

# Farah Al Asaad

Address: Ibrahim Swaidat Street bulding15  
Amman, Jordan  
Tel: + 962 79 5066 022  
E-mail: farahtkd@hotmail.com



## Personal Information

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Date of Birth: October 2nd, 1989  
Place of Birth: Amman, Jordan  
Nationality: Jordanian  
Marital Status: Single

## Academic Qualifications

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**Al Balqa Applied University** Balqa, Jordan  
Bachelor's Degree in Regional and Urban Planning  
January, 2012

## Practical Experience

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**USAID Building Economic Sustainability Throw  
Tourism Project, Chemonics Int'l, Amman, Jordan.** Amman, Jordan  
Training and Events Coordinator  
December 2017 – Present

**World Taekwondo Federation** Amman, Jordan  
Taekwondo Humanitarian Foundation MENA Coordinator  
Responsibilities:  
– All activities inside and outside the camp  
– Facilitating the International Federations visits to  
the Azraq camp - Taekwondo Academy  
– Responsible to get sponsors for the refugees  
– Follow up on refugee affairs with the International Federation  
April 2016 – Present

**USAID Building Economic Sustainability Throw  
Tourism Project, Chemonics Int'l, Amman, Jordan.** Amman, Jordan  
Administrative Assistant / Operations  
April 2013 – November 2017

## Certificates

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**Taekwondo referee courses level I, level II and level III.**

Amman, Jordan 2017 - 2020

**World Taekwondo Coach Certification Course level II.**

Amman, Jordan 2020

**World Taekwondo Coach Certification Course Level I.**

Amman, Jordan 2020

**World Taekwondo Kyorugi Referee Training Program**

Online 2020

**Certificate of Participation “Global Membership System”**

Sharm El-Sheikh, Egypt 2017

**Certificate of Appreciation “Martial Arts Spirits Health & Fitness Academy”**

Sydney - Australia 2017

## Languages - Computer Skills

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Arabic	Native Language
English	Fluent written and spoken
MS-Office	Excellent

## Awards

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**Appreciation plaque during the Fujairah Open Championship**

Fujairah, United Arab Emirates 2022

**Care Award during the Final Grand Prix Gala Awards**

Fujairah, United Arab Emirates 2018

## Voluntary Engagement & Participations

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- 5th Dan in Taekwondo since May 2017.
- National Taekwondo team player 2003 – 2013

- Head of the Refugees Taekwondo team, participating in the Arab Cup Championship in Fujairah – United Arab Emirates 2022.
- Head of the Refugees Taekwondo team, participating in Fujairah Open Championship in Fujairah – United Arab Emirates 2022.
- Member of Development Committee for” World Taekwondo” November 2021 – Present.
- Climbed Mount Elburs (the highest peak in Europe) to raise awareness and fundraising to the Taekwondo Humanitarian Foundation, August 2021.
- Climbed Mount Kilimanjaro (the highest peak in Africa) to raise awareness and fundraising to the Taekwondo Humanitarian Foundation, January 2021.
- Organized with World Taekwondo the 1st “World Refugee Forum” which was held on the World Refugee Day June 20<sup>th</sup>, 2021.
- Organized “live together” event with Zaatari and Azraq Refugee Camps on the Occasion of the International Day of Sport for Development and Peace April 6<sup>th</sup>, 2021.
- Speaker at the 2nd Taekwondo Forum Gender Equity & Women Leadership in the Occasion of the International Women’s Day 2021.
- Participated in power up online workshop delivered with ADECCO Group 2021.
- Attended the 1st “World Taekwondo Forum Gender Equity & Women Leadership” Conducted by World Taekwondo in partnership with the Saudi Arabian Olympic Committee 2020.
- Head of the Refugees Taekwondo team, participating in Asian Qualification for Tokyo 2020 Championships in Amman – Jordan 2020.
- Represented the Taekwondo Humanitarian Foundation at Peace through Sports Conference which was held in Amman by Japan International Cooperation Agency 2020.
- Head of the Refugees Taekwondo team, participating in Asian Championships in Amman – Jordan 2019.
- Event Manger for the joint event “Aspire 2gether for Peace” in Azraq Refugees Camp – Jordan 2019.
- Member of the technical committee for” Jordan Taekwondo Federation”, 2018.
- Head of the Refugees Taekwondo team, participating in El Hassan Open Championships in Amman – Jordan 2018.
- Member of the Organizing Committee for Jordan Taekwondo Federation, 2018.
- Event Manager for the 2nd “Ayla Championship” 2017 ASTC Asian, West Asian Triathlon & Duathlon in Aqaba – Jordan 2018.
- Manager of the National Jordanian Taekwondo team, participating in the Greece Open Championships in Athens- Greece 2017.
- Manager of the National Jordanian Taekwondo team, participating in the 23rd Croatia Open Championships in Zagreb – Croatia 2017.
- Manager of the National Jordanian Taekwondo team, participating in the 3rd World Taekwondo Cadet Taekwondo Championship in Sharm El-Sheikh – Egypt 2017.
- Manager of the National Jordanian Taekwondo team, participating in the 2nd Asian Cadet Taekwondo Championship in Ho Chi Minh – Vietnam 2017.
- Voluntary Taekwondo tutoring in Al-Azraq refugees' camp/ Jordan.

- Head of the National Jordanian Taekwondo team, participating in the 22nd Asian Championship in Manila – Philippines 2016.
- Volunteered in charitable events organized by German Jordanian University by providing aid for needy people across different cities in Jordan.
- Participated in a Hellenic Aid event 2015.

## International Taekwondo Achievements

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- **Silver Medal “Al Fajer International Taekwondo Championship”**  
Iran 2011
- **Gold Medal “The Arab Games Taekwondo Championship”**  
Bahrain 2008
- **Gold Medal “The 1st Arab Cup Taekwondo Championship”**  
Egypt 2005
- **Silver Medal “Cyprus International Taekwondo Championship”**  
Cyprus 2005
- **Silver Medal “The 1st Lebanon International Taekwondo Championship”**  
Beirut 2005
- **Silver Medal “The 6th International Korea Open Taekwondo Championship”**  
Korea 2004