

Curriculum vita

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PERSONAL INFORMATION

Born in July 1973, Florida/ USA
Nationality: Saudi
Marital status: Married
First language: Arabic
Second language: English

EDUCATION

2009	PhD in Clinical Dentistry (subspecialty: Orthodontics, craniofacial deformities and genetics)/ Eastman Dental Institute (EDI), University College London (UCL)/ United Kingdom (UK).
2004	MSc in Orthodontics/ EDI, UCL/ UK.
1997	Internship / King Saud University, Riyadh/ Kingdom of Saudi Arabia (KSA).
1996	Bachelor of Dental Science (BDS)/ King Saud University, Riyadh/ KSA.

MEDICAL TITLES

Jan 2018 – until today	Head of Quality Development , Dental Centre, Prince Sultan Military Medical City (PSMMC), Riyadh/ KSA.
Jun 2014 – until today	Certified Consultant Orthodontist by the Saudi Commission for Health Specialists.
May 2012– until today	Established & Head of 1st Interceptive Orthodontic Unit , Dental Centre, PSMMC, Riyadh/ KSA
Jan 2011 – May 2014	Certified Senior registrar by the Saudi Commission for Health Specialists.
Apr 2010 – until today	Certified CPR (Cardio Pulmonary Resuscitation) Instructor , Riyadh/ KSA.
Jan 2010 – Dec 2010	Certified Registrar by the Saudi Commission for Health Specialists
Oct 2004 – Dec 2009	PhD postgraduate , Orthodontic dept/ EDI/ UK.
Sep 2002- Sep 2004	MSc postgraduate , Orthodontic dept/ EDI/ UK.

TAEKWONDO ACHIEVEMENTS

Oct 2018	Achieved 5th Dan Black Belt from the World Taekwondo Headquarters Kukkiwon, Seoul/ South Korea
Aug 2016	Chief Examiner of the British Women's Taekwondo, London/ UK.
Jun 2016	Initiated a Para-Taekwondo program for disabled children in Riyadh/ KSA.
Sep 2015	Helping in establishing the 1 st World Taekwondo Humanitarian Foundation (THF, www.thfaid.org), which is a registered charity organisation in the United Nations (UN) & designed the logo for it.
Jul 2015	Visited the World Taekwondo Federation (WTF) Headquarters in Seoul, South Korea & met the President.
Jun 2014	Member of the Organising committee of the 1 st English Open International Taekwondo Championships, Edmonton, London/ UK.
Jun 2014	Achieved 4th Dan Master's Degree Black Belt from the World Taekwondo Headquarters Kukkiwon, Seoul/ South Korea.
Aug 2012	Helped in the Organisation of London 2012 Olympic Games for Taekwondo Event.
Jun 2012	Appointed as a Panel Member of Black Belt Examination Committee of LTA, London/ UK.
Jun 2011	Head of panel of Female colored belt Taekwondo Examination Test in Riyadh/ KSA.
Mar 2010	Started private Female Professional Taekwondo Training in Riyadh/ KSA.
Dec 2009	Awarded the MVP (Most Valuable Person) of the year Medal of LTA.
Nov 2008	Achieved 2nd Dan (Degree) Black Belt from the World Taekwondo Headquarters (Kukkiwon), South Korea.
May 2008	Gold Medalist in Bournemouth Open Taekwondo Championship/ UK.
Dec 2007	Achievement Award for Best Technical Performance, LTA, London/ UK.
Mar 2007	Gold Medalist in London Regional Championship/ UK.
Oct 2006	Started Taekwondo training at London Taekwondo Academy (LTA), London/ UK.

CAPABILITIES & SKILLS

Medical skills	Treatment of comprehensive, surgical orthognathic, syndromic, interceptive pediatric, and adjunctive orthodontic cases.
Genetic skills	Can handle various tissues and purify both DNA and RNA for genetic analysis. Genetic analysis using microarray and quantitative reverse transcriptase polymerase chain reaction (Q RT-PCR).
Research skills	Design , conduct and perform different experimental and clinical studies, designing questionnaires, qualitative data analysis and statistical analysis using both excel and statistical package for social science (SPSS), application of research governance and ethics, applying for grants, funds and ethical approval.
Taekwondo skills	Highly dedicated Gold medalist athlete, instructor capabilities of technically and psychologically motivating individuals, coaching capabilities in talent identification, development & strategic planning.
Computer skills	Touch-type both Arabic and English and expert in Microsoft office (mainly word, excel and power point) & logo designs using Adobe Illustrator.
Other sports skills	Professional swimmer & horse riding.

PUBLICATIONS & SEMINARS

Dec 2018	Instructors & Masters Quality Development Workshop, London/ UK
Dec 2017	Hosting the Annual General Meeting of LTA, London/ UK
Dec 2016	Leadership & Quality Development Seminar, LTA Headquarters, London/ UK
Jan 2014 – until today	Continuous educational seminars for Saudi Dental Board students
Jan 2013	Main speaker at the Saudi Orthodontic Society International Conference
Nov 2012	Coauthor of Molecular changes in detrained & retrained adult jaw muscle (Epub ahead of print/ European Journal of Orthodontics).
Dec 2011	Main speaker at the Saudi German Hospital in the Dental & Maxillofacial Symposium, Riyadh/ KSA
Aug 2011	First author of Grouping patients for masseter muscle genotype-phenotype studies (Epub ahead of print/ Angle Orthodontist Journal).

RESEARCH INTERESTS

Molecular genetics; craniofacial deformities, intellectual development of Taekwondo athletes, musculo-skeletal genetics in sports.