

CURRICULUM VITAE



PERSONAL DATA

Name: Dr. Frank Ekkehard Düren, M.D.

Date of Birth: March 18, 1969

Place of Birth: Munich, Germany

Marital status: married with two children

Citizenship: German

Residence: Moosbacher Str. 17
83224 Grassau
Germany

Email: frank@docdueren.de

Phone: +49 177 8805888

PROFESSIONAL EXPERIENCE

10/2011 – today **Orthopedic Surgeon** as Partner in a Orthopedic & Surgery Practice
Ärztering Chiemgau, Grassau, Germany

12/2007 – 09/2011 **Assistant Medical Director**
Medical Park Chiemsee; Clinic for Orthopedics, Trauma and Sports Medicine
(PD. Dr. med. Markus Schmitt-Sody)

07/2007 – 11/2007 **Orthopedic Fellow – Tumororthopedics (Prof. Dr. med. H.R. Dürr)**
Department of Orthopaedic Surgery, (Prof. Dr. med. Dipl. Ing. V. Jansson)
University Hospital, Campus Grosshadern, Munich, Germany

01/2007 – 06/2007 **Orthopedic Fellow – Childrenorthopedics (Prof. Dr. med. B. Heimkes)**
Department of Orthopaedic Surgery, (Prof. Dr. med. Dipl. Ing. V. Jansson)
University Hospital, Campus Grosshadern, Munich, Germany

05/2004 – 12/2006 **Residency Program Orthopedic Surgery**
Department of Orthopaedic Surgery, (Prof. Dr. med. Dipl. Ing. V. Jansson)
University Hospital, Campus Grosshadern, Munich, Germany

07/2001 – 04/2004 **Productmanager OR und Anesthesiologie Software**
GWI Medica GmbH, Munich

06/2000 – 07/2001 **Project Manager „Digital Patient Record“**
Department of Medical Documentaion and IT; Klinikum Ingolstadt

07/1998 – 05/2000 **Residency Program Trauma Surgery**
Department of Surgery; (Dr. med. Roland Burgert), Ilmtalklinik Pfaffenhofen

01/1997 – 06/1998 **Residency Program Trauma Surgery**
Department of Trauma Surgery, (Prof. Dr. med. Bernd Claudi), Kreisklinik Dachau

FURTHER PROFESSIONAL TRAINING

03/2000	Board Exam on Sportsmedicine
12/2001	Board Exam on Medical Computer Science
01/2005	Board Exam on Diving Medicine (GTÜM e.V.)
08/2006	Board Exam on Emergency Medicine
11/2011	Board Exam on Chiropractice
09/2012	Board Exam on Acupuncture

DOCTORAL THESIS

05/2002	<i>„Experimental findings on the function of bone marrow plugs in the cemented hip endoprothetics“</i> „Experimentelle Untersuchungen zur Funktion von Markraumstoppern in der zementierten Hüftendoprothetik“ Prof. Dr. med. Dipl. Ing. Volkmar Jansson, Grade: Magna cum laude, Biomechanical Labratory, Department of Orthopaedic Surgery, (Prof. Dr. med. Dipl. Ing. V. Jansson), University Hospital, Campus Grosshadern, Munich, Germany
---------	--

UNIVERSITY EDUCATION

1989 – 1996	Medical School Ludwig-Maximilians University, Munich, Germany
-------------	--

FOREIGN STUDIES

08 – 09/1994	Spartanburg Regional Medical Center, Department of Surgery (Spartanburg/South Carolina/USA) General and Trauma Surgery
03 – 04/1996	University of South Carolina, School of Medicine, Department of Medicine (Columbia/South Carolina/USA) Internal Medicine - Medical Intensive Care Unit; Nephrology

SCHOOL EDUCATION

1979 – 1989	High School - Ignaz Taschner Gymnasium, Dachau, Germany
1975 – 1979	Elementary School; Munich, Germany

TEACHING EXPERIENCE

since 2009	member of the faculty for sports physical therapy German National Olympic Committee (DOSB) Frankfurt, Germany
01/2005 – 11/2007	Instructor at the tutorials, seminars und examination classes oft the department of orthopedic surgery, University Munich
01/2005 – 11/2007	Instructor in the orthopedic course School of physical therapy at the University Munich
05/2004 – 11/2007	Instructor, Course on Affections and Injuries oft the Musculoskeletal System und Verletzungen, Munic-Harvard-Alliance, University Munich
since 2001	Instructor and auditor in the instructor training oft he German Taekwondo Union (DTU) emphasis: sportsmedicine, physiology, anatomie, sportsinjury and antidoping German Taekwondo Union (DTU), Munich, Germany

TAEKWONDO EXPERIENCE

Official activities

Since 2017	Vice-Chairman Medical & Anti-Doping Committee Chairman TUE Committee World Taekwondo Federation
2015 - 2017	Member Medical Committee World Taekwondo Federation
2013 - 2014	Chairman Medical Committee European Taekwondo Union (ETU)
since 2012	Chairman Medical Committee and Head Team physician German Taekwondo Union (DTU)
since 2010	Medical advisor of the Antidoping Committee German Taekwondo Union (DTU)
since 2010	Member of the Medical Committee European Taekwondo Union (ETU)
2009 - 2014	Head of Teaching Department German Taekwondo Union (DTU)
since 2005	Member oft the medical team and Team physician German Taekwondo Union (DTU)
since 2001	Head team physician Bavarian Taekwondo Union (BTU)
since 1993	TSV Eintracht Karlsfeld, Department of Taekwondo • 1994-1998 youth leader • 1998-2000 vice president • 2000-2009 president • since 2009 vice president

Graduation

2005	3rd DAN (DTU + Kukkiwon)
2002	2nd DAN (DTU + Kukkiwon)
2000	1st DAN (DTU + Kukkiwon)
1986	start with taekwondo training

Licences

2003	Taekwondo trainer level „A“ (DTU)
2002	Taekwondo trainer level „B“ (DTU)
2001	National referee licence (DTU)
1998	Taekwondo trainer level „C“ (BTU)
1998	State referee licence (BTU)

LANGUAGE SKILLS

German – mother language
English - business and conversational fluent

PUBLICATIONS AND SPEECHES

Posters:	„A New Femoral Plug“ 10. Congress of the European Society of Biomechanics August 1996, Leuven/Belgien „A New Femoral Plug“ „Eine neue Markraumplombe für die totale Hüftendoprothetik“ 2. Research Festival, Ludwig-Maximilians-University Munich, University Hospital Grosshadern Februar 1997, Munich
Speeches:	„Bone cement and cementing techniques“ „Knochenzement und Zementiertechnik“ Orthopedic Colloquium, Ludwig-Maximilians-University Munich, University Hospital Grosshadern, 31. Oktober 2005, Munich „Updates on DRG-Coding“ „Aktuelles zur DRG-Verschlüsselung“ Orthopedic Colloquium, Ludwig-Maximilians-University Munich, University Hospital Grosshadern, 26. März 2007, Munich „Experimental findings on the function of bone marrow plugs in the cemented hip endoprothetics“ „Experimentelle Untersuchungen zur Funktion von Markraumstoppern in der zementierten Hüftgelenkendoprothetik“ German Congress for Orthopedic and Trauma Surgery 3. Oktober 2006, Berlin „Experimental findings on the function of bone marrow plugs in the cemented hip endoprothetics“ „Experimentelle Untersuchungen zur Funktion von Markraumstoppern in der

zementierten Hüftgelenksendoprothetik“

Jearly Convention of the Southern German Orthopedic Association
27. April 2006, Baden-Baden

„Updates on DRG costs and return of kyphoplasty/vertebroplasty“

„Aktueller Stand Kyphoplastie/Vertebroplastie – Kosten, Erlöse, DRG“

124. Congress of the German Society of Surgery
4. Mai 2007, Munich

„Sportsbiology and Sportsanatomy“

„Sportbiologie und Sportanatomie“

Coach seminar of the Bavarian Taekwondo Union
since 2000 2-3 times per year

„Sportsmedicine and Antidoping“

„Sportmedizin und Antidoping“

Coach seminar of the German Taekwondo Union
since 2002 1-2 times per year

„Taping“

Lectures of sportsmedicine, Ludwig-Maximilians-University Munich, University Hospital Grosshadern, 16. Januar 2007, München

„Findings on kind and intensity of injuries in Taekwondo full contact fighting“

„Untersuchung zur Art und Intensität von Verletzungen im Taekwondo Vollkontaktwettkampf“

23. Convention of the German-Austrian-Swiss Society of Orthopedic and Trauma sportsmedicine, 21. Juni 2008, Munich

„acute injuries in taekwondo full contact fighting“

„Akute Verletzungen im Taekwondo Vollkontaktwettkampf“

Workshop Sportsmedicine 2008, 09. Juli 2008, Bernau-Felden

„support of athletes under special climatic conditions“

„Betreuung von Sportlern unter besonderen klimatischen Bedingungen“

Workshop Sportmedizin 2009, 08. Juli 2009, Bernau-Felden

„sportmedical issues of the martial art taekwondo“

„Sportmedizinische Aspekte des Kampfsportes Taekwondo“

Workshop Sportmedizin 2009, 09. Juli 2009, Bernau-Felden

„diagnosis and treatment of injuries of the cervical spine and elbow at the field of play in judo“

„Diagnostik und Versorgung am Mattenrand bei Verletzungen der HWS und des Ellbogens im Judo“

Workshop Sportmedizin 2010, 09. Juli 2009, Bernau-Felden

„medical attendance of the taekwondo national team“

„Betreuung der Taekwondo Nationalmannschaft“

Workshop Sportmedizin 2010, 11. Juli 2009, Bernau-Felden

„diagnosis and treatment of injuries of the cervical spine and elbow at the field of play in judo“

„Diagnostik und Versorgung am Mattenrand bei Verletzungen der HWS und des Ellbogens im Judo“

Sportmedizintage Medical Park Chiemsee 2011, Seminar for sportsmedicine in cooperation with the bavarian association of sportphysician, 29. Juni 2011, Bernau-Felden

„medical attendance of national teams at the example of the taekwondo national team“

„Betreuung von Nationalmannschaften am Beispiel der Taekwondo Nationalmannschaft“

Sportmedizintage Medical Park Chiemsee 2011, Seminar for sportsmedicine in cooperation with the bavarian association of sportphysician, 3. Juli 2011, Bernau-Felden

„sportmedical issues of the martial art taekwondo“

„Sportmedizinische Aspekte des Kampfsportes Taekwondo“

Sportmedizintage Medical Park Chiemsee 2012, Seminar for sportsmedicine in cooperation with the bavarian association of sportphysician, 7. Juli 2012, Bernau-Felden

„doping prevention“

„Doping Prävention“

Sportmedizintage Medical Park Chiemsee 2012, Seminar for sportsmedicine in cooperation with the bavarian association of sportphysician, 8. Juli 2012, Bernau-Felden

„head injuries – diagnosis and first aid“

„Kopfverletzungen – Diagnose und Erste Hilfe“

Annual convention of sports physical therapy, Nation Olympic Committee Germany, , 29. September 2012, Frankfurt

„sportmedical issues of the martial art taekwondo“

„Sportmedizinische Aspekte des Kampfsportes Taekwondo“

Sportmedizintage Medical Park Chiemsee 2013, Seminar for sportsmedicine in cooperation with the bavarian association of sportphysician, 6. Juli 2013, Bernau-Felden

„doping prevention“

„Doping Prävention“

Sportmedizintage Medical Park Chiemsee 2013, Seminar for sportsmedicine in cooperation with the bavarian association of sportphysician, 7. Juli 2013, Bernau-Felden

„First Aid at the field of play“

„Erste Hilfe am Spielfeldrand“

Fortbildung DOSB Sportphysiotherapie, Daily Seminar for sportphysiotherapists of the German Olympic Comittee (DOSB), 13. September 2013, Frankfurt

„repetitive concussions to the head“

„Rezidivierende Erschütterungen des Kopfes“

Bayerischer Sportärztekongress 2013, Bavarian sports medicine convention, 18. Oktober 2013, Munich-Germering

„First Aid at the field of play“

„Erste Hilfe am Spielfeldrand“

Sportmedizintage Medical Park Chiemsee 2014, Seminar for sportsmedicine in cooperation with the bavarian association of sportphysician, 2. Juli 2014, Bernau-Felden

„injurys in martial arts“

„Sportmedizinisch relevante Verletzungen im Kampfsport“

Sportmedizintage Medical Park Chiemsee 2014, Seminar for sportsmedicine in cooperation with the bavarian association of sportphysician, 4. Juli 2014, Bernau-Felden

„relevant doping regulations in daily medical practice“

„Doping Regularien im ärztlichen Alltag“

Sportmedizintage Medical Park Chiemsee 2013, Seminar for sportsmedicine in cooperation with the bavarian association of sportphysician, 6. Juli 2014, Bernau-Felden

„Sports and inguinal pain – differential diagnosis“

„Sport und Leiste – Differentialdiagnostik“

Annual convention of sports physical therapy, National Olympic Committee Germany, 18. October 2014, Frankfurt, Germany

„First aid in competitive sports“

„Erste Hilfe im Leistungssport“

seminar for sportphysiotherapists of the german national olympic committee, „DOSB Sportphysiotherapie“ 2013/2014, 4. Wochenkurs, 24. November 2014, Oberhaching, germany

„Prevention of Injury in Taekwondo

IF Medical Commission Chairpersons Meeting, IOC, 15-16. October 2015, Lausanne, Switzerland

„Head injuries and Return to Play after head injuries within the german taekwondo national team“

„Kopfverletzungen und Return to Play nach Kopfverletzungen am Beispiel der Deutschen Taekwondo Nationalmannschaft“

1st Update sports physical therapy, 12. March 2016, Aachen, Germany

„Cervicobrachial pain in sports – differential diagnosis“

„Cervicobrachialgie im Leistungssport – Differentialdiagnostik“

Annual convention of sports physical therapy, National Olympic Committee Germany, 16. October 2016, Frankfurt

„Systematic diagnosis and therapy of cervicobrachial pain in sports“

„Die systematische Diagnostik und Therapie der Cervicobrachialgie im Hochleistungssport“

2nd Update sports physical therapy, 11. March 2017, Aachen, Germany

„The Myth of the Crucial Ligaments – Rehabilitation Strategies“

„Mythos Kreuzband – Rehastrategien aus ärztlicher Sicht“

3rd Update sports physical therapy, 12. March 2018, Aachen, Germany

„The growing foot“

„Der wachsende Fuß“

Annual convention of sports physical therapy, National Olympic Committee Germany, 06. October 2018, Frankfurt

„Sideline injuries“

„Verletzungen am Spielfeldrand“

8th Nürnberger Adventssymposium Emergency- and Intensive Care Medicine, 15. December 2018, Nürnberg

„Hip Impingement in sports – an overview“

„Impingementsyndrom der Hüfte im Sport – ein Überblick“

4th Update sports physical therapy, 09. March 2019, Aachen, Germany

„Competition-related hand and wrist injuries“

2nd Taekwondo Medicine Conference, 14. Mai 2019, Manchester

•