

EVENT SCHEDULE

Sahl Hasheesh 2019 World Taekwondo Beach Championships Sahl Hasheesh City, Egypt / October 11-13, 2019

Date	Time	Event	Place
Oct.8	10:00-18:00	Arrival and on-spot accreditation	
Oct 8	10:00-	Team Training	
Oct 9	10:00-18:00	Referee Training	
Oct 10	12:30-15:00	Referee Training	
	15:00-17:00	Head of Team Meeting Beach WT	
Oct 11	11:00-12:00	Competitions for Recognized Poomsae (Quarter Finals & Semi-Finals)	
	12:00-14:00	Lunch Break	
	14:00-15:00	Finals - Competitions for Free Style Poomsae (Pair Under 17 / Individual Over 17 Male & Female)	
	15:00-16:00	Opening Ceremony	
	16:30-	Awarding Ceremony – Free Style	
Oct 12	10:00-12:00	Competitions for Technical Breakings Competitions for Free Style Dynamic Kicks & Breaking Challenge	
	12:00-14:00	Lunch Break	
	14:00-15:00	Finals - Competitions for Recognized Poomsae	
	15:00-17:00	Finals - Competitions for Free Style Poomsae (Pair Over 17 / Individual Under 17 Male & Female / Mixed Team)	
	17:00-	Awarding Ceremony	
Oct 13	10:00-12:00	Semi-Final for High Kick Performance Semi-Final for Technical Breakings	
	12:00-14:00	Lunch Break	
	14:00-17:00	Final for Free Style Dynamic Kicks & Breaking Challenge	
		Finals for Technical Breakings and High Kick Performance	
	17:00-	Awarding Ceremony	
20:00-	Beach Party		
Oct 14		Departure	

-The schedule is subject to change depending on local situation