



EVENT CATEGORIES & DIVISIONS

Event	Division			Contestant(s)
Recognized Poomsae	<i>Under 17 (Age 15-17)</i>	<i>Under 30 (Age 18-30)</i>	<i>Over 30 (Age 31 and up)</i>	
	Individual (Male/Female)	Individual (Male/Female)	Individual (Male/Female)	1
	Pair (Mixed Gender)	Pair (Mixed Gender)	Pair (Mixed Gender)	2
	Team Male / Team Female	Team Male / Team Female		3
Free Style Poomsae	<i>Under 17 (Age 15-17)</i>		<i>Over 17 (Age 18 and up)</i>	
	Individual (Male/Female)		Individual (Male/Female)	1
	Pair (Mixed Gender)		Pair (Mixed Gender)	2
	Team (Mixed Gender)			5
Technical Breaking	<i>subdivision (Male Only)</i>			1
	<i>Jumping Multiple Kick</i>	<i>Spinning Kick</i>	<i>Free Style Breaking</i>	
	<i>Over 14 (Age 15 and up)</i>	<i>Over 14 (Age 15 and up)</i>	<i>Over 14 (Age 15 and up)</i>	
Free Style Dynamic Kicks & Breaking Challenge	<i>Over 14 (Age 15 and up)</i>			1
	Individual (Male Only)			