

ITA

WORLD TAEKWONDO



This annual review lists all the activities and projects that the International Testing Agency has driven in 2020 for the benefit of our partners and the clean sport community.

At the very beginning of 2020, the ITA led the anti-doping program of the Lausanne 2020 Winter Youth Olympics and offered <u>clean sport</u> education for the participating athletes through its interactive workshop called 'Real Sport Lab'. Lausanne 2020 included, the ITA, as the official organisation managing the Olympic anti-doping program, has been involved in anti-doping activities for seven past and future editions of the Games throughout the year 2020. We have completed the re-analysis program for London 2012, bringing an important amount of Anti-Doping Rule Violations to light, and started the re-analysis program for <u>Sochi</u> 2014. Our current focus lies on the upcoming Tokyo 2020 Olympic Games, for which we are currently leading the <u>most extensive pre-Games anti-doping program ever implemented</u>. In parallel, we are already preparing for the Beijing 2022 Winter Games, the Olympic Games.

At the same time, in January 2020, the world governing body for cycling sports, the Union Cycliste Internationale (UCI), <u>unanimously decided to delegate its anti-doping program to the ITA</u>. In collaboration with all involved stakeholders, the ITA spent the full year preparing for the integration of cycling's anti-doping program and the staff of the former CADF ('Cycling Anti-Doping Foundation') into its structure. The '**ITA Cycling Unit**' is fully operational since the beginning of 2021.

Next to the UCI, other International Federations such as the International Hockey Federation (FIH), the World Squash Federation (WSF) or, more recently, World Rowing decided to trust our independent expertise and delegate their anti-doping programs to the ITA.

As the world was shaken by the **COVID 19 pandemic** in early 2020, the <u>ITA's priorities</u> were to ensure the safety of athletes and doping control personnel on the one hand, and to maintain anti-doping programs for our partners as far as the situation allowed. Adopting a flexible approach, we monitored the ever-changing world situation and adjusted our activities accordingly depending on the respective safety and hygiene regulations and travel restrictions. This allowed us to ensure that tests that needed to be temporarily postponed were rescheduled to the next available opportunity. As a result, we upheld over 90 per cent of the Out-of-Competition tests that we had scheduled for our partners in the beginning of the year. Other ITA activities in the areas of risk assessment, intelligence & investigations, Athlete Biological Passport (ABP) administration, Therapeutic Use Exemption (TUE) management, results management continued without interruption.

In order to continue our efforts to educate athletes in a time when faceto-face events are not possible, we developed a <u>series</u> <u>of clean sport webinars</u> that were open to our partners and the larger global sport community.



The success and positive feedback of this first webinar series inspired us to <u>continue delivering monthly webinars throughout 2021</u>. With the introduction of the 2021 WADA International Standard for Education and with it the obligation for Code Signatories to develop, implement, monitor and evaluate Education Programs, the ITA has also supported many of our Partners by developing and implementing their Education Plans. Finally, the ITA developed and trained a group of ITA Education Ambassadors - this network of qualified and competent educators allows us to deliver anti-doping education programs around the globe both virtual and event-based.

In July 2020, we launched the <u>ITA International Doping Control</u> <u>Officer (IDCO) training & certification program</u>. The IDCO program offers a quality advanced training for doping control officers worldwide and aims at offering athletes the guarantee that wherever they are tested and whatever sport they compete in, the doping controls they are subject to are conducted safely, respectfully and with trained professionals in accordance with the World Anti-Doping Program and international best practice. Over 140 DCOs from 40 participating Anti-Doping Organisations have been trained to date.

In order to foster exchange and harmonise anti-doping efforts around the world, we have also focused in 2020 on entering <u>collaborations</u> <u>with National Anti-Doping Agencies (NADOs)</u>. These partnerships, over 20 to date, help align national and international anti-doping program and, therefore, ensure efficient global anti-doping operations for the benefit of all athletes. We will continue to encourage NADOs to enter cooperation agreements with the ITA in order to promote this aligned and intelligence-led approach.

Aiming at providing all athletes the reassurance that their applications for Therapeutic Use Exemptions (TUEs) and the review of their medical information is handled confidentially and respectfully by some of the world's best physicians and pharmacists, we introduced the <u>ITA</u> <u>International Therapeutic Use Exemption Committee (ITUEC)</u> in 2020. The ITUEC is a truly international committee, with some of the world's best clinicians represented from every continent of the world. It provides a comprehensive solution for complete TUE management, administration, and full TUE support for athletes and prescribers.

2020 was also a year of **preparation for the revised World Anti-Doping Code** coming into force in January 2021. The ITA Compliance Unit worked closely with many of our partners to ensure that their antidoping rules were aligned with the new Code. In collaboration with the Global Association of International Sports Federations (GAISF), <u>we</u> <u>supported over 60 federations and Major Event Organisers</u> with our knowledge and expertise to ready their rules for the incoming 2021 Code. WORLD TAEKWONDO

> Within the scope of the pre-Games activities for the Tokyo 2020 Olympic Games, the ITA has rolled out a large-scale long-term storage and reanalysis program, including the establishment of a highly secured Centralised Long-Term Storage Facility (CLTSF). The CLTSF is fully operational since December 2020, organisations storing their samples in it retain ownership and authority over them and can request reanalysis at any time. The ITA proposes to their partners the development of Long-Term Storage policies, sample storage in the CLTSF and the management of re-analysis programs in order to reinforce their efforts to protect their athletes.

> In order to make sure that the data we process on behalf of our partners is handled with the utmost security and confidentiality, the ITA successfully attained the **ISO 27001 certification** on information security management in 2020. We are currently in the process of attaining two more ISO certifications on quality management and antibribery controls.

Next to stepping up our communication efforts in general, introducing two new ITA channels on <u>Facebook</u> and <u>Instagram</u>, launching a biweekly anti-doping media roundup (please sign-up at <u>communication@ita.sport</u>) and supporting our partners with media requests regarding their anti-doping programs, we have launched the #KeepingsSportReal campaign. This long-term campaign, currently circulating on our social media channels, aims at sending a strong message of ITA's and our partner's engagement towards clean sport. Most recently, we have launched the <u>new ITA website</u> with a fresh new design, more transparency about our structure and partnerships, and many more offers for our partners and their athletes.

Despite the challenges of 2020, the ITA has experienced growth and consolidation, now offering independent anti-doping programs delivered by over 60 international experts. The ITA Foundation Board, today consisting of seven members and one WADA non-voting observer, now has a majority of independent members next to the ones representing athletes, the IOC and International Federations. Next to managing comprehensive anti-doping programs for our partners, the ITA is engaged in bringing the fight for clean sport to the next level by continuously exploring and developing ways to innovate and by embracing collaborations with relevant stakeholders for the benefit of the whole sports community.



The International Testing Agency (ITA) has implemented a comprehensive intel-led and risk-based testing programme on behalf of WT throughout 2020.

During 2020, the ITA coordinated 246 test attempts collecting a total of 224 urine and 23 blood serum samples.

Of the 164 out of competition (OOC) test attempts, 142 were successfully collected. 22 were unsuccessful attempts equating to 13% of WT's OOC testing programme. The unsuccessful attempt rate for WT is in line with other International Federations delegated to the ITA in 2020.

The ITA has also coordinated In Competition (IC) testing at 10 World Taekwondo events collecting 82 urine and 12 blood serum samples.

168 WT athletes were tested IC and OOC in 39 different countries around the world.

The ITA met the Minimum Level of Analysis (MLA) requirements of the TDSSA on behalf of WT for ESAs and GHRFs in 2020. The mandatory implementation of the hGH MLA has been postponed by WADA until the endocrine module is available.

The COVID-19 pandemic has had a significant impact on the sporting world including the WT's IC and OOC testing programme. Due to national lockdowns in countries around the world, this has restricted the movements of doping control personnel and impacted the overall distribution of WT's testing programme during 2020. Despite the challenges of the COVID-19 pandemic, the ITA delivered a reduced testing programme in line with WT's risk assessment and test distribution plan.

Following consultation with WT, the ITA was asked to reduce the testing programme for 2020 due to the budgetary constraints of WT following the COVID-19 pandemic. As a result, only a minimum of two OOC test attempts could be implemented for each athlete on the RTP rather than three.

In order to continue protecting the integrity of sport and the health of athletes & doping control Personnel during the pandemic, the ITA implemented enhanced measures as part of our doping control procedures to ensure testing could continue and minimise the risk for all those involved in the doping control process.

The ITA has also enhanced its collaboration with NADOs & RADOs throughout the pandemic to ensure that OOC testing was coordinated within each country's COVID-19 restrictions and to optimise the delivery of WT's OOC testing programme.

### The ITA is continuously reviewing WT's anti-doping programme to ensure a worldleading programme on WT's behalf is delivered.

Based upon the ITA's risk assessment, several athletes included in the RTP/TP are in regions where anti-doping education is insufficient, therefore, the ITA recommends focusing on education to support these athletes, in particular, education relating to the athlete's responsibilities to provide accurate whereabouts information via ADAMS.

The ITA's main focus for 2021 on behalf of WT is to deliver an effective Pre-Games testing programme with a focus on the period leading up to key competitions including the World Championships and the Olympic Games.

In order to implement an effective Pre-Games programme, collaboration with NADOs is essential. The ITA have been holding regular calls with key NADOs/RADOs to ensure that the Pre-Games Expert Group recommendations are. We will continue to review the implementation of the Pre-Games testing programme, and if any gaps are identified, the ITA will engage with the relevant stakeholders to ensure that athletes are appropriately tested in the build up to the Olympics Games based upon the risk and performance level of each athlete.

We would like to thank WT for its trust in the ITA, despite an extremely challenging year, and we look forward to continuing fighting to protect Clean Sport on behalf of WT.



The ITA supported WT in the review process and adoption of the 2021 WT Anti-Doping Rules in compliance with the 2021 World Anti-Doping Code. After a thorough review process carried by the ITA and GAISF in consultation with WT, the draft WT Anti-Doping Rules were submitted to WADA and the final text was approved by WADA and adopted by WT on 6 October 2020.

The WT Anti-Doping Program was continuously monitored to ensure compliance with the World Anti-Doping Code and the International Standards. Furthermore, general compliance support was provided by the ITA on a punctual basis as required throughout the year.

No compliance proceedings or information requests in relation to the WT Anti-Doping Program were initiated by WADA in 2020.



In collaboration with the WT, ITA elaborated a Risk Assessment aligned with WADA's ISTI. This service includes:

the collection of a large spectrum of data that influence the risk of doping in Taekwondo
the integration of this material in a structured methodology that assess the Physiological /

Country / Individual Risks

- the analysis and combination of all the relevant parameters to provide the prerequisites for an effective and proportionate Test Distribution Plan

Please refer to the 'WT Risk Assessment update' document which was sent in January 2020.



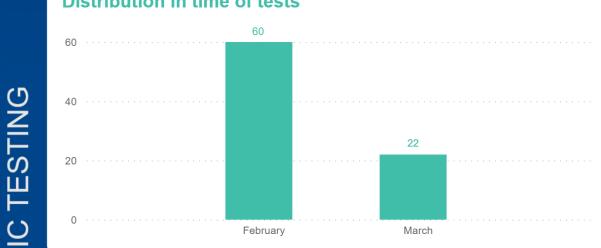
Based on the outcomes of the Risk Assessment, ITA in consultation with WT, developed a tailor-made Out-of-Competition TDP that prioritizes appropriately between: Disciplines (physiological risk), Athletes (country, performance & testing history risks), periods during the season, types of testing, types of sample collected and types of samples analysis according to the TDSSA. This TDP was also updated regularly as and when additional and relevant information was provided such as APMU recommendations and intelligence.





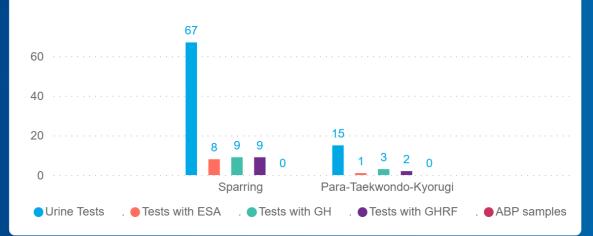
## **Events**

Event	Country	City	Start date	End date	Tests at event	Urine samples	Blood samples	Tests with ESA	Tests with GH	Tests with GHRF	ABP samples	^
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8th Fujairah Open 2020	UAE	Fujairah	2 February, 2020	2 February, 2020	8	8		1 1	1	1		0
WT President's Cup - Europe	SWE	Helsingborg	18 February, 2020	19 February, 2020	8	8		1 1	1	1		0
African Qualification Tournament for Tokyo 2020 Olympic Games	MAR	Rabat	22 February, 2020	23 February, 2020	18	18	:	2 2	2	2		0
African Qualification Tournament for Tokyo 2020 Paralympic Games	MAR	Rabat	24 February, 2020	24 February, 2020	6	6		1 C	1	1		0
2020 US Open Taekwondo	USA	Orlando	27 February, 2020	29 February, 2020	6	6		1 1	1	1		0
Total					82	82	1:	2 9	12	11		0



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## In-Competition testing figures



## **Distribution in time of tests**



82 # of Completed Tests

## **Events**

WORLD TAEKWONDO

Event	Country	City	Start date	End date	Tests at event	Urine samples	Blood samples	Tests with ESA	Tests with GH	Tests with GHRF	ABP samples
8th Fujairah Open 2020	UAE	Fujairah	2 February, 2020	2 February, 2020	8	8	1	1	1	1	0
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African Qualification Tournament for Tokyo 2020 Paralympic Games	MAR	Rabat	24 February, 2020	24 February, 2020	6	6	1	0	1	1	0
2020 US Open Taekwondo Championships	USA	Orlando	27 February, 2020	29 February, 2020	6	6	1	1	1	1	0
German Open 2020	GER	Hamburg	29 February, 2020	29 February, 2020	6	6	1	1	1	1	0
Oceania Qualification Tournament for Tokyo 2020 Olympic Games	AUS	Gold Coast	29 February, 2020	29 February, 2020	5	5	1	1	1	1	0
Oceania Qualification Tournament for Tokyo 2020 Paralympic Games	AUS	Gold Coast	29 February, 2020	29 February, 2020	3	3	1	0	1	C	0
Pan Am Qualification Tournament for Tokyo 2020 Paralympic Games	CRC	San Jose	10 March, 2020	10 March, 2020	6	6	1	1	1	1	0
Pan Am Qualification Tournament for Tokyo 2020 Olympic Games	CRC	San Jose	11 March, 2020	12 March, 2020	16	16	2	1	2	2	0





## Events

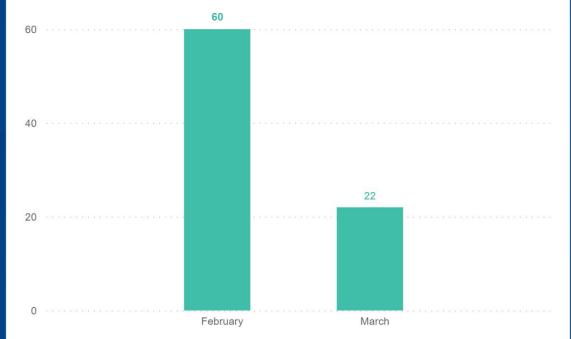
WORLD TAEKWONDO

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Pan Am Qualification Tournament for Tokyo 2020 Paralympic Games	CRC	San Jose	10 March, 2020	10 March, 2020	6	6	1	1	1	1	0
Pan Am Qualification Tournament for Tokyo 2020 Olympic Games	CRC	San Jose	11 March, 2020	12 March, 2020	16	16	2	1	2	2	0
Total					82	82	12	9	12	11	0



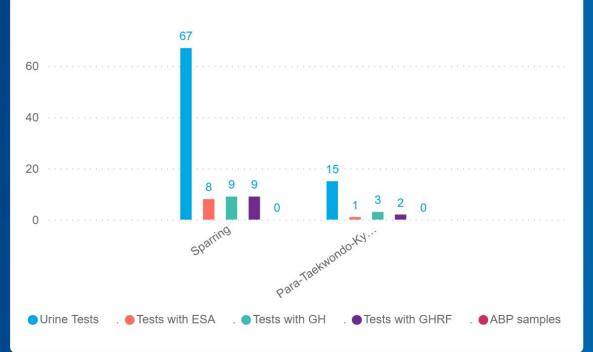
82 # of Completed Tests

## **Distribution in time of tests**



WORLD TAEKWONDO

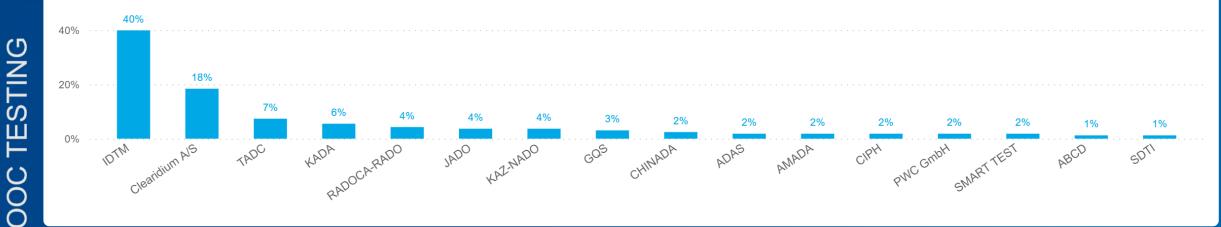
## **In-Competition testing figures**



## IC TESTING

CONTRACT START 1 January, 2020 END 31 December, 2020 164 93 142 22 142 13 16 11 WORLD TAEKWONDO # of Athletes tested # of UA tests # of GHRFs # of completed tests # of successful tests # of urine samples # of ESAs # of GH **Tests collected versus UAs** OOC distribution in time of tests **Analysed samples** ●# of Urine Sa... 30 30 .142 13% -27 150 24 23 # of ESAs 20 16 100 •# of GH 8 50 0 # of GHRFs - 87% Nov Feb Mar Jun Jul Aug Sep Oct Dec Jan Apr Mav 13 11 16 Collected Unsuccessful #ABP Samples 0

## Test distribution by SCA



CONTRACT START 1 January, 2020 END 31 December, 2020





164 # of completed tests

142 # of successful tests



142 # of urine samples

# of ESAs

16 # of GH # of GHRFs

11

## Nationality of athletes tested



13

			the an	S.S.
NORTH AMERICA		EUROPE		ISIA
	Atlantic Ocean Sea			
	sOTH	AFRICA		
	SOTH	The second	Indian Ocean	AUSTRALIA
Bing				© 2021 Microsoft Corporation Jerms

Athlete nationality	No. of tests
RUS	39
TUR	14
CHN	7
KOR	7
UZB	7
CRO	6
JOR	6
KAZ	6
CIV	5
BRA	4
SRB	4
ITA	3
POR	3
ARG	2
AUS	2
AZE	2
COL	2
ESP	2
IND	2
JPN	2

**OOC TESTING** 



## Overall yearly activity based on APMU reports

Steroidal module

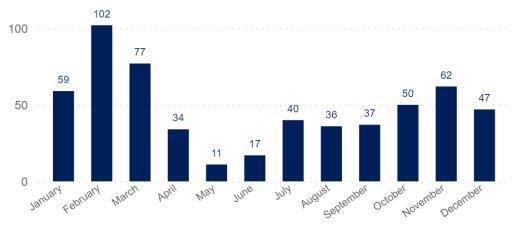
Steroid notifications

from them ATPFs

% ATPFs

**APMU** reports

Likely doping



582

200

34%

572

0

## Follow-up actions recommended by APMU

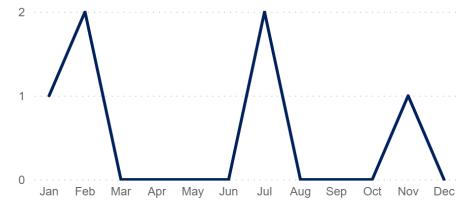


# **BIOLOGICAL PASSPORT** ATHLETE





## Number of TUE submissions per month



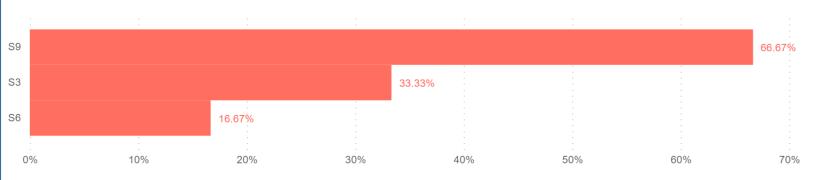
## TUE status

Status of TUE	# of TUEs
Approved	2
Closed	0
Incomplete-requires supplementary athlete input	0
Not needed	4
Pending TUEC approval	0
Recognized	0
Rejected	0
Rejected retroactive part; approved prospectively	0
Total	6

## **TUEs by discipline**

Discipline	# of TUEs ▼
Sparring	3
Taekwondo	2
Poomsae	1

## Substance and substance class incidence



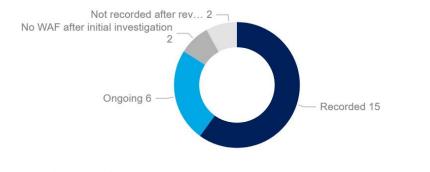
S1. Anabolic agents ; S3. Beta-2 agonists ; S4. Hormone and metabolic modulators ; S5. Diurectis and masking agents ; S6. Stimulants ; S7. Narcotics S8. Cannabinoids ; S9. Glucocorticoids ; M1. Manipulation of blood and blood components ; M2. Chemical and physical manipulation

## Top 10 requests per substance

Substance name	# of substances ▼
Prednisolone	2
Beclomethasone	1
Formoterol	1
Methylphenidate	1
Methylprednisolone	1
Salbutamol	1
Salmeterol	1



## Whereabouts status

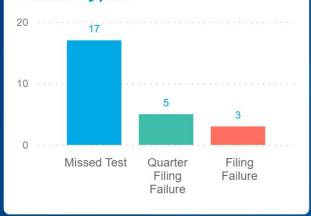


Recorded Ongoing No WAF after initial investigation Not recorded after review of Athlete's ex...





## Failure types



## **Top 20 Athletes' nationality**

Country	Violations
RUSSIAN FEDERATION	6
TURKEY	6
KOREA - REPUBLIC OF	3
BRAZIL	2
CÔTE D'IVOIRE	2
AZERBAIJAN	1
CHINESE TAIPEI	1
COLOMBIA	1
JORDAN	1
MOROCCO	1
SENEGAL	1

18,360 Balance Fav/Unfav

155,851 TPVC paid by ITA 174,211 Total payments by IF

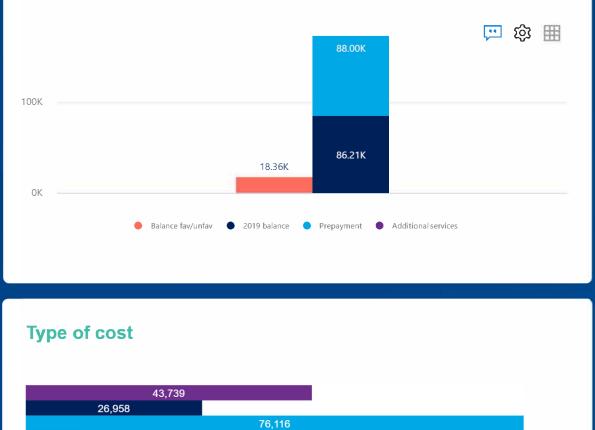
30,716

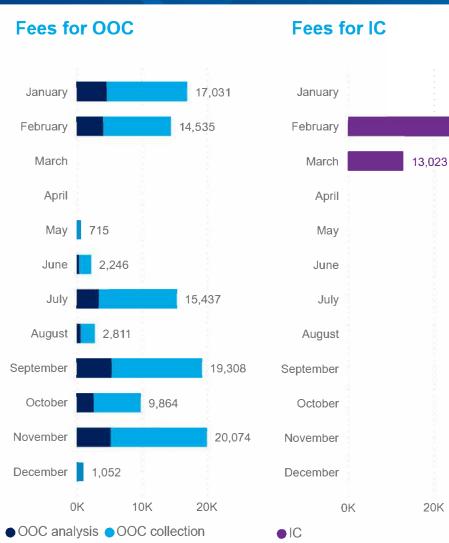
40K

The costs are displayed in CH

## Third party variable cost (TPVC) balance

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## FINANCE

● IC SC and AN ● OOC AN Ind+Team ● OOC SC Ind+Team ● Other TPVC Costs