

CURRICULUM VITAE
RAMAMOORTHY, EZHILUDAI NAMBI

Current Address

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United Kingdom
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Current roles:

Sports and Exercise Medicine Physician with Regional Rehabilitation Unit, Royal Airforce Cranwell

Director of Magnam Sports Medicine Ltd

World Taekwondo Federation anti- doping Medical committee member

Family Medicine Physician – Sutton Medical Group, Lincolnshire, United Kingdom

Reviewer for Australian Journal of General Practice

Previous Role

London Marathon Medical Doctor; 2013 and 2015.

Venue Medical Doctor, WORLD TAEKWONDO GRAND PRIX 2017 LONDON

WT Competition Supervisory Board (CSB) Member of the Para Taekwondo Competitions of the 2017 IWAS World Games

Official Medical Doctor for, WORLD TAEKWONDO GRAND PRIX 2018 MANCHESTER

Official Medical Director for, 2019 World Taekwondo Championships Manchester

Primary Medical Education

05/1998: Kilpauk Medical College, India. MBBS (Bachelor of Medicine and Bachelor of Surgery)

Professional Qualification

DOPS Ultrasound Clinical Assessment FSEM certified May 2018

Member of Faculty of sports and Exercise Medicine , London, United Kingdom 2016

The **American Registry for Diagnostic Medical Sonography (ARDMS)** Musculoskeletal Ultrasound certification Exam ; Date of Certification July 2015

Completion of Fellowship in sports medicine, Quincy, IL, USA	July 2014
ACSM Certified Clinical Exercise Specialist	May 2014
Membership exam in Royal College of General Practitioners, UK	Dec 2012
Diploma in Palliative Medicine, Tees Valley University, UK	April 2012
Master in Orthopaedic Surgery, Edge hill University, UK	Dec 2011
Diploma in Sports Medicine, Royal College of Surgeons, Glasgow.	Nov 2006
Membership of Royal College of Surgeons, Edinburgh	March 2005
Diploma in Orthopaedics , The Tamil Nadu Dr MGR Medical University, India	May 2002
Accredited UKAD Advisor with UK Antidoping Agency	2018

Membership and Honorary/Professional Societies

Faculty of Sports and Exercise Medicine(FSEM)
The British Association of Sport and Exercise Medicine (BASEM)
Society of Ultrasound in Medical Education (SUSME).

Medical Licensing : General Medical Council : GP with licence to practice; 6046022. Revalidated 2015.

Medical Indemnity: MDDUS membership no: M179209

Detailed Training History:

07/2012 to 12/2014

Fellow in Geriatric Medicine

During my fellowship in Primary care Geriatric medicine, I rotated through Acute care of elderly, Palliative medicine, Rehab medicine and Geropsychiatry . My job rota also involved one Geriatric clinic and 2 family medicine continuity clinic every week. **My Special interest during the fellowship was frailty assessment and exercise prescription for Elderly.**

07/2013 to 07/2014

Primary Care Sports Medicine Fellowship Program, SIU Quincy, Illinois.

As a sports medicine fellow I attend musculoskeletal / sports medicine clinics based in the Body Motion Centre in Quincy. Here I am undergoing hands on training in musculoskeletal ultrasound. I have performed under supervision over 150 point care of ultrasound scanning for various sports injuries, both diagnostic and therapeutic. I also act as a side line medical staff for football, soccer, basketball, volleyball and other athletic events.

My training also involves

- Attending training room clinics in Quincy and Culver Stockton Universities one day ever week.
- One day every week with Orthopaedic surgeons.
- Elective posting for one complete month with Orthopaedic sports surgeon in Columbia Missouri.
- Three weeks of Paediatric orthopaedics and Rheumatology in Springfield IL.
- Exercise stress testing based at Blessing Hospital Quincy.
- Physical therapy rotation with Advance group.

- 20% of my total training time also involves attending Family medicine Clinics and in-patient Hospital care.

Sport Events experience

Medical staff at the 2015 and 2013 London Marathon, UK.

American Football:

Team physician experience with Quincy University football games

Team physician Experience with Culver-stockton University football games

Quincy Saints High school Volleyball Tournament, Quincy, Ill.

12/2013, The Salvation Army Ring-A-Bell 5K Run, Quincy, Ill.

01/2014 Quincy Invitational Basket Ball Tournament (High school level), Quincy Ill.

06/2014 Tri-State's YMCS Mud run, Quincy, Ill.

01/2010 - 12/2012:

GP training: Northern Deanery, United Kingdom.

During my resident training in family practice program in the United Kingdom, I underwent a structured training rotating through family practice, ophthalmology, internal medicine, nephrology, obstetrics & gynaecology, psychiatry and paediatrics.

08/2005 - 12/2009

Orthopaedic Surgery, National Health Service, United Kingdom.

I was trained in orthopaedics in the National Health Service rotating through various hospitals in United Kingdom (including working at the staff grade level). I performed various surgical procedures in trauma and elective orthopaedics such as Open reduction and internal fixation of fractures of upper and lower limbs, hemi-arthroplasty, arthroscopies of the knee, tendon repairs, foot surgeries etc. I worked in paediatric orthopaedics, Upper Limb, lower limb, spine and foot& ankle subspecialties during my rotations. I completed my **Masters in Orthopaedic surgery (MCH)** in 2011.

01/2003 - 07/2005

Basic surgical training: Northern Ireland Deanery, UK.

I underwent two year structured training program in basic surgical training in Northern Ireland UK. I rotated through **emergency medicine (6 months)**, urology (6 months), general surgery (1 year) and orthopaedics (6 months). At the end of 2 ½ years I obtained **The Basic surgical training certificate**. I went on to successfully complete my Membership of Royal College of Surgeons, Edinburgh. I was trained and performed basic surgical procedures like incision and drainage of abscess, excision of lumps, carpal tunnel decompression, varicose vein surgery etc.

05/2000 - 05/2002

Orthopaedic Surgery, Madras Medical College and General Hospital, Chennai, India

I underwent a structured 2 year training program in Orthopaedics. During this period, I was trained in the principles and practise of orthopaedics. I rotated through general orthopaedics and the various sub-specialities including paediatric orthopaedics, oncology, upper limb, foot and ankle surgery and plastic surgery. I was awarded **the Diploma in Orthopaedics** by the university at the end of my training period.

06/1998 - 06/2000

General Practice: Nambi Hospital, Chengalpattu, India.

I took an honorary resident post in family medicine in a community- based hospital in India after medical school. The training provided me with a good exposure to tropical medicine, preventive care and urgent care in rural setting. I was also involved in voluntary services such as cervical screening program and rural health program.

Previous Appointments: United Kingdom

Family Physician	Dalston Medical Group	Fulltime	01/2013 - 06/2013
GP Registrar	East Cumbria Program	Full time	01/2010 - 12/2012
SHO/Staff Grade in Orthopaedics	National Health Service	Full time	08/2005 - 12/2009
Basic surgical Trainee	Northern Ireland Deanery	Full time	02/2003 - 07/2005
Clinical Observorship: Emergency Medicine	Coleraine Hospital NHS	Full time	11/2002 - 01/2003

India:

Resident in Urology	Chengalpet Medical College	Full time	04/2002 - 10/2002
Post Grad in Orthopaedics	Madras Medical College	Full time	06/2000 - 03/2002
Resident in Family Medicine	Nambi Hospitals	Full time	06/1998 - 06/2000
House Officer (Internship)	Kilpauk Medical College	Full time	05/1997 - 05/1998

Publications:

Book Chapters: Foot chapter in the ‘Common Musculoskeletal Problems: A Handbook’ 2nd Edition. Springer Ltd.

Peer Reviewed Published Articles in Journals

1. **Ramamoorthy EN**, Miller E, Muller M, Daniels J. Challenges in diagnosis and management of plantar fasciosis (Fasciitis)- Annals of Sports Medicine and Research 2016 Sep.
2. **Ramamoorthy EN**, Desai A, Hossain S. Red flag symptoms and signs for diagnosing perilunate dislocation. [Surgeon](#). 2011 Dec; 9(6):356-7. Epub 2010 Dec 9. PMID: 2204165.
3. **Ramamoorthy EN**, Rangarajan HG, Damodaran D. Osteosarcoma of the skull secondary to Paget's Disease. Clinical Geriatrics. 2008 Dec; 16(12): 23-24.
4. **Ramamoorthy EN**, Amr R. Letter to Editor: Spike Osteotomy in hallux valgus deformity: A Clinical and Radiological Evaluation. Journal of Foot and Ankle Surgery. 2006 Dec; 45(6): 444. Cited in Pub Med; PMID: 17145476.

Peer Reviewed Journal Articles/Abstracts (Other than Published)

Ramamoorthy E, Tank K, McLoughlin V. Are Diverticulitis and diverticular colitis same? Irish Society of Gastroenterology, Dublin, Ireland. November 2006.

Oral Presentations:

- **Ramamoorthy EN**, Miller E, Muller M, Daniels J. Innovative teaching of ultrasound as an extension of musculoskeletal examination for residents. Southern Illinois University, 5th Annual Symposium on Teaching & Learning. March 2014.
- **Ramamoorthy EN**. Desai A. Short term follow-up of large metal on metal femoral head hip arthroplasty and decreased incidence of dislocation. Penine Acute Hospital Multi-disciplinary meeting, Manchester, United Kingdom, May 2009.
- **Ramamoorthy EN**. Management of Avascular Necrosis of head of the femur a retrospective analysis. Tamilnadu Orthopaedic Association: 35th Annual State Conference; Coimbatore, India, February 2002.

Poster Presentations:

- Ramamoorthy EN, Jeong. Review of 300 cases of Point-of-Care Ultrasonography (POCUS) in primary care outpatient setting. The 2nd Annual BASEM conference, 2015 Cardiff November 12-13.
 - Jeong D, **Ramamoorthy EN**, Miller E, Muller M, Daniels J. Point of care Ultrasonography as adjunct tool for musculoskeletal examination. Third World Congress Ultrasound in Medical Education, 2014 conference in Portland, Oregon October 10-12.
 - **Ramamoorthy EN**, Miller E, Muller M, Daniels J. A family saga of Hip pain: American Medical Society for Sports Medicine (AMSSM): Annual conference. New Orleans April 2014.
 - **Ramamoorthy EN**, Miller E, Muller M, Daniels J. Is Ultrasound the future stethoscope of sports physician? American Medical Society for Sports Medicine (AMSSM) Annual conference. New Orleans April 2014.
3. **Ramamoorthy EN**, Miller E, Muller M, Daniels J. A Different Approach to Teach Anatomy and Ultrasound Exam Skills of the Shoulder: Southern Illinois University (SIU) 5th Annual Symposium on Teaching & Learning. March 2014.
 4. Choudry A, **Ramamoorthy EN**. Association of bone mineral density and distal radius fractures in patients over 60yrs old. European Federation of National Association of Orthopaedics and Traumatology (EFORT): 8th Congress, Florence, Italy. May 2007.
 5. Damodharan D, Christidis D, **Ramamoorthy EN**. Management of community acquired pneumonia. European Respiratory Society Conference, Germany. October 2008.
 6. **Ramamoorthy EN**, Damodharan D. Polypharmacy, falls and Fracture of Neck of Femur. Association of Surgeons Training Meeting; Belfast, United Kingdom. March 2007.
 7. **Ramamoorthy EN**, Damodharan D. Manipulation & loss of position in Colle's Fracture & correlation with osteoporosis index. British Association of Orthopaedic Surgeons; Manchester, United Kingdom. September 2007.
 8. **Ramamoorthy EN**, Mathews, S. Gangrenous Ischemic Colitis: A Case series. Waterford Surgical Meeting; Waterford, Ireland. October 2006.
 9. **Ramamoorthy EN**, Swiecick, A. Mediastinal Seroma Secondary to Para-esophageal hernia repair. Cork University Hospital, Research Day; Cork, Ireland. July 2007.

COURSES ATTENDED:

General Practice

Foundation clinical Supervisor course	Manchester	Nov 2015
Safeguarding Adult and Child Protection		Dec 2014
Advance cardiac life support	Columbia	Oct 2014
Basic Life support	Columbia	Aug 2014
CADAS Alcohol and Drug awareness training	Carlisle	Sep 2012
Alcohol rehabilitation training Course	Carlisle	Aug 2012
Dermatology for General Practice	Manchester	Sep 2011
Sexual Health in General practice	London	July 2011
Safeguarding and Child Protection	Cumberland Infirmary	June 2011
Cervical Cytology Training day	East Cumbria	Nov 2010
Advanced Life support Course (ALS)	Inverness Hospital	Nov 2010
The Paediatric Study day	Royal college of GP, Cumbria	May 2010

Sports Medicine

Level 2 Hands on Musculoskeletal Ultrasound	Quincy, IL	June 2014	Advanced
Musculoskeletal Ultrasound course	AMSSM, New Orleans	April 2014	
Sideline Management Assessment and Response Technique (S.M.A.R.T)	New Orleans:	April 2014	
Hands on Musculoskeletal Ultrasound	Quincy, IL	Sept 2013	
<i>AMSSM Fellows Research & Leadership Conference</i>	Minneapolis	July 2013	
Sports Trauma and Event Medicine (S.T.E.M) Workshop	Minneapolis	July 2013	
30 th London Marathon Conference	London	April 2013	

Hobbies & Interest

I enjoy trekking, mountain cycling, cricket and kayaking. I also spend time reading novels and listening to music.

Language Fluency (Other than English): Tamil