



COMPETITION SCHEDULES
Wuxi 2019 World Taekwondo World Cup Poomsae Championships
Wuxi Taihu International Expo Centre

As of 21 August 2019

Date	Start Time	Finish Time	Division Category / Contents
THU 22 AUGUST	9:00	12:00	Recognized Poomsae Individual Men / Women Until finals
	13:00	15:00	Recognized Poomsae Pair Until finals
	15:00	18:00	Recognized Poomsae Team Men / Women Until finals
FRI 23 AUGUST	9:00	11:00	Freestyle Poomsae Individual Men / Women Until finals
	11:00	12:00	Freestyle Poomsae Pair Until finals
	13:00	14:00	Freestyle Poomsae Mixed Team Until finals