



Master Tony Kook



Resume

Achievements

- ▶ 7th Dan Black Belt with the World Taekwondo Federation
- ▶ 27 years of teaching experience in British Columbia
- ▶ 10 time BC Provincial Lightweight Champion for Sparring
- ▶ 2 time Canadian National Champion
- ▶ Served as Coach for Team B.C. and Team Canada at the National Championships and U.S. Open

- ▶ Current Vice President for Taekwondo B.C. & Vice President for Taekwondo Canada

- ▶ *“My guiding principle has always been “PCP” – Praise, Correct, Praise. It is my sincere belief that when placed in a position of leadership, your co-workers, staff, students, and colleagues perform best when they are positively encouraged to achieve higher levels.*

- ▶ *It would be my privilege to help and serve on the board of Taekwondo Canada in order to strengthen our Taekwondo Community.”*

Education

- 1993: High School Diploma, Carson Graham Secondary
- 1998: Bachelor of Arts Degree, Simon Fraser University

Training

- 1996: Korean National University of Physical Education

Work History & Relevant Skills

- ▶ 1993 – 2002: Head Instructor and Manager for Choi's Martial Arts, North Vancouver
- ▶ 2002 – 2003: Founded and established English Taekwondo School in Daegu, South Korea
- ▶ 2003: Founded and established Bowen Island Taekwondo, Bowen Island, B.C.
- ▶ 2005: Founded and established West Vancouver Taekwondo Inc, West Vancouver, B.C.
- ▶ 2008: Founded and established North Shore Taekwondo Inc, North Vancouver, B.C.
- ▶ 2011: Founded and established Tri-City Taekwondo Inc, Coquitlam, B.C.
- ▶ 2014: Founded and established Community Taekwondo Inc, East Vancouver, B.C.
- ▶ 2014: Founded and established Port Moody Taekwondo Inc, Port Moody, B.C.

- ▶ 2014: Received School Board Approval for introducing Taekwondo into Elementary Schools in the city of Burnaby
- ▶ 2014: Founded Canadian Taekwondo Education as initiative to Promote Taekwondo in public schools in British Columbia

- ▶ Current: Own and operate 4 full time Taekwondo locations throughout British Columbia, 10 full time employees, 14 part time employees
- ▶ 2004 – 2008: Served as Referee Chair for Taekwondo B.C.
- ▶ 2008 – 2015: Served as Secretary General for Taekwondo B.C.
- ▶ 2014 – Current: Board Member Korean Cultural Heritage Society (KCHS)
- ▶ 2015 – Current: Board Member Martial Arts for Justice (MAJ)

- ▶ 2015 – Current: Serve as Vice President for Taekwondo B.C. & Taekwondo Canada
- ▶ 2016 – Current: Serve as Asian Advisory Committee Member for Lions Gate Hospital