**[Official Letterhead of the Continental Union or Member National Association]**  
*(Including official logo and contact information)*

**Date:** [DD MMMM YYYY]

Subject: **Recommendation Letter for 2025 WT Poomsae MNA Workshop**

To Development & Education Department of World Taekwondo,

On behalf of the **[Full Name of the Continental Union or Member National Association]**, I am pleased to recommend the following individual(s) for participation in the **2025 WT Poomsae MNA Workshop,** scheduled to take place from **1 to 3 December 2025:**

1. **Full Name:** [Applicant Name]  
   **Date of Birth:** [DD/MM/YYYY]  
   **Gender:** [Male/Female]  
   **Nationality:** [Nationality]  
   **Technical Position:** [Affiliated with]  
   *[Repeat above format for additional applicant(s)] – Maximum of (2) persons*

We hereby confirm that the above-listed individual(s) are certified Poomsae Representative(s) of our National Association or Continental Union and are in good standing with the respective organization.

Should you require any further information, please do not hesitate to contact us.

Sincerely,  
[Signature of the CU/MNA President]

**[Full Name of the President]**  
[Title]  
[Continental Union/Member National Association Name]  
[Email Address]  
[Phone Number]  
[Stamp/Seal of the Association]