Poomsae Competition Rules. The latest version of WT-recognized manufacturers' list is available at the website of WT (<http://www.worldtaekwondo.org/wtpartners-wt/recognize.html>)*

### 2) Open Category

Open to all for Senior, Family Pair & Team. The contestant must meet all following requirements:

**\*\* Junior athlete who participated in the National Team Category in Open Challenge I cannot participate in the Family Open Category in any Open Challenge Series.**

**\*\*Cadet athlete who participated in the National Team Category in Open Challenge II cannot participate in the Family Open Category in any Open Challenge Series.**

- 5.6 For Senior
  - Holder of the Kukkiwon Poom or Dan certificate
  - Senior: 18 or older (Born before January 1, 2004)
- 5.7 For Family Pair: Family Members Only
  - : Sibling / Couple
    - ➔ All belt: At least one player must be **4<sup>th</sup> geup/Blue Belt** or higher belt holder
    - ➔ Must be composed of same generation of family member regardless of gender
  - : Father + Son / Father + Daughter / Mother + Son / Mother + Daughter
    - ➔ All belt: At least one player must be **4<sup>th</sup> geup/ Blue Belt** or higher belt holder
    - ➔ Must be composed of two generations of direct family member regardless of gender
- 5.8 For Family Team A: 3 Family Members of 2 generations
  - ➔ All belt: at least one player must be **4<sup>th</sup> geup/ Blue Belt** or higher belt holder
  - ➔ Must be composed of at least two generations of direct family regardless of gender
- 5.9 For Family Team B: 3 Family Members of 3 generations
  - ➔ All belt: at least one player must be **4<sup>th</sup> geup/ Blue Belt** or higher belt holder
  - ➔ Must be composed of three generations of direct family regardless of gender

*\* The age limits for the each division is based on the year, not on the date, when the Online Poomsae Open Challenges are held. For example, in Senior division, contestants shall be 18 years or older. In this regard, contestants born before 1 January 2004 are eligible to participate in this division.*

*\* Poomsae competition uniform: All contestants may wear WT-approved Poomsae competition uniform. If contestants don't have WT-approved Poomsae competition uniform, contestants are able to wear any white colored uniform with the logo covered. (\* allow the Dojang or Club logo)*

## 6 Classification of Competition

### 1) National Team

Recognized Poomsae Competition (2)	Free Style Poomsae Competition (2)
<b>Male &amp; Female Individual</b> Under 30 Under 40 Under 50 Under 60 Under 65 Over 65	<b>Male &amp; Female Individual</b> Over 17

### 2) Open

Recognized Poomsae Competition (20)	Free Style Poomsae Competition
<b>Male &amp; Female Individual</b> Under 30 Under 40 Under 50 Under 60 Under 65 Under 70 Over 70  <b>Family Pair (6 divisions)</b> * Sibling * Couple * Father + Daughter * Father + Son * Mother + Daughter * Mother + Son  <b>Family Team A</b> (3 Family Members, 2 Generations) <b>Family Team B</b> (3 Family Members, 3 Generations)	None

## 7 Competition Rules:

- 1) WT Poomsae Competition Rules in force as of May 14, 2019 shall apply.
- 2) Applied Online Scoring Criteria
  - ➔ Regarding the deduction criteria, please refer to the guideline of Online 2021 World Taekwondo Poomsae Open Challenge III on WT website.
  - ➔ Any edited video will be disqualified.
  - ➔ Any violation of the guidelines on recording and procedures provided by the WT will result in disqualification.
  - ➔ The recorded videos should be recorded **separately** 1<sup>st</sup> Poomsae and 2<sup>nd</sup> Poomsae. Each recorded Poomsae video must be uploaded on the WT competition official platform (<http://www.onlinepoomsae.com/>) to match the 1<sup>st</sup> Poomsae and 2<sup>nd</sup> Poomsae.

## 8 Duration of Contest

- 8.1 Recognized Poomsae  
 : Individual, Pair & Team competitions up to 90 seconds.  
 : The recorded videos should be recorded **separately** 1<sup>st</sup> Poomsae and 2<sup>nd</sup> Poomsae.

- 8.2 FreeStyle Poomsae  
 : Individual competitions from **90 seconds to 100 seconds.**

## 9 Method of Competition:

## 1) National Team

### Recognized Poomsae Competition

- Two (2) Poomsae from designated Compulsory Poomsae will be decided by TD for each division must be performed for all competitions.

- In the preliminaries, semi-final and final, the referee will judge the uploaded video of the player and stream the **pre-recorded video** according to schedule.

#### **Cut-off system:**

1) **Preliminaries:** In case twenty (20) or more contestants are participating, the competition shall start from preliminary round with division of groups. After uploading two (2) assigned Compulsory Poomsae, the top half of each group shall advance to semi-final based on the points.

**- Contestants' Poomsae video clip must be uploaded during from September 27 to October 1**

2) **Semi-final:** In case nine (9) to nineteen (19) contestants are participating, competition shall start from semi-final. Contestants shall upload two (2) assigned Compulsory Poomsae and top eight (8) of them shall advance to final based on the points.

**- Contestants' Poomsae video clip must be uploaded during from October 12 to 15**

3) **Final:** When eight (8) or less contestants are participating, competition shall start from final round. Contestants shall be performed two (2) assigned Compulsory and top four (4) contestants shall be awarded based on the points. Bronze medals shall be given to the 3rd and the 4th contestants.

**- Contestants' Poomsae video clip must be uploaded during from October 24 to 26**

### Free Style Poomsae Competition

- One (1) Free Style Poomsae will be performed with following guidelines:

- Yeon-mu line shall choice of contestant

- Performed techniques must be within boundary of taekwondo.

- The definition of taekwondo techniques shall be determined by WT Poomsae Committee, when contestant submits performance plan of Free Style Poomsae.

- In the preliminaries and semi-final and final, the referee will judge the uploaded video of the player and stream the **pre-recorded video** according to schedule.

**- Required to use the non-copyright music for performance of Free Style Poomsae**

#### **Cut-off system:**

1) **Preliminaries:** In case twenty (20) or more contestants are participating, the competition shall start from preliminary round with division of groups. After uploading one (1) Free Style Poomsae video, the top half of each group shall advance to semi-final based on the points.

**- Contestants' Poomsae video clip must be uploaded during from September 27 to October 1**

2) **Semi-final:** In case nine (9) to nineteen (19) contestants are participating, competition shall start from semi-final. Contestants shall upload one (1) Free Style Poomsae video and top eight (8) of them shall advance to final based on the points.

**- Contestants' Poomsae video clip must be uploaded during from October 12 to 15**

3) **Final:** When eight (8) or less contestants are participating, competition shall start from final round and top four (4) contestants shall be awarded based on the points. Bronze medals shall be given to the 3rd and the 4th contestants

**- Contestants' Poomsae video clip must be uploaded during from October 24 to 26**

**To prevent injury to athletes, only freestyle Poomsae may upload the same video in the preliminary, semi-final and final rounds. The registration number must also be one of the numbers for the preliminary, semi-final or final rounds of the participating athletes.**

## 2) Open

### Recognized Poomsae Competition

- Contestants for Family Pair, Family Teams and Para shall select 2 Compulsory Poomsae between Taegeuk 1 and Hansu.

- Contestants for Senior division shall be designated Two (2) Poomsae decided by TD for each division.

- In the Preliminaries, Semi-final and final, the referee will judge the uploaded video of the player and stream the **pre-recorded video** according to schedule.

#### **Cut-off system:**

**1) Preliminaries:** In case twenty (20) or more contestants are participating, the competition shall start from preliminary round with division of groups. After uploading two (2) assigned Compulsory Poomsae, the top half of each group shall advance to semi-final based on the points.

**- Contestants' Poomsae video clip must be uploaded during from September 27 to October 1**

**2) Semi-final:** In case nine (9) to nineteen (19) contestants are participating, competition shall start from semi-final. Contestants shall upload two (2) assigned Compulsory Poomsae and top eight (8) of them shall advance to final based on the points.

**- Contestants' Poomsae video clip must be uploaded during from October 12 to 15**

**3) Final:** When eight (8) or less contestants for individual (or pairs/teams) are participating, competition shall start from final round. Contestants shall upload two (2) assigned Compulsory Poomsae videos and top four (4) contestants/pairs/teams shall be awarded based on the points. Bronze medals shall be given to the 3rd and the 4th contestants.

**- Contestants' Poomsae video clip must be uploaded during from October 24 to 26**

## 10 Entry

### 1) National Team

10.1 Team Entry: No. of officials (Not mandatory for registration) and No. of contestants

Officials	Members		Remarks
	Max. No. of Members Male	Max. No. of Members Female	
Head of Team	1		
Coach	1	1	

Athletes		Under 30 (18-30)	Under 40 (31-40)	Under 50 (41-50)	Under 60 (51-60)	Under 65 (61-65)	Over 65 (66+)	Total
Recognized Poomsae	Individual Male	1	1	1	1	1	1	6
	Individual Female	1	1	1	1	1	1	6
Athletes		Senior (Over 17)						Total
Free Style Poomsae	Individual Male	1						1
	Individual Female	1						1
Total		14						

### 2) WT Open

10.2 Team Entry: No. of contestants

Division	Gender	Ages	Composition	Poomsae
Individual (14)	Male	Senior	<b>Senior (Under 30)</b> * No limit number of participants by MNA	Two (2) assigned Compulsory Poomsae
	Female			
	Male		<b>Senior (Under 40)</b> * No limit number of participants by MNA	
	Female			
	Male		<b>Senior (Under 50)</b> * No limit number of participants by MNA	
	Female			
	Male		<b>Senior (Under 60)</b> * No limit number of participants by MNA	
	Female			
	Male		<b>Senior (Under 65)</b> * No limit number of participants by MNA	
	Female			
	Male		<b>Senior (Under 70)</b> * No limit number of participants by MNA	
	Female			
	Male		<b>Senior (Over 70)</b> * No limit number of participants by MNA	
	Female			

Division	Gender	Ages	Composition	Poomsae
Family pair (6)	Sibling/ Couple/ Father +Daughter Father +Son/ Mother +Daughter/ Mother +Son/	All ages	<ul style="list-style-type: none"> <li>- Two (2) family members (Sibling and Couple / Same generation)</li> <li>- Two (2) generations of direct family members regardless of gender</li> <li>- All belt: At least one player must be <b>4th geup</b> (Blue Belt) or higher belt holder</li> </ul>	Select two (2) among <ul style="list-style-type: none"> <li>- Taegeuk 1,2,3,4,5,6, 7,8 Jang,</li> <li>- Koryo, Keumgang, Taeback Pyongwon</li> <li>- Shipjin, Jitae, Chonkwon, Hansu</li> </ul> <p><b>*Two(2) selected Poomsae should be different.</b></p>

Division	Gender	Ages	Composition	Poomsae
Team (2)	Family Team-A	All ages	<ul style="list-style-type: none"> <li>- Three (3) Family members and</li> <li>- Two (2) generations of direct family members regardless of gender and</li> <li>- All belt: At least one player must be <b>4th geup</b> (Blue Belt) or higher belt holder</li> <li>- Any combination of Grand Father or Grand Mother or Father or Mother or Son or Daughter or Grand Son or Grand Daughter</li> </ul>	Select two (2) among  <ul style="list-style-type: none"> <li>- Taegeuk 1,2,3,4,5,6, 7,8 Jang,</li> <li>- Koryo, Keumgang, Taeback, Pyongwon</li> <li>- Shipjin, Jitae, Chonkwon, Hansu</li> </ul>
	Family Team-B	All ages	<ul style="list-style-type: none"> <li>- Three (3) Family members and</li> <li>- Three (3) generations of direct family members regardless of gender and</li> <li>- All belt: At least one player must be <b>4th geup</b> (Blue Belt) or higher belt holder</li> <li>- Any three generation of combination of Grand Father or Grand Mother or Father or Mother or Son or Daughter or Grand Son or Grand Daughter</li> </ul>	*Two(2) selected Poomsae should be different.

### 10.3 WT Global License & Online Registration

**Contestants and Team officials participating in the National Team** must first be registered with a WT Global Athlete License (GAL) or Global Official License (GOL).

National Team Entry will only be accepted through the WT online registration system (<https://worldtkd.simplycompete.com>) and registration is only possible with a valid WT Global License. National Team GMS admins will be notified via email once online registration is open.

For **contestants participating in the Open** will not be required to register WT Global Athlete License (GAL) temporarily in an online competition.

Open Entry will only be accepted through the <http://www.onlinepoomsae.com/>

Please check the detailed event information as below GMS events site. All of participants are able to check through GMS for detailed information on how to register:  
<https://worldtkd.simplycompete.com/events>

### 10.4 ENTRY FEES

Entry fee shall be various according to the timing and situation of the submission of entry. Please read carefully the following guidelines.

Registration period will begin on 30<sup>th</sup> August, 2021, 17:00 Local Swiss Time

Registration period will end on 23<sup>rd</sup> September 2021, 17:00 Local Swiss Time

**\* Entry deadline: 23 September 2021, 17:00 Local Swiss Time**

**For National Team – REGISTRATION FEES:** <https://worldtkd.simplycompete.com/events>

- Individual Male/Female - US\$50 per athlete

**For Open - REGISTRATION FEES:** <http://www.onlinepoomsae.com/>

- Senior – US \$30 per athlete

- Family Pair – US\$40 per pair

- Family Team – US\$50 per team

Entry fee can only be paid through the online payment system provided by the WT, not allowed by bank account transfer.



## 11 List of Poomsae to be performed:

### - Designated Compulsory Poomsae

Two (2) Poomsae from designated Compulsory Poomsae decided for each division must be performed for all the preliminarily, semi-final and final rounds for all competitions except Family Pair & Team. **Compulsory Poomsae to be assigned for each division shall be decided at the time of drawing of lots by Technical Delegate in Head of Team Meeting and it will be uploaded in WT website.**

Competition	Division	Compulsory Poomsae
<b>(Senior Division)</b> Individual For National Team	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taeback Pyongwon, Shipjin
	Under 40	
	Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
	Under 60	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	Under 65	
	Over 65	
<b>(Senior Division)</b> Individual For Open	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taeback Pyongwon, Shipjin
	Under 40	
	Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
	Under 60	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	Under 65	
	Under 70	
	Over 70	

Competition	Division	Compulsory Poomsae
Family Pair	All ages	<b><u>Select 2 Poomsaes from below;</u></b> - Taegeuk 1,2,3, 4, 5, 6, 7, 8 Jang, - Koryo, Keumgang, Taeback Pyongwon - Shipjin, Jitae, Chonkwon, Hansu  * Two (2) selected Poomsae should be different.
Family Team (A, B)	All ages	

Competition	Division	Free Style Poomsae
Individual For National Team	Senior Division (Over 17)	Athletes shall perform Free style Poomsae based on taekwondo techniques with composition of music and choreography. Performed techniques must be within the boundary of taekwondo. The definition of taekwondo techniques shall be determined by WT Poomsae Committee when contestants submit performance plan of free-style Poomsae.

## 12 Award presentation:

### 12.1 Online Medals & Certificates:

- 1<sup>st</sup> place: Gold medal(s) and certificate(s)
- 2<sup>nd</sup> place: Silver medal(s) and certificate(s)
- 3<sup>rd</sup> place and 4<sup>th</sup> place: Bronze medal(s) and certificate(s)
- 5<sup>th</sup> place and below : Certificate of Participation(Printed in onlinepoomsae.com)

*\* TOP8 athletes automatically shall be invited to Open Challenge Final held in December*

*\*\* Certificates and medals will be sent to the MNA for national team athletes and will be sent to personal addresses for those competed in WT Open Category. Mailing may be delayed due to COVID-19 situation in each country, and it is expected to take up to one month.*

### 12.2 Participation online certificate: all participants

*\* Participation certificates can be printed directly from the official website at onlinepoomsae.com after the Open Challenge II.*

## 13 International Referees:

13.1 The WT will appoint the required number of Poomsae International Referees.

13.2 Appointed referee should attend IR training and meeting for online competition on designated day.

## 14 WT-recognized Poomsae Competition uniform:

14.1 Participating contestants must wear the WT-recognized Poomsae Competition uniform.

**\*National Team: All contestants should wear WT-approved Poomsae competition uniform.**

**\*WT Open: All contestants may wear WT-approved Poomsae competition uniform. If contestants don't have WT-approved Poomsae competition uniform, contestants are able to wear any white color uniform with the logo covered in only WT Poomsae Open Challenge Series (Dojang or Club logo is allowed).**

14.2 **Senior Division** (Under 30, Under 40, Under 50): White top with dark blue pants for males; white top with light blue pants for females.



14.3 **Master Division** (51yrs and older): Yellow top and dark blue pants for both male and female



**15 Head of Team Meeting and Drawing of Lots:**

The Head of Team Meeting and the Drawing of Lots session shall be conducted on **September 25<sup>th</sup>, 2021**, in the presence of the Technical Delegate, WT officials and the representatives of the participating nations by online. WT will send the zoom invitation link for the Head of Team Meeting to each MNAs (National Team Category) and athletes/managers (Open Category).

**16 Others**

Please refer to the detailed recording and deduction guideline as well as sample recording video clip in the WT official website

(<http://www.worldtaekwondo.org/competition/view.html?nid=137944&mcd=S03&sc=in>).

## Online 2021 World Taekwondo Poomsae Open Challenge III September 27 - October 31, 2021

### Event Schedule (Subject to Change)

Date & Time (Korean Standard GMT+9)		Event	Remarks
August 30 ~ September 23		Registration	
September 25	21:00	Head of team meeting & Drawing of lots	
September 27 October 1	00:00 23:59	[Preliminary] Video Clips Upload	5 days
October 2 October 4	00:00 23:59	[Preliminary] Scoring by WT International Referees	3 days
October 7 October 11	21:00 21:00	[Preliminary] Competition Results & Online Streaming	5 days
October 12 October 15	00:00 23:59	[Semi-Final] Video Clips Upload	4 days
October 16 October 17	00:00 23:59	[Semi-Final] Scoring by WT International Referees	2 days
October 20 October 23	21:00 21:00	[Semi-Final] Competition Results & Online Streaming	4 days
October 24 October 26	00:00 23:59	[Final] Video Clips Upload	3 days
October 27 October 28	00:00 23:59	[Final] Scoring by WT International Referees	2 days
October 30 October 31	21:00 21:00	[Final] Competition Results & Online Streaming	2 days

\* Competition Results and Online Streaming will be uploaded in World Taekwondo Website ([www.worldtaekwondo.org](http://www.worldtaekwondo.org)), YouTube channel (<https://www.youtube.com/user/worldtaekwondo>) and World Taekwondo Competition Official Platform ([www.onlinepoomsae.com](http://www.onlinepoomsae.com)).

\* Above event schedule follows **Korean Standard Time (GMT+9)**.