

2020 Taekwondowon Poomsae Training Camp

Taekwondo Promotion Foundation(TPF) would like to invite Taekwondo national teams to the 『2020 Taekwondowon Poomsae Training Camp』. This camp is aimed at the high achievement for 「HERNING 2020 WORLD TAEKWONDO POOMSAE CHAMPIONSHIPS」.

1. OUTLINE

A. Event: 2020 Taekwondowon Poomsae Training Camp

B. Period: March 7 ~ 20, 2020 / 13N 14D

(Check-In: March 7, 2020 / Check-Out: March 20, 2020)

C. Venue: Taekwondowon(Muju) / WT Central Training Center

D. Qualification of Participants: Taekwondo national team members participating in the 「HERNING 2020 WORLD TAEKWONDO POOMSAE CHAMPIONSHIPS」

1) 1 Coach(obligatory) and 4 Athletes of Recognized Poomsae (maximum) per Member National Association

2) Coach and athletes without any reason for disqualification in entering Rep. of Korea

※ TPF cannot guarantee entry into Republic of Korea. It is the responsibility of each athletes and MNA to apply for and secure the correct entry visa for Republic of Korea.

E. Total camp capacity: 40 people

2. CONTENTS

A. Orientation

B. Welcome and farewell ceremony

C. Taekwondo professional training program

3. CONDITIONS FOR PARTICIPANTS

A. Participants are responsible for their own round-trip airfares while the expenses for room and board will be covered by TPF.

* TPF does not cover the individual insurance of participants. If participation is confirmed later, participants must submit the certificate of individual insurance after signing up for insurance.

B. Participants must be recommended by MNA president.

4. TRANSPORTATION(Airport to Taekwondowon)

A. Airport shuttle bus service will be provided for participants free of charge by TPF.

5. APPLICATION

A. Deadline for application: by no later than February 7, 2020.

B. Fill in the camp application form and submit it to the TPF by e-mail to pilsun2028@tpf.or.kr

※ The recruitment follows the internal selection procedure.

C. Result Announcement: February 14, 2020 / By Representative`s e-mail

D. Inquiry: Lee Seung-jun / Manager / Department of Promotion / TPF

1) Tel: (+82)-63-320-0074

2) E-mail: pilsun2028@tpf.or.kr

6. SCHEDULE FOR TRAINING CAMP

SECTION	MORNING	AFTER-NOON	NIGHT
Mar. 7 (Sat)	Arrival & Move to Taekwondowon		
Mar. 8 (Sun)	Orientation & Welcoming Ceremony	Taekwondowon Tour	Self-Training
Mar. 9 (Mon)	Joint-Training		Self-Training
Mar. 10 (Tue)	Improving on Basic skills of Poomsae Class		Welcome Reception dinner
Mar. 11 (Wed)	Athlete Training by nation		Self-Training
Mar. 12 (Thu)	Athlete Training by nation		Self-Training
Mar. 13 (Fri)	Athlete Training by nation		Tea party
Mar. 14 (Sat)	Improving on High-Level skills of Poomsae Class		Self-Training
Mar. 15 (Sun)	'Self-Training' or 'Experiencing Korean Culture(Healing Program)'		Self-Training
Mar. 16 (Mon)	Athlete Training by nation		Self-Training
Mar. 17 (Tue)	Mental Reinforcement Training Class		Tea party
Mar. 18 (Wed)	Athlete Training by nation		Self-Training
Mar. 19 (Thu)	Athlete Training by nation	Completion Ceremony	farawell Reception dinner
Mar. 20 (Fri)	Move to Incheon International Airport		

※ The above schedule may change according to circumstances.