

## MIDTERM REPORT

A. PROJECT INFORMATION	
Country	TIMOR LESTE
Title	Building Self-Resilience Through Taekwondo (Timor-Leste)
Duration	July 1, 2022~June 30,2023 (1 year)
Objectives	<ul style="list-style-type: none"> <li>☞ Teach the basic principles of Taekwondo: integrity, patience, self-control, respect and indomitable spirit, and basic physical training to develop resilience.</li> <li>☞ Discipline to reintegrate orphanages and women of domestic violence into their societies to inspire confidence.</li> <li>☞ Introduce Korean culture and language to open their minds and see the new world.</li> </ul>
Target Group	orphans in ages of 6~15 and unprivileged children in CQR in ages of 6~12 for both men and women
Number of Participants	about 80 people
Location(s)	CQR is located in the southern part of Dili (Kolmera, Taibesi)
Executing Organization	Board Members of WT Cares Timor-Leste is assisted by the Korean Embassy as well as the Timor-Leste Taekwondo Federation.
National Implementation	<p>The project is implemented by the WT Cares Timor-Leste board members and is assisted by the Timor-Leste Taekwondo Federation as well as Korean Embassy in Timor-Leste.</p> <p>The Taekwondo class is conducted three times per week per center. Also, Korean class 1 hour per week per center: Tentative schedule:</p> <ol style="list-style-type: none"> <li>1. CQR Center : <ul style="list-style-type: none"> <li>★ Monday form 9~10 a.m. for Korean Class 4~5 p.m. for Taekwondo class</li> <li>★ Wednesday &amp; Friday from 4~5 p.m. (one hour each for Taekwondo class)</li> </ul> </li> </ol>
Instructor(s)	Master Kim Kitae and one coach for Timor-Leste Linda
Facilitator(s)	Gil Cleofas da Silva
Administrator(s)	Master Kim Kitae & Gil Cleofas da Silva and 1 administration and Finance Staff

B. TASK OVERVIEW		
Task	Status	Date
CQR Komela center	20~30	Monday, Wednesday, Friday
CQR Taibesi center	40~50	Monday, Wednesday, Friday

# 2023 WT CARES PROGRAM MIDTERM REPORT



## C. BUDGET OVERVIEW

*Please divide the columns for a detailed overview if 2 or more locations were used.*

Category/Task	Spent	% of Total	Notes
<b>Total Cost</b>			<b>In total:</b>

## D. CONCLUSION

In general, many students' physical strength, self-esteem, and confidence have increased, requesting more training time.

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## E. NOTES

After consulting with the CQR center manager, we will adjust the training time.

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## F. MEDIA RESOURCES



