

| Country Name | NOC Code | Continent | MNA Name | Affiliated | Membership Tier | GMS Holders | Kukkiwon Dan Holders |
|----------------------------------|----------|-----------|---|------------|----------------------------|-------------|----------------------|
| AFGHANISTAN | AFG | Asia | Afghanistan National Taekwondo Federation (ANTF) | 1993 | Tier III | 78 | 1,923 |
| ALBANIA | ALB | Europe | Albanian Taekwondo Federation | 1995 | Tier III | 58 | 414 |
| ALGERIA | ALG | Africa | Algerian Taekwondo Federation | 2004 | Tier I | 31 | 931 |
| AMERICAN SAMOA | ASA | Oceania | American Samoa Taekwondo Federation | 2007 | Tier I | 0 | 86 |
| ANDORRA | AND | Europe | Federació Andorrana de Taekwondo | 1987 | Tier I | 10 | 150 |
| ANGOLA | ANG | Africa | Federação Angolana de Taekwondo | 2001 | Tier I | 0 | 114 |
| ANTIGUA AND BARBUDA | ANT | Pan Am | Antigua & Barbuda Taekwondo Federation | 1998 | Tier II | 2 | No information |
| ARGENTINA | ARG | Pan Am | Confederación Argentina de Taekwondo | 1976 | Tier I | 612 | 5,044 |
| ARMENIA | ARM | Europe | Armenian Taekwondo Federation | 1996 | Tier III | 33 | 466 |
| ARUBA | ARU | Pan Am | Aruba Taekwondo Association | 1992 | Tier II | 22 | 251 |
| AUSTRALIA | AUS | Oceania | Sports Taekwondo Australia (STA) | 1975 | Tier I | 545 | 34,160 |
| AUSTRIA | AUT | Europe | Austrian Taekwondo Federation | 1973 | Tier I | 175 | 3,575 |
| AZERBAIJAN | AZE | Europe | Azerbaijan Taekwondo Federation | 1995 | Tier I | 130 | 1,507 |
| BAHAMAS | BAH | Pan Am | Bahamas Taekwondo Federation | 1997 | Tier I | 0 | 10 |
| BAHRAIN | BRN | Asia | Bahrain Taekwondo Federation | 1977 | Tier I | 86 | 1,648 |
| BANGLADESH | BAN | Asia | Bangladesh Taekwondo Federation | 1999 | Tier II | 40 | 1,454 |
| BARBADOS | BAR | Pan Am | Barbados Taekwondo Association | 1986 | Tier II | 4 | 45 |
| BELARUS | BLR | Europe | Belarusian Republican Taekwondo Federation | 1992 | Tier I | 131 | 807 |
| BELGIUM | BEL | Europe | Belgian Taekwondo Federation | 1975 | Tier I | 141 | 2,960 |
| BELIZE | BIZ | Pan Am | Belize Taekwondo Federation | 1997 | Tier III | 0 | 1 |
| BENIN | BEN | Africa | Fédération Béninoise de Taekwondo | 1978 | Tier III | 17 | 276 |
| BERMUDA | BER | Pan Am | Bermuda Taekwondo Association | 1983 | Tier I | 0 | 32 |
| BHUTAN | BHU | Asia | Bhutan Taekwondo Federation | 1985 | Tier III | 11 | 759 |
| BOLIVIA | BOL | Pan Am | Federación Boliviana de Taekwondo | 1977 | Tier II | 45 | 1,541 |
| BOSNIA AND HERZEGOVINA | BIH | Europe | Taekwondo Federation of Bosnia and Herzegovina | 1993 | Tier III | 134 | 987 |
| BOTSWANA | BOT | Africa | Botswana Olympic Taekwondo Association | 2012 | Tier II | 181 | 59 |
| BRAZIL | BRA | Pan Am | Confederação Brasileira de Taekwondo (CBTKD) | 1975 | Tier I | 326 | 6,510 |
| BRUNEI DARUSSALAM | BRU | Asia | Brunei Darussalam State Taekwondo Association | 1973 | Tier I | 1 | 331 |
| BULGARIA | BUL | Europe | Bulgarian Taekwondo Federation | 1990 | Tier I | 1,429 | 585 |
| BURKINA FASO | BUR | Africa | Fédération Burkinabé de Taekwondo | 1981 | Tier III | 6 | 325 |
| BURUNDI | BDI | Africa | Fédération Burundaise de Taekwondo | 2010 | Tier III | 719 | 15 |
| CAMBODIA | CAM | Asia | Cambodian Taekwondo Federation | 1995 | Tier III | 31 | 1,312 |
| CAMEROON | CMR | Africa | Fédération Camerounaise de Taekwondo | 2002 | Tier III | 32 | 345 |
| CANADA | CAN | Pan Am | Taekwondo Canada | 1975 | Tier I | 452 | 53,095 |
| CAPE VERDE | CPV | Africa | Associação de Taekwondo de Cabo-Verde | 2000 | Tier III | 7 | 1 |
| CAYMAN ISLANDS | CAY | Pan Am | Cayaman Islands Taekwondo Federation | 1989 | Tier I | 0 | 25 |
| CENTRAL AFRICAN REPUBLIC | CAF | Africa | Fédération Centrafricaine de Taekwondo (FCTKD) | 1999 | Tier III | 39 | 43 |
| CHAD | CHA | Africa | Fédération Tchadienne de Taekwondo | 2000 | Tier III | 43 | 159 |
| CHILE | CHI | Pan Am | Federación Chilena de Taekwondo | 1989 | Tier I | 270 | 4,288 |
| CHINESE TAIPEI | TPE | Asia | Chinese Taipei Taekwondo Association | 1974 | Tier I | 211 | 115,628 |
| COLOMBIA | COL | Pan Am | Federación Colombiana de Taekwondo | 1976 | Tier I | 123 | 2,868 |
| COMOROS | COM | Africa | Fédération Comorienne de Taekwondo | 2003 | Tier III | 0 | 31 |
| CONGO | CGO | Africa | Fédération Congolaise de Taekwondo | 1993 | Tier III | 1 | 153 |
| COOK ISLANDS | COK | Oceania | Cook Islands Taekwondo Federation | 2011 | Tier II | 0 | No information |
| COSTA RICA | CRC | Pan Am | Federación Costarricense de Taekwondo | 1984 | Tier I | 120 | 1,265 |
| COTE D'IVOIRE | CIV | Africa | Fédération Ivoirienne de Taekwondo (FITKD) | 1975 | Tier II | 68 | 113 |
| CROATIA | CRO | Europe | Croatian Taekwondo Federation | 1992 | Tier I | 1,665 | 3,362 |
| CUBA | CUB | Pan Am | Federación Cubana de Taekwondo | 1993 | Tier I | 63 | 101 |
| CURACAO | CAO | Pan Am | Curacao Taekwondo Federation | 2012 | Tier II (Associate Member) | 0 | 448 |
| CYPRUS | CYP | Europe | Cyprus Judo Taekwondo Federation | 1982 | Tier I | 266 | 2,275 |
| CZECH REPUBLIC | CZE | Europe | Czech Taekwondo Federation WTF | 1995 | Tier I | 277 | 391 |
| DEMOCRATIC REPUBLIC OF THE CONGO | COD | Africa | Fédération Congolaise de Taekwondo (RDC) | 2005 | Tier III | 42 | 149 |
| DENMARK | DEN | Europe | Danish Taekwondo Federation | 1975 | Tier I | 215 | 4,600 |
| DJIBOUTI | DJI | Africa | FEDERATION DJIBOUTIENNE DE TAEKWONDO | 2016 | Tier III | 9 | 10 |
| DOMINICAN REPUBLIC | DOM | Pan Am | Federación Dominicana de Taekwondo | 1983 | Tier I | 72 | 586 |
| DOMINIQUE | DMA | Pan Am | Dominica Taekwondo Association | 1999 | Tier III | 0 | 316 |
| ECUADOR | ECU | Pan Am | Federación Ecuatoriana de Taekwondo | 1973 | Tier I | 92 | 1,433 |
| EGYPT | EGY | Africa | The Egyptian Taekwondo Federation | 1979 | Tier I | 8,895 | 3,283 |
| EL SALVADOR | ESA | Pan Am | Federación Salvadoreña de TaeKwondo | 1987 | Tier II | 169 | 684 |
| EQUATORIAL GUINEA | GEQ | Africa | Federación Ecuatlgvineana de Taekwondo | 1997 | Tier II | 0 | 10 |
| ESTONIA | EST | Europe | Estonian Taekwondo WTF Federation | 1998 | Tier I | 36 | 99 |
| ESWATINI | SWZ | Africa | Swaziland Taekwondo Association | 1985 | Tier III | 4 | 82 |
| ETHIOPIA | ETH | Africa | Ethiopian Taekwondo Federation | 2003 | Tier II | 23 | 5,448 |
| FAROE ISLANDS | | Europe | Faroe Islands Taekwondo Federation | 2019 | Tier II (Associate Member) | 0 | No information |
| FEDERATED STATES OF MICRONESIA | FSM | Oceania | Federated States of Micronesia Taekwondo Association | 2011 | Tier III | 0 | 1 |
| FIJI | FJI | Oceania | Fiji Taekwondo Association | 1983 | Tier III | 8 | 272 |
| FINLAND | FIN | Europe | The Finnish Taekwondo Federation | 1979 | Tier I | 182 | 1,458 |
| FRANCE | FRA | Europe | Federation Francaise de Taekwondo et Disciplines Associes (FFTDA) | 1975 | Tier I | 600 | 13,633 |
| FRENCH GUIANA | FGT | Pan Am | French Guiana Taekwondo League | 2016 | Tier II (Associate Member) | 23 | No information |
| FRENCH POLYNESIA | FPO | Oceania | Fédération Tahitienne de Taekwondo et Disciplines Associées | 1975 | Tier II | 25 | 515 |
| GABON | GAB | Africa | Fédération Gabonaise de Taekwondo | 1978 | Tier II | 28 | 383 |
| GAMBIA | GAM | Africa | Gambia Taekwondo Association | 2007 | Tier III | 0 | 43 |
| GEORGIA | GEO | Europe | The Georgian Taekwondo Federation | 1995 | Tier II | 12 | No information |
| GERMANY | GER | Europe | German Taekwondo Federation | 1973 | Tier I | 791 | 26,865 |
| GHANA | GHA | Africa | Ghana Taekwondo Association | 1981 | Tier II | 31 | 760 |
| GREAT BRITAIN | GBR | Europe | British Taekwondo | 1977 | Tier I | 875 | 16,006 |
| GREECE | GRE | Europe | Hellenique Taekwondo Federation | 1985 | Tier I | 4,153 | 8,137 |
| GRENADA | GRN | Pan Am | Grenada Taekwondo Association | 1995 | Tier III | 0 | 1 |
| GUADELOUPE | GDL | Pan Am | Ligue Taekwondo Guadeloupe | 2011 | Tier II (Associate Member) | 20 | No information |
| GUAM | GUM | Oceania | Guam Taekwondo Federation | 1975 | Tier I | 9 | 285 |

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| GUATEMALA | GUA | Pan Am | Federación Nacional de Taekwondo de Guatemala | 1991 | Tier I | 6 | 548 |
| GUINEA | GUI | Africa | Federation Guineenne de Taekwondo | 2001 | Tier III | 0 | 83 |
| GUINEA-BISSAU | GBS | Africa | FEDERAÇÃO DE TAEKWONDO DA GUINÉ-BISSAU | 2017 | Tier III | 0 | No information |
| GUYANA | GUY | Pan Am | The Guyana Taekwondo Association | 1995 | Tier III | 21 | 25 |
| HAITI | HAI | Pan Am | Association Haïtienne de Taekwondo | 1998 | Tier III | 60 | 266 |
| HONDURAS | HON | Pan Am | Federación Nacional de Taekwondo de Honduras | 1979 | Tier III | 14 | 352 |
| HONG KONG | HKG | Asia | Hong Kong Taekwondo Association | 1978 | Tier I | 77 | 10,228 |
| HUNGARY | HUN | Europe | Hungarian Taekwondo Federation | 1989 | Tier I | 69 | 344 |
| ICELAND | ISL | Europe | The Icelandic Taekwondo Federation | 1991 | Tier I | 28 | 208 |
| INDIA | IND | Asia | India Taekwondo | 1979 | Tier I | 1,831 | 61,333 |
| INDONESIA | INA | Asia | Indonesian Taekwondo Association | 1975 | Tier I | 45 | 27,126 |
| IRAQ | IRQ | Asia | Iraqi Taekwondo Federation | 1984 | Tier I | 134 | 3,279 |
| IRELAND | IRL | Europe | Irish Taekwondo Union | 1983 | Tier I | 55 | 998 |
| ISLAMIC REPUBLIC OF IRAN | IRI | Asia | Islamic republic of Iran Taekwondo Federation | 1975 | Tier I | 757 | 8,060 |
| ISLE OF MAN | IMN | Europe | Isle of Man Taekwondo Association | 2006 | Tier II (Associate Member) | 2 | 53 |
| ISRAEL | ISR | Europe | Israel Taekwondo Federation | 1981 | Tier I | 96 | 1,366 |
| ITALY | ITA | Europe | Federazione Italiana Taekwondo (FITA) | 1977 | Tier I | 711 | 8,883 |
| JAMAICA | JAM | Pan Am | Jamaica Taekwondo Federation | 1977 | Tier II | 5 | 86 |
| JAPAN | JPN | Asia | All Japan Taekwondo Association | 1981 | Tier I | 473 | 5,009 |
| JORDAN | JOR | Asia | Jordan Taekwondo Federation | 1979 | Tier II | 6,290 | 16,372 |
| KAZAKHSTAN | KAZ | Asia | Kazakhstan Taekwondo Federation (WTF) | 1993 | Tier I | 386 | 2,911 |
| KENYA | KEN | Africa | The Kenya Taekwondo Federation | 1990 | Tier II | 10 | 1,036 |
| KIRIBATI | KIR | Oceania | Sports Taekwondo Kiribati | 2006 | Tier III | 11 | 28 |
| KOSOVO | KOS | Europe | Kosovo Taekwondo Federation | 2013 | Tier III | 723 | 96 |
| KUWAIT | KUW | Asia | Kuwait Taekwondo Federation | 1977 | Tier I | 21 | 1,616 |
| KYRGYZSTAN | KGZ | Asia | The Taekwondo Association of the Kyrgyz Republic | 1993 | Tier III | 104 | 1,170 |
| LAO PEOPLE'S DEMOCRATIC REPUBLIC | LAO | Asia | Lao Taekwondo Federation | 1996 | Tier III | 58 | 708 |
| LATVIA | LAT | Europe | Latvian Taekwondo Federation | 1992 | Tier I | 17 | 274 |
| LEBANON | LIB | Asia | Lebanese Taekwondo Federation | 1978 | Tier I | 22 | 1,489 |
| LESOTHO | LES | Africa | Lesotho Taekwondo Association | 1990 | Tier III | 366 | 536 |
| LIBERIA | LBR | Africa | Liberia Taekwondo Federation | 2001 | Tier III | 8 | 79 |
| LIBYA | LBA | Africa | Libyan Taekwondo Federation (LTF) | 1979 | Tier II | 58 | 1,590 |
| LITHUANIA | LTU | Europe | Lithuanian Taekwondo Federation | 1992 | Tier I | 107 | 165 |
| LUXEMBOURG | LUX | Europe | Fédération Luxembourgeoise des Arts Martiaux | 1993 | Tier I | 18 | 148 |
| MACAU | MAC | Asia | Macau Taekwondo Association | 2002 | Tier I | 52 | 922 |
| MADAGASCAR | MAD | Africa | Fédération Malgache de Taekwondo (FMT) | 1993 | Tier III | 47 | 25 |
| MALAWI | MAW | Africa | Taekwondo Association of Malawi (TAM) | 2007 | Tier III | 95 | 35 |
| MALAYSIA | MAS | Asia | Taekwondo Malaysia | 1975 | Tier I | 74 | 25,916 |
| MALI | MLI | Africa | Fédération Malienne de Taekwondo | 2000 | Tier III | 58 | 887 |
| MALTA | MLT | Europe | Malta Taekwondo Federation | 1995 | Tier I | 62 | 76 |
| MARSHALL ISLANDS | MHL | Oceania | Marshall Islands Taekwondo Federation | 2007 | Tier III | 14 | No information |
| MARTINIQUE | MRN | Pan Am | Ligue Martinique Taekwondo | 2011 | Tier II (Associate Member) | 0 | 5 |
| MAURITANIA | MTN | Africa | Mauritanian Taekwondo Federation | 2014 | Tier III | 0 | 9 |
| MAURITIUS | MRI | Africa | Mauritius Taekwondo Association | 1978 | Tier II | 17 | 408 |
| MEXICO | MEX | Pan Am | Federacion Mexicana de Taekwondo | 1973 | Tier I | 0 | 24,460 |
| MONACO | MON | Europe | Federation Monegasque de Taekwondo | 1996 | Tier I | 900 | 3 |
| MONGOLIA | MGL | Asia | Mongolian Taekwondo Federation | 1991 | Tier III | 4 | 812 |
| MONTENEGRO | MNE | Europe | Taekwondo Association of Montenegro | 2007 | Tier II | 58 | 85 |
| MOROCCO | MAR | Africa | Fédération Royale Marocaine de Taekwondo (FRMT) | 1981 | Tier I | 35 | 23,101 |
| MOZAMBIQUE | MOZ | Africa | Federação Moçambicana de Taekwondo | 2005 | Tier III | 629 | 90 |
| MYANMAR | MYA | Asia | Myanmar Taekwondo Federation | 1990 | Tier II | 5 | 1,120 |
| NAURU | NRU | Oceania | Nauru Taekwondo Association | 2011 | Tier III | 1 | No information |
| NEPAL | NEP | Asia | Nepal Taekwondo Association | 1983 | Tier III | 0 | 14,806 |
| NETHERLANDS | NED | Europe | Taekwondo Bond Nederland (TBN) | 1976 | Tier I | 138 | 5,156 |
| NEW CALEDONIA | NCD | Oceania | Ligue de Taekwondo de Nouvelle-Calédonie | 2010 | Tier II (Associate Member) | 156 | 84 |
| NEW ZEALAND | NZL | Oceania | Taekwondo New Zealand | 1975 | Tier I | 8 | 3,296 |
| NICARAGUA | NCA | Pan Am | Federación Nicaragüense de Taekwondo (FENIT) | 1991 | Tier III | 66 | 770 |
| NIGER | NIG | Africa | Fédération Nigérienne de Taekwondo | 1999 | Tier III | 77 | 300 |
| NIGERIA | NGR | Africa | The Nigeria Taekwondo Federation (NTF) | 1988 | Tier I | 37 | 786 |
| NORTH MACEDONIA | MKD | Europe | Former Yugoslav Republic of Macedonia Taekwondo Federation | 2001 | Tier II | 440 | 74 |
| NORWAY | NOR | Europe | Norwegian Martial Arts Federation | 1977 | Tier I | 21 | 3,637 |
| OMAN | OMA | Asia | Oman Taekwondo Committee (OTC) | 2010 | Tier I | 132 | 632 |
| PAKISTAN | PAK | Asia | Pakistan Taekwondo Federation (PTF) | 1977 | Tier I | 187 | 2,968 |
| PALAU | PLW | Oceania | Palau Taekwondo Federation | 2011 | Tier III | 266 | No information |
| PALESTINE | PLE | Asia | Palestine Taekwondo Federation | 1989 | Tier III | 0 | 1,050 |
| PANAMA | PAN | Pan Am | Asociación Panameña de Taekwondo | 1989 | Tier I | 176 | 512 |
| PAPUA NEW GUINEA | PNG | Oceania | Papua New Guinea Taekwondo Federation | 2003 | Tier III | 33 | 68 |
| PARAGUAY | PAR | Pan Am | Confederación Paraguaya de Taekwondo | 1982 | Tier II | 6 | 824 |
| PEOPLE'S REPUBLIC OF CHINA | CHN | Asia | Chinese Taekwondo Association | 1995 | Tier I | 38 | 230,493 |
| PERU | PER | Pan Am | Federación Deportiva Peruana de Taekwondo | 1977 | Tier I | 524 | 4,621 |
| PHILIPPINES | PHI | Asia | Philippine Taekwondo Association (PTA) | 1973 | Tier I | 121 | 12,502 |
| POLAND | POL | Europe | Polski Związek Taekwondo | 1979 | Tier I | 70 | 1,626 |
| PORTUGAL | POR | Europe | Federação Portuguesa de Taekwondo | 1976 | Tier I | 221 | 2,666 |
| PUERTO RICO | PUR | Pan Am | Federación de Taekwondo de Puerto Rico (FTPR) | 1977 | Tier I | 771 | 1,875 |
| QATAR | QAT | Asia | Qatar Taekwondo, Judo and Karate Federation | 1977 | Tier I | 179 | 1,295 |
| REPUBLIC OF KOREA | KOR | Asia | Korea Taekwondo Association | 1973 | Tier I | 46 | 9,104,457 |
| REPUBLIC OF MOLDOVA | MDA | Europe | The Federation of Taekwondo of the Republic of Moldova | 1995 | Tier III | 95 | 449 |
| ROMANIA | ROU | Europe | Federatia Romana de Taekwondo | 1991 | Tier I | 76 | 853 |
| RUSSIAN FEDERATION | RUS | Europe | Russian Taekwondo Union | 1991 | Tier I | 808 | 20,322 |
| RWANDA | RWA | Africa | Rwanda Taekwondo Federation | 2011 | Tier III | 61 | 150 |
| SAINT KITTS AND NEVIS | SKN | Pan Am | St. Kitts and Nevis Taekwondo Federation | 1998 | Tier II | 0 | 31 |
| SAINT LUCIA | LCA | Pan Am | St. Lucia Taekwondo Federation | 1998 | Tier III | 0 | 9 |
| SAINT VINCENT AND THE GRENADINES | VIN | Pan Am | St. Vincent and the Grenadines Taekwondo Association | 1992 | Tier III | 0 | 22 |

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|-----------------------------|-----|---------|--|------|----------|--------|----------------|
| SAMOA | SAM | Oceania | Samoa Taekwondo Federation Inc. | 1997 | Tier III | 8 | 23 |
| SAN MARINO | SMR | Europe | Federazione Sammarinese Arti Marziali | 1994 | Tier I | 0 | 100 |
| SAO TOME AND PRINCIPE | STP | Africa | Sao Tome Taekwondo Federation | 2004 | Tier III | 39 | No information |
| SAUDI ARABIA | KSA | Asia | Saudi Arabian Taekwondo Federation (SATF) | 1977 | Tier I | 293 | 5,216 |
| SENEGAL | SEN | Africa | Fédération Sénégalaise de Taekwondo (FST) | 1995 | Tier III | 26 | 2,310 |
| SERBIA | SRB | Europe | Tekvondo Asocijacija Srbije | 1975 | Tier I | 323 | 1,280 |
| SEYCHELLES | SYC | Africa | Seychelles Taekwondo Association (STA) | 2012 | Tier II | 0 | No information |
| SIERRA LEONE | SLE | Africa | Sierra Leone Taekwondo Association | 2012 | Tier III | 5 | 11 |
| SINGAPORE | SIN | Asia | Singapore Taekwondo Federation (STF) | 1975 | Tier I | 37 | 2,326 |
| SLOVAKIA | SVK | Europe | Slovenská Asociácia Taekwondo WTF | 1994 | Tier I | 28 | 196 |
| SLOVENIA | SLO | Europe | Slovenian Taekwondo Association | 1993 | Tier I | 65 | 418 |
| SOLOMON ISLANDS | SOL | Oceania | Solomon Islands Taekwondo Union (SITU) | 2001 | Tier III | 17 | 48 |
| SOMALIA | SOM | Africa | Somalia Taekwondo Federation | 1997 | Tier III | 27 | No information |
| SOUTH AFRICA | RSA | Africa | The South African Taekwondo Federation | 1991 | Tier I | 0 | 687 |
| SOUTH SUDAN | SSD | Africa | South Sudan Taekwondo Federation | 2012 | Tier III | 9 | 420 |
| SPAIN | ESP | Europe | Federación Española de Taekwondo | 1975 | Tier I | 569 | 4,250 |
| SRI LANKA | SRI | Asia | Sri Lanka Taekwondo Federation | 1983 | Tier I | 19 | 664 |
| SUDAN | SUD | Africa | Sudanese Taekwondo Federation | 2003 | Tier II | 150 | 802 |
| SURINAME | SUR | Pan Am | Surinaamse Taekwondo Associatie | 1977 | Tier III | 7 | 179 |
| SWEDEN | SWE | Europe | Swedish Taekwondo Union | 1977 | Tier I | 541 | 2,866 |
| SWITZERLAND | SUI | Europe | Association Suisse de Taekwondo | 1977 | Tier I | 159 | 1,165 |
| SYRIAN ARAB REPUBLIC | SYR | Asia | Syrian Arab Taekwondo Federation | 2000 | Tier III | 78 | 1,315 |
| TAJIKISTAN | TJK | Asia | Taekwondo (WTF) Federation of The Republic of Tajikistan | 1995 | Tier III | 514 | 894 |
| THAILAND | THA | Asia | Taekwondo Association of Thailand | 1975 | Tier I | 1,262 | 21,873 |
| TIMOR-LESTE | TLS | Asia | Timor Leste Taekwondo Federation | 2009 | Tier III | 11 | 420 |
| TOGO | TOG | Africa | Fédération Togolaise de Taekwondo | 1996 | Tier III | 19 | 286 |
| TONGA | TGA | Oceania | Tonga National Taekwondo Association | 2001 | Tier III | 15 | 133 |
| TRINIDAD AND TOBAGO | TTO | Pan Am | Trinidad and Tobago Taekwondo Association | 1983 | Tier I | 29 | 105 |
| TUNISIA | TUN | Africa | Fédération Tunisienne de Taekwondo | 1978 | Tier II | 88 | 7,975 |
| TURKEY | TUR | Europe | Taekwondo Federation of Turkey | 1975 | Tier I | 11,954 | 3,532 |
| TURKMENISTAN | TKM | Asia | National Taekwondo (WTF) Centre of Turkmenistan | 2000 | Tier I | 0 | 155 |
| TUVALU | TUV | Oceania | Tuvalu Taekowndo Associaion | 2011 | Tier III | 0 | No information |
| UGANDA | UGA | Africa | Uganda Taekwondo Federation (UTF) | 2007 | Tier III | 1837 | 247 |
| UKRAINE | UKR | Europe | Ukraine Taekwondo (WTF) Federation | 1993 | Tier I | 2 | 3,540 |
| UNITED ARAB EMIRATES | UAE | Asia | U.A.E. Taekwondo Federation | 1994 | Tier I | 355 | 1,854 |
| UNITED REPUBLIC OF TANZANIA | TAN | Africa | Tanzania Taekwondo Federation | 2003 | Tier II | 465 | 331 |
| UNITED STATES OF AMERICA | USA | Pan Am | USA Taekwondo, Inc | 1975 | Tier I | 7 | 356,528 |
| URUGUAY | URU | Pan Am | Federación Uruguaya de Taekwondo | 1990 | Tier I | 339 | 195 |
| UZBEKISTAN | UZB | Asia | Uzbekistan Taekwondo Association | 1992 | Tier II | 402 | 7,375 |
| VANUATU | VAN | Oceania | Vanuatu Taekwondo Association | 2004 | Tier III | 7 | 32 |
| VENEZUELA | VEN | Pan Am | Federación Venezolana de Taekwondo | 1976 | Tier I | 28 | 909 |
| VIETNAM | VIE | Asia | Vietnam Taekwondo Federation | 1999 | Tier I | 300 | 10,291 |
| VIRGIN ISLANDS, BRITISH | IVB | Pan Am | British Virgin Islands Taekwondo Federation | 1998 | Tier II | 0 | No information |
| VIRGIN ISLANDS, US | ISV | Pan Am | Virgin Islands Taekwondo Federation | 1981 | Tier I | 0 | No information |
| YEMEN | YEM | Asia | Yemen Taekwondo Federation | 1988 | Tier III | 29 | 1,086 |
| ZAMBIA | ZAM | Africa | Zambia Taekwondo Federation | 2006 | Tier III | 0 | 17 |
| ZIMBABWE | ZIM | Africa | Zimbabwe Taekwondo Association | 1997 | Tier III | 8 | 160 |